

# Falls Efficacy Scale

- Can they clean their home ...
- Can they get dressed or undressed ...
- Can they take a bath or shower ...
- Can they go shopping ...
- Can they get in and out of a chair ...
- Can they go up and down stairs ...
- Can they walk around their neighborhood/facility ...
- Can they reach into high cabinets ...
- Can they rush to answer the phone ...

**WITHOUT FEAR?**

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