

# Risk Factors

## Intrinsic

## Extrinsic

- Decreased Muscle Mass
- Impaired Blood Pressure Control
- Sensory Changes
- Cognition
- Mental Fear of Falling
- Medication

- Poor Lighting
- Slippery Floor
- Improper Assistive Devices
- Inadequate Bathroom Fixures
- Cluttered Room
- Throw Rugs and Loose Carpeting
- Bedrails

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