

Community Mental Health Centers Basic Training (CMHC)

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CMS Training Disclaimer



Transcript:

This training is intended for learning purposes only; it is not official guidance. For official policies and guidance, please refer to CMS laws and regulations, including the Sate Operations Manual (SOM) and CMS official guidance memos. Additional information is listed on the <u>QSEP</u> <u>Training Disclaimer Page</u>.

Quality, Safety & Oversight Group - QSOG

Quality, Safety & Education Division - QSED

System Requirements



Transcript:

If you are using a screen reader or require a text-only version of this training, select the Accessible Version link to download a PDF of the training.

The only browser plug-in that you may need for this training is Adobe Acrobat Reader. If you do not already have this plug-in installed, select the <u>Adobe Acrobat Reader</u> link to install the current version. If you are unable to download the Adobe Acrobat Reader, contact your information technology (IT) support for assistance.

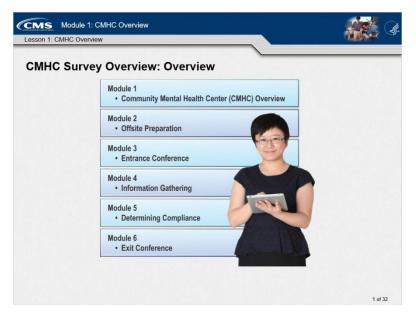
For technical support, please contact the QSEP helpdesk at helpdesk@qsep.org

Module 1: CMHC Overview

Module 1: CMHC Overview

Lesson 1: CMHC Overview

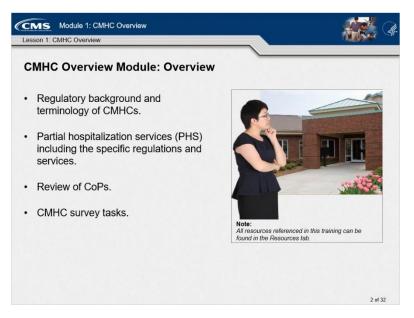
CMHC Survey Overview: Overview



Transcript:

The purpose of this training is for you to learn the community mental health center, or CMHC, survey process, identify survey tasks, describe the surveyor role in assessing CMHC compliance, and determine CMHC compliance and noncompliance with the conditions of participation, or CoPs. This training is composed of six modules, the CMHC Overview, Offsite Preparation, Entrance Conference, Information Gathering, Determining Compliance, and the Exit Conference. Let's begin Module 1.

CMHC Overview Module: Overview



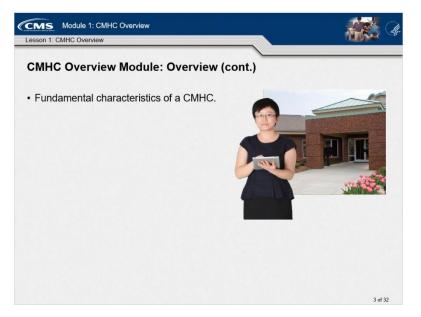
Transcript:

The purpose of this module is for you to review the regulatory background and terminology of CMHCs. You will explore partial hospitalization services, also known as PHS, and the specific regulation. After completing a review of the CoPs, you will examine the tasks for the CMHC survey.

Note:

All resources referenced in this training can be found in the Resources tab. Let's begin with Lesson 1.

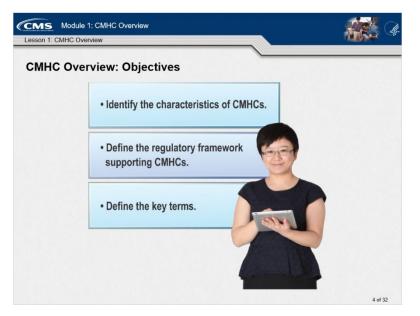
CMHC Overview Module: Overview (cont.)



Transcript:

The purpose of this lesson is to learn the fundamental characteristics of a CMHC.

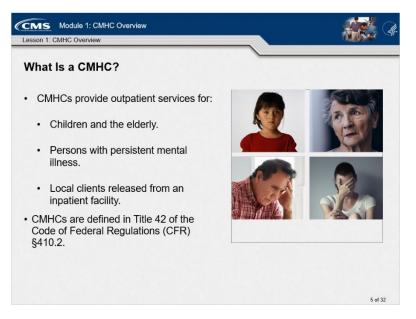
CMHC Overview: Objectives



Transcript:

After completing this lesson, you will be able to identify the characteristics of CMHCs, define the regulatory framework supporting CMHCs, and the key terms.

What Is a CMHC?



Transcript:

A CMHC provides outpatient services for children, the elderly, individuals who are chronically mentally ill, and recently discharged inpatient clients.

Services Provided by CMHCs



Transcript:

CMHCs provide patient admission screening to state mental hospitals as well as PHS. They also provide psychosocial rehabilitation, or PSR services, 24-hour emergency care, and day treatment services. The CMHC must meet all state licensing and certification requirements.

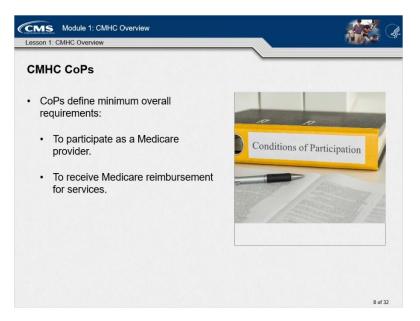
CMHC Regulatory Background

CMS Module 1: CMHC Overview	
Lesson 1: CMHC Overview	
CMHC Regulatory Background	
CMHCs use the following rules and regulations:	
• 42 CFR Sections 485.904 - 485.918 - CoPs.	a a
 Sections 2250-2252 of the State Operations Manual (SOM) - CMS certification process for CMHCs. 	Regulations
 Social Security Act (the Act) Sections 1861(ff) (3)(B) and 1832(a)(2)(J) - Partial Hospitalization Services. 	
 §1913(c)(1) of the Public Health Service Act (PHSA) Section 1913(c)(1) - CMHC required services. 	
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Transcript:

As part of your prerequisites, you should have reviewed the Code of Federal Regulations, or CFR, and the State Operations Manual, or SOM. The CFR covers the services and CoPs of CMHCs, while the SOM covers the facility certification process. Additionally, the Social Security Act, commonly referred to as the Act, authorizes CMHCs to provide PHS while the Public Health Service Act, also known as PHSA, outlines the required services for CMHCs.

CMHC CoPs



Transcript:

The CoPs define the minimum overall requirements that the CMHC must meet to participate in the Medicare program and receive Medicare reimbursement for services rendered.

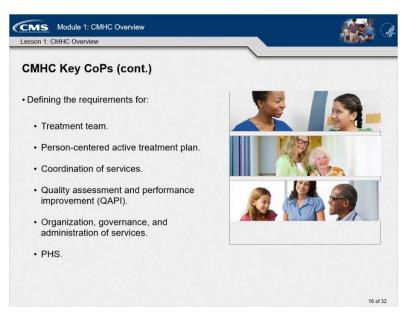
CMHC Key CoPs



Transcript:

The key CoPs focus on personnel qualifications and protecting client rights. The CoPs also define the requirements for admission, initial evaluation, comprehensive assessment, and the discharge or transfer process.

CMHC Key CoPs (cont.)



Transcript:

The key CoPs also define the requirements for treatment team, person-centered active treatment plan, coordination of services, and quality assessment and performance improvement or QAPI. The requirement for the organization, governance, administration of services, and PHS are also determined by these CoPs.

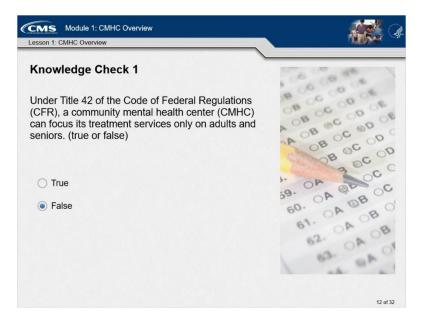
CMHC Medicare Certification



Transcript:

CMHCs undergo survey procedures to determine whether they meet all applicable participation requirements for Medicare. Surveys are also implemented to evaluate CMHCs' performance and effectiveness in providing safe and acceptable quality of care.

Knowledge Check 1



Transcript:

Under Title 42 of the Code of Federal Regulations (CFR), a community mental health center (CMHC) can focus its treatment services only on adults and seniors. (true or false)

A.True.

B.False.

Correct Feedback:

That's correct. CMHCs provide structured specialized outpatient services to children, the elderly, and individuals who have chronic mental illness or who have been discharged from an inpatient mental health facility.

Incorrect Feedback:

That's not quite right. CMHCs provide structured specialized outpatient services to children, the elderly, and individuals who have chronic mental illness or who have been discharged from an inpatient mental health facility.

Day Treatment Services



Transcript:

Generally, the day treatment services include individualized and culturally and linguistically appropriate, comprehensive, coordinated, and structured treatment services and activities to assist clients in achieving the goals identified in their person-centered plans.

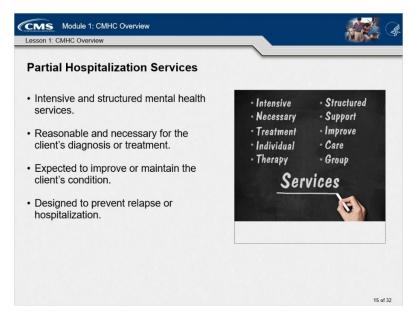
Day Treatment Services (cont.)



Transcript:

As outlined in the SOM definitions, a day treatment program consists of a scheduled series of face-to-face therapeutic sessions organized at various levels of intensity and frequency.

Partial Hospitalization Services



Transcript:

In general, partial hospitalization services refers to a broad range of intensive, structured mental health services. The Act defines partial hospitalization services as "reasonable and necessary for the diagnosis or active treatment of the individual's condition, reasonably expected to improve or maintain the individual's condition and functional level, and to prevent relapse or hospitalization."

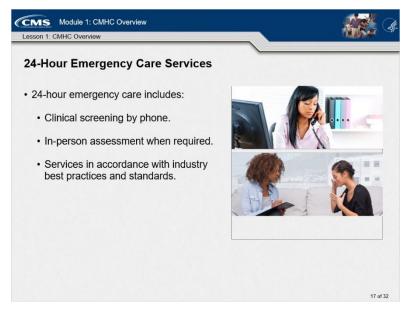
Psychosocial Rehabilitation Services



Transcript:

The SOM defines PSR services as activities that are based on the goals of a client's active treatment plan. Structured professional intervention is provided individually or in a group setting with the focus on achieving reintegration of a client as an active and productive member of the family, community, and culture.

24-Hour Emergency Care Services



Transcript:

Generally, 24-hour emergency care services include access to clinical screening by phone and, if needed, an in-person screening to determine if a higher level of care is necessary. It should be noted that there are no specific requirements to define the exact structure of this service. However, the service should be provided according to industry and best clinical practice standards.

CMHC Individual and Family Therapy Services



Transcript:

CMHCs provide diagnosis-related counseling services for the individual client as well as the client's immediate family. Counseling may also include extended family members involved in the client's life.

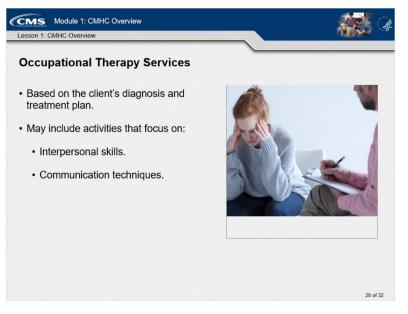
Group Therapy Services



Transcript:

Group therapy is a type of counseling service that includes other clients, usually no more than 10. The therapy sessions are typically focused on a clinical treatment need area. Once a client is evaluated and has been identified as requiring group therapy, it is included in the client's individual client-centered treatment plan.

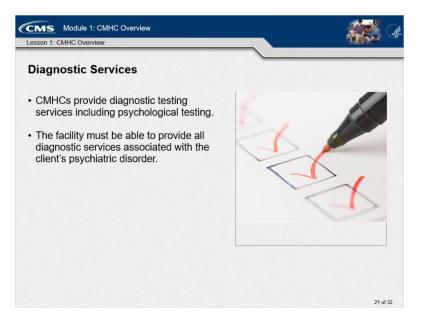
Occupational Therapy Services



Transcript:

Occupational therapy services provided in a CMHC are based on the client's diagnosis and treatment plan. Occupational therapy may include activities that focus on enhancing or developing interpersonal relationship skills and communication techniques.

Diagnostic Services



Transcript:

Diagnostic testing services, such as psychological testing, are also provided by a CMHC. The facility must be able to provide all diagnostic services associated with the client's psychiatric disorder.

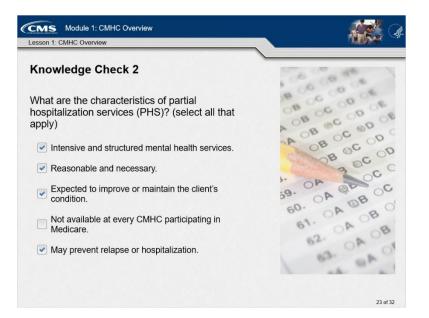
Drugs and Biologicals



Transcript:

A CMHC will also provide drugs and biologicals that cannot be self-administered. For purposes of this requirement, the word provide means the CMHC administers the medication.

Knowledge Check 2



Transcript:

What are the characteristics of partial hospitalization services (PHS)? (select all that apply)

A.Intensive and structured mental health services.

B.Reasonable and necessary.

C.Expected to improve or maintain the client's condition.

D.Not available at every CMHC participating in Medicare.

E.May prevent relapse or hospitalization.

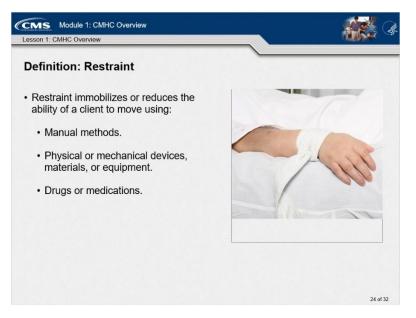
Correct Feedback:

That's correct. PHS are intensive and structured services that are defined by the Social Security Act (the Act) as "reasonable and necessary for the diagnosis or active treatment of the individual's condition, reasonably expected to improve or maintain the individual's condition and functional level, and to prevent relapse or hospitalization."

Incorrect Feedback:

That's not quite right. PHS are intensive and structured services that are defined by the Social Security Act (the Act) as "reasonable and necessary for the diagnosis or active treatment of the individual's condition, reasonably expected to improve or maintain the individual's condition and functional level, and to prevent relapse or hospitalization."

Definition: Restraint



Transcript:

According to the CFR, restraint immobilizes or reduces the ability of a client to move his or her arms, legs, body, or head freely. Restraint can be accomplished by using any manual method, physical or mechanical device, material, or equipment. Restraint can also be accomplished using a drug or medication when the medication is not a standard treatment or dosage for the client's condition.

Definition: Seclusion



Transcript:

Seclusion means the involuntary confinement of a client alone in a room or an area that the client is physically prevented from leaving.

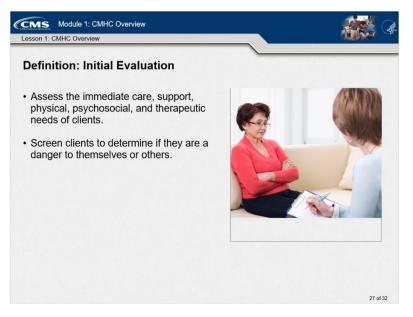
Definition: Active Treatment Plan



Transcript:

An active treatment plan is an individualized client plan that focuses on providing care and treatment services to address the client's physical, therapeutic, psychological, psychosocial, and emotional needs based on the comprehensive assessment.

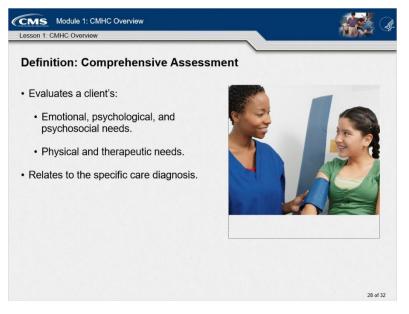
Definition: Initial Evaluation



Transcript:

The initial evaluation is an immediate care and support assessment of clients' physical, psychosocial, and therapeutic needs, related to their psychiatric illnesses. The initial evaluation also includes a screening to determine if any clients are a danger to themselves or others.

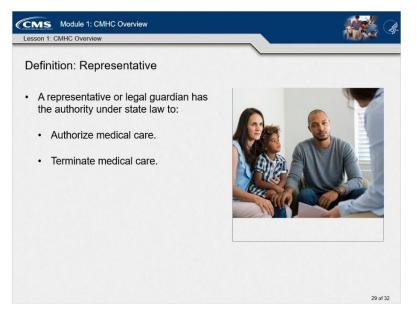
Definition: Comprehensive Assessment



Transcript:

The comprehensive assessment is a thorough evaluation of the client's emotional, psychological, psychosocial, physical, and therapeutic needs related to the diagnosis under which the CMHC is providing care.

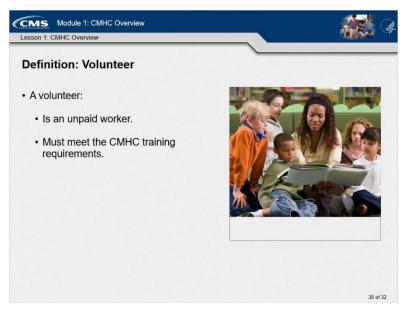
Definition: Representative



Transcript:

A representative, which can include a legal guardian, has the authority under state law to authorize or terminate medical care on behalf of a client who is mentally or physically incapacitated.

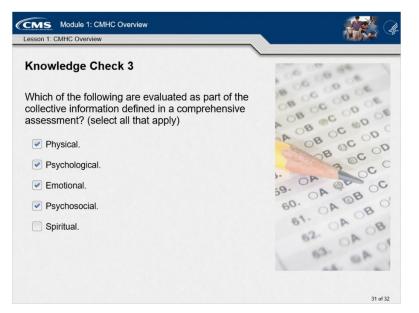
Definition: Volunteer



Transcript:

A volunteer is an unpaid worker for a CMHC, an agency, or an organization that has assigned an individual to the CMHC. All volunteers must meet the CMHC standard training requirements as specified under Title 42 of the CFR.

Knowledge Check 3



Transcript:

Which of the following are evaluated as part of the collective information defined in a comprehensive assessment? (select all that apply)

A.Physical.

B.Psychological.

C.Emotional.

D.Psychosocial.

E.Spiritual.

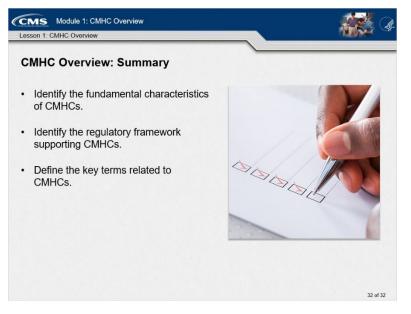
Correct Feedback:

That's correct. A comprehensive assessment is a thorough evaluation of the client's physical, psychological, psychosocial, emotional, and therapeutic needs related to the diagnosis under which care is being provided by the CMHC. Although spirituality can be an important aspect of a client's life, it is not included in the regulatory definition of a comprehensive assessment.

Incorrect Feedback:

That's not quite right. A comprehensive assessment is a thorough evaluation of the client's physical, psychological, psychosocial, emotional, and therapeutic needs related to the diagnosis under which care is being provided by the CMHC. Although spirituality can be an important aspect of a client's life, it is not included in the regulatory definition of a comprehensive assessment.

CMHC Overview: Summary



Transcript:

In this lesson, you learned how to identify the fundamental characteristics of CMHCs, the regulatory framework that supports CMHCs, and defined the key terms related to CMHCs.

Now we will move on to the next lesson, Partial Hospitalization Services.

Lesson 2: Partial Hospitalization Services

Partial Hospitalization Services: Overview



Transcript:

In this lesson, you will explore the related regulations and definition of PHS. You will also learn what services are offered within PHS, what services are not offered, and the clients a PHS provider serves.

Partial Hospitalization Services: Objectives



Transcript:

After completing this lesson, you will be able to identify the regulatory background and definition of PHS, the services offered within PHS, the services excluded from PHS, and the clients that benefit from PHS.

Note Regarding Partial Hospitalization Services



Transcript:

Note, the reason for a PHS overview, and not one for DT or PSR services, is that there are currently no regulatory descriptions available for DT or PSR services.

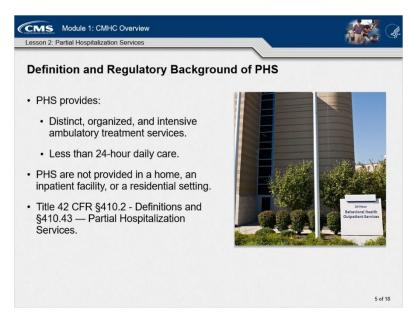
Partial Hospitalization Programs and Partial Hospitalization Services



Transcript:

Partial hospitalization programs, or PHP, refer to the same type of service as PHS. For the purposes of this training, we will refer to the program as PHS.

Definition and Regulatory Background of PHS



Transcript:

The CFR states that PHS are distinct, organized, and intensive ambulatory treatment services. These services must offer less than 24-hour daily care that is not in a home, an inpatient facility, or a residential setting.

Standards of Services Offered Within PHS



Transcript:

The services offered by a PHS provider must be reasonable and necessary for the diagnosis or active treatment of an individual. They must follow industry standards for treatment of psychiatric disorders.

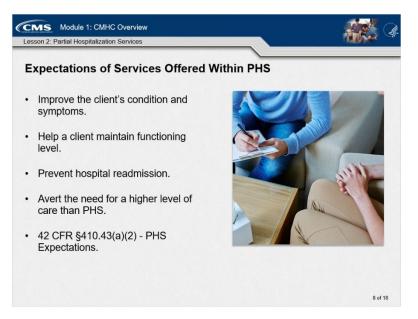
Standards of Services Offered Within PHS (cont.)



Transcript:

The services offered by a PHS can include individual, group, and family therapy. Specialized treatment techniques such as dialectical behavioral therapy, or DBT, and addiction therapy, can also be provided for clients.

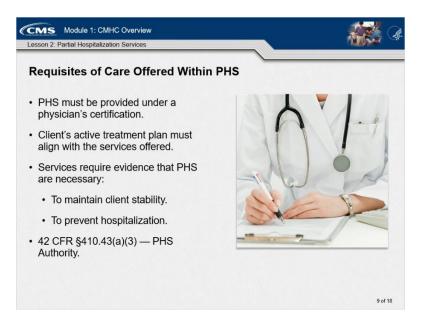
Expectations of Services Offered Within PHS



Transcript:

The services offered within PHS are expected to improve the client's condition and symptoms. At a minimum, services should help a client maintain functioning level and help prevent hospital readmission or the need for a higher level of care than PHS.

Requisites of Care Offered Within PHS



Transcript:

The services offered within PHS are provided under a physician's certification and are aligned with the active treatment plan. Treatment to maintain a stable psychiatric condition or functional level requires evidence that less-intensive treatment options cannot provide the level of support necessary to maintain the stability of the client and prevent hospitalization.

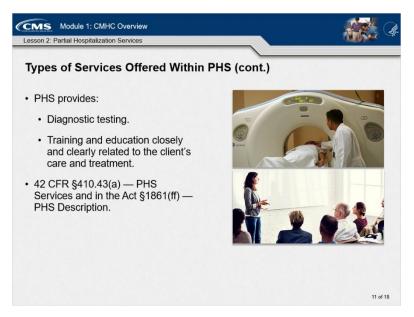
Types of Services Offered Within PHS



Transcript:

Services offered within PHS must include the administration of drugs and biologicals provided for therapeutic purposes. In addition, individualized activity therapies may also be offered. These activities must not be primarily recreational or diversionary in nature. PHS must also offer family counseling, primarily to treat the client's condition.

Types of Services Offered Within PHS (cont.)



Transcript:

The various services offered within PHS also includes diagnostic services. Training and education may also be provided for the client. The training and educational activities must be closely and clearly related to the client's care and treatment.

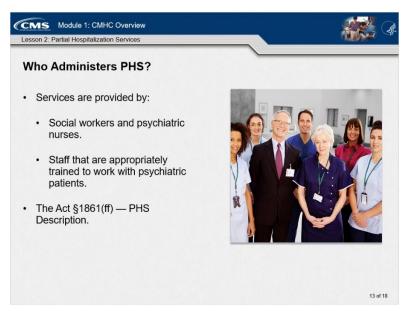
Types of Services Excluded from PHS



Transcript:

Some services are not included within PHS. This includes services for hospital inpatients. Meals, self-administered medications, transportation, and vocational training are also not provided within PHS.

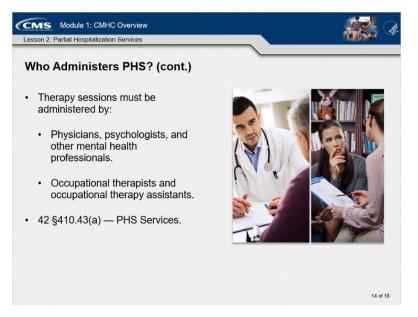
Who Administers PHS?



Transcript:

PHS are provided by social workers, trained psychiatric nurses, and other staff who have been trained to work with psychiatric patients.

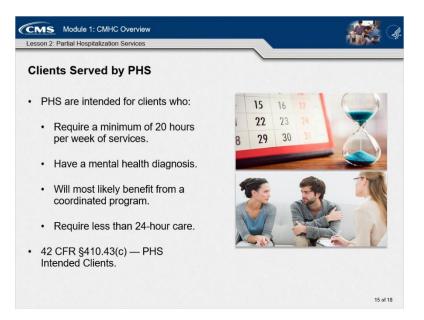
Who Administers PHS? (cont.)



Transcript:

Therapy sessions must be administered by physicians, psychologists, or other mental health professionals. Occupational therapy must be provided by an occupational therapist or an occupational therapy assistant under their supervision.

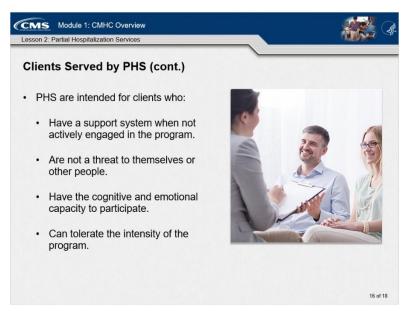
Clients Served by PHS



Transcript:

The PHS are intended for clients who require a minimum of 20 hours per week of therapeutic services as evidenced in their plan of care and have a mental health diagnosis. PHS are intended for clients who are likely to benefit from a coordinated program of services. They must require more than isolated sessions of outpatient treatment, but less than 24-hour care.

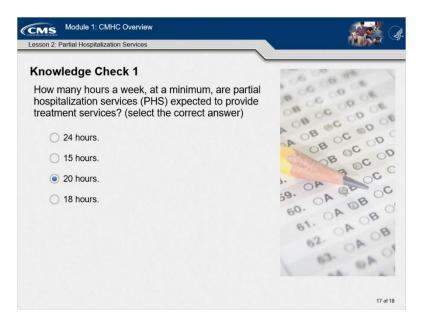
Clients Served by PHS (cont.)



Transcript:

PHS are intended for clients who have an adequate support system while not actively engaged in the program and are not judged to be dangerous to themselves or others. Clients must have the cognitive and emotional ability to participate in the active treatment process and be able to tolerate the intensity of PHS.

Knowledge Check 1



Transcript:

How many hours a week, at a minimum, are partial hospitalization services (PHS) expected to provide treatment services? (select the correct answer)

24 hours.

15 hours.

20 hours.

18 hours.

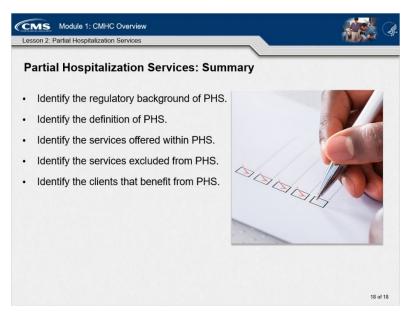
Correct Feedback:

That's correct. PHS are intended for clients who require a minimum of 20 hours per week of therapeutic services as evidenced in their plan of care. Clients must be likely to benefit from a coordinated program of services. They must also need more than isolated sessions of outpatient treatment, but less than 24-hour care.

Incorrect Feedback:

That's not quite right. PHS are intended for clients who require a minimum of 20 hours per week of therapeutic services as evidenced in their plan of care. Clients must be likely to benefit from a coordinated program of services. They must also need more than isolated sessions of outpatient treatment, but less than 24-hour care.

Partial Hospitalization Services: Summary



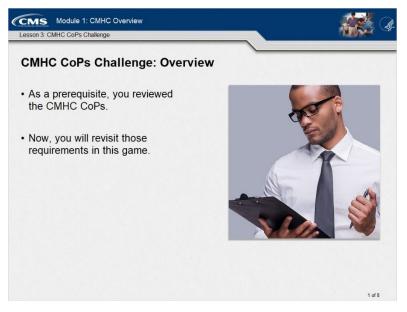
Transcript:

In this lesson, you have become familiar with the regulatory background and definition of PHS, the services offered within PHS, the services excluded from PHS, and the clients that benefit from PHS.

Let's move on to the next lesson, the CMHC CoPs Challenge.

Lesson 3: CMHC CoPs Challenge

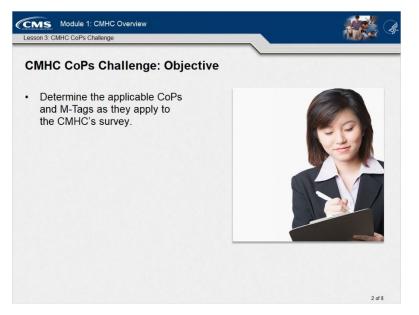
CMHC CoPs Challenge: Overview



Transcript:

As a prerequisite, you reviewed the CoPs specific to CMHCs. Now, we are going to revisit those requirements with a CoPs challenge game.

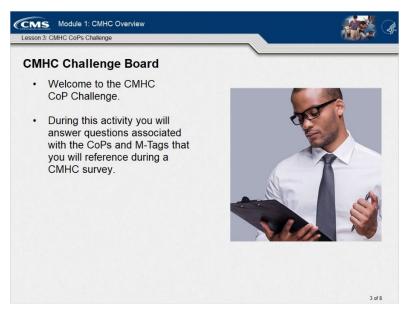
CMHC CoPs Challenge: Objective



Transcript:

After completing this lesson, you will be able to determine the applicable conditions of participation, or CoPs and M-Tags as they apply to the CMHC's survey.

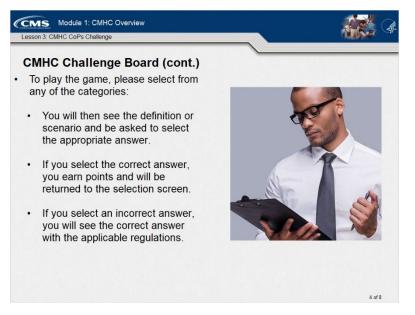
CMHC Challenge Board



Transcript:

Welcome to the CMHC CoP Challenge. During this activity you will answer questions associated with the CoPs and M-Tags that you will reference during a CMHC survey.

CMHC Challenge Board (cont.)



Transcript:

To play the game, please select from any of the categories. You will then see the definition or scenario and be asked to select the appropriate answer. If you select the correct answer, you earn points and will be returned to the selection screen. If you select an incorrect answer, you will see the correct answer with the applicable regulations.

Let's Get Started



Transcript:

Welcome to the CMHC Challenge! This is your opportunity to review the Conditions of Participation relevant to CMHC. During this activity, you will be asked to identify the various roles, services, client rights, and documentation that you may encounter during a CMHC survey. I am your host and I will here to guide you along the way. Are you ready? Let's get started.

CMHC CoP Challenge

CMHC Challenge

CMHC CoPs Challenge!			
Category 1 Who Are They	Category 2 At Your Service	Category 3 Clients' Right	Category 4 It's A Must
100	100	100	100
200	200	200	200
300	300	300	300
400	400	400	400
500	500	500	500

Transcript:

Category 1–100

An individual on whose behalf the CMHC is required to issue a Form W-2, or an individual for whom an agency or organization is contracted by the CMHC. (select the correct answer)

Category1-100-Question

a volunteer of a CMHC

an employee of a CMHC

a client of a CMHC

a member of the governing body of a CMHC

Correct Feedback:

That's right. An individual who is issued a W-2 form either by the CMHC or an organization that is contracted with the CMHC, is an employee as per 42 CFR §485.902.

Incorrect Feedback:

That's not quite right. An individual who is issued a W-2 form either by the CMHC or an organization that is contracted with the CMHC is an employee as per 42 CFR §485.902.

Category1-200

Transcript:

An individual who reports to the governing body and is responsible for the day-to-day operation of the CMHC, who is a CMHC employee, and who meets the educational and experience requirements established by the governing body. (select the correct answer)

Category1-200-Question

the administrator

the volunteer

the psychologist

the social worker

Correct Feedback:

That's right. A CMHC employee who reports to the governing body and is responsible for the day-to-day operation of the CMHC is the administrator as defined in 42 CFR §485.918(a)(2) and M0307.

Incorrect Feedback:

That's not quite right. A CMHC employee who reports to the governing body and is responsible for the day-to-day operation of the CMHC is the administrator as defined in 42 CFR §485.918(a)(2) and M0307.

Category1-300

Transcript:

An individual who can exercise or enforce a client's rights to treatment and CMHC services, after the client has been adjudged as incompetent to make treatment decisions, under state law, by a court of proper jurisdiction. (select all that apply)

Category1-300-Question

a client's psychiatrist?

a client's representative?

a client's primary care physician?

a person self-appointed to act on the client's behalf?

Correct Feedback:

That's correct. An individual, either appointed by a court of proper jurisdiction or selected by the client to exercise or enforce the client's rights to treatment and CMHC services is a client's representative.

Incorrect Feedback:

That's not quite right. An individual, either appointed or selected by the client to exercise or enforce the client's rights to treatment and CMHC services is a client's representative.

Category1-400

Transcript:

Individuals who are responsible for directing, coordinating, and managing the care and services provided for each CMHC client and who work together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of CMHC clients. (select the correct answer)

Category1-400-Question

the client representative

the administrator

members of the interdisciplinary treatment team

the duty on nurses

Correct Feedback:

That's right. Individuals who are responsible for directing, coordinating, and managing the care and services and who work together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of CMHC clients are part of the interdisciplinary treatment team as referenced in 42 CFR §485.916(a)(1) and M0237.

Incorrect Feedback:

That's not quite right. Individuals who are responsible for directing, coordinating, and managing the care and services and who work together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of CMHC clients are part of the interdisciplinary treatment team as referenced in 42 CFR §485.916(a)(1) and M0237.

Category1-500

Transcript:

Two or more designated persons, one of whom may be the administrator, who assume full legal authority and responsibility for the management of a CMHC, the services it provides, its fiscal operations, and continuous quality improvement. (select the correct answer)

Category1-500-Question

the CMHC governing body

the interdisciplinary team

the psychiatric nurses

the occupational therapists

Correct Feedback:

That's right. A CMHC's governing body consists of two or more designated persons who assume full legal authority and responsibility for the management, services, fiscal operations, and continuous quality improvement of a CMHC as per 42 CFR §485.918(a)(1) and M0306.

Incorrect Feedback:

That's not quite right. A CMHC's governing body consists of two or more designated persons who assume full legal authority and responsibility for the management, services, fiscal operations, and continuous quality improvement of a CMHC as per 42 CFR §485.918(a)(1) and M0306.

Category 2

Category2–100

Transcript:

An entity that provides outpatient services, including specialized outpatient services for children and the elderly, and that also provides 24-hour-a-day emergency care services and partial hospitalization services.

Category2-100-Question

partial hospitalization services (PHS)

a CMHC

a residential facility

a psychiatric hospital

Correct Feedback:

That's right. A CMHC is an entity that provides outpatient services, including specialized outpatient services for children and the elderly, and that also provides 24-hour emergency care services and PHS as per 42 CFR §485.902.

Incorrect Feedback:

That's not quite right. A CMHC is an entity that provides outpatient services, including specialized outpatient services for children and the elderly, and that also provides 24-hour emergency care services and PHS as per 42 CFR §485.902.

Category2–200

Transcript:

A distinct and organized intensive outpatient treatment program provided under a physician's certification and plan of care, which offers less than 24-hour daily care, that is not in the individual's home. This treatment program is reasonable and necessary for the diagnosis or active treatment, improvement, or maintenance of an individual's condition and functional level and helps to prevent relapse or hospitalization. (select the correct answer)

Category2-200-Question

a day program

partial hospital services

occupational therapy

psychosocial therapy

Correct Feedback:

That's right. PHS are distinct and organized intensive outpatient treatment programs that provide less than 24-hour care, are not in an individual's home, and are reasonable and necessary as per 42 CFR §485.918(f) and M0355.

Incorrect Feedback:

That's not quite right. PHS are distinct and organized intensive outpatient treatment programs that provide less than 24-hour care, are not in an individual's home, and are reasonable and necessary as per 42 CFR §485.918(f) and M0355.

Category2–300

Transcript:

What is the CoP that requires the CMHC to focus on high-risk, high-volume, or problem-prone areas, consider incidence, prevalence, and severity of problems, and give priority to improvements that affect behavioral outcomes, client safety, and person-centered quality of care? (select the correct answer)

Category2-300-Question

annual improvement report

quality improvement plan (QIP)

continuous improvement plan (CIP)

quality assessment and performance improvement (QAPI)

Correct Feedback:

That's right. The QAPI requires that the CMHC assess

high-risk, high-volume, or problem prone areas for improvement, giving priority to improvements that affect behavioral outcomes, client safety and person-centered quality of care as outlined in 42 CFR §485.917(c) and M2081 to M0284.

Incorrect Feedback:

That's not quite right. The QAPI requires that the CMHC assess high-risk, high-volume, or problem prone areas for improvement, giving priority to improvements that affect behavioral outcomes, client safety and person-centered quality of care as outlined in 42 CFR §485.917(c) and M2081 to M0284.

Category2–400

Transcript:

This is the responsibility of retaining administrative and financial management and oversight of staff and services for all arranged services if a CMHC has a written agreement with another agency, individual, or organization to provide any services under arrangement. The CMHC must retain all payment responsibility for services provided under arrangement on its behalf, as part of its financial management responsibility. (select the correct answer)

Category2-400-Question

administrative responsibility

governing body responsibility

professional management responsibility

oversight responsibility

Correct Feedback:

That's right. It is the responsibility of the professional management to retain administrative and financial management of the CMHC, as well as provide oversight of staff, services, arranged services or any services provided under agreement as referenced in 42 CFR §485.918(c) and M0333.

Incorrect Feedback:

That's not quite right. It is the responsibility of the professional management to retain administrative and financial management of the CMHC, as well as provide oversight of staff, services, arranged services or any services provided under agreement as referenced in 42 CFR §485.918(c) and M0333.

Category2–500

Transcript:

These regulatory provisions, commonly referred to as a M-tag and statute, require that a CMHC and its staff must operate and furnish services in compliance with all applicable Federal, state, and local laws and regulations related to the health and safety of clients. (select all that apply)

Category2-500-Question

42 CFR §485.904(a) **42 CFR §485.918(g)** 42 CFR §485.916(b) M0235 **M0363** M0101

Correct Feedback:

That's right. The regulatory provision that requires a CMHC and its staff to operate and furnish services in compliance with all applicable Federal, state, and local laws and regulations related to the health and safety of clients is 42 CFR §485.918(g) and the M-tag is M0363.

Incorrect Feedback:

That's not quite right. The regulatory provision that requires a CMHC and its staff to operate and furnish services in compliance with all applicable Federal, state, and local laws and regulations related the health and safety of clients is 42 CFR §485.918(g) and the M-tag is M0363.

Category 3 Clients Have the Right

Category3-100

Transcript:

This focuses on the provision of care and treatment services that address a client's physical, psychological, psychosocial, emotional, and therapeutic needs and goals as identified in the comprehensive assessment. (select the correct answer)

Category3-100-Question

a person-centered active treatment plan

an interdisciplinary treatment plan

a plan of treatment

a quality improvement plan

Correct Feedback:

That's right. A person-centered active treatment plan focuses on the provision of care and treatment that addresses the client's physical, psychological, psychosocial, emotional and therapeutic needs and goals as identified in the comprehensive assessment referenced in 42 CFR §485.902.

That's not quite right. A person-centered active treatment plan focuses on the provision of care and treatment that addresses the client's physical, psychological, psychosocial, emotional and therapeutic needs and goals as identified in the comprehensive assessment referenced in 42 CFR §485.902.

Category 3-200

Transcript:

A thorough evaluation of a client's physical, psychological, psychosocial, emotional, and therapeutic needs related to the diagnosis under which care is being provided by a CMHC. (select the correct answer)

Category 3-200-Question

- a therapeutic assessment
- an active treatment plan
- a quality improvement plan

a comprehensive assessment

Correct Feedback:

That's right. A comprehensive assessment is an evaluation of a client's physical, psychological, psychosocial, emotional, and therapeutic needs related to their diagnosis as per 42 CFR §485.902.

Incorrect Feedback:

That's not quite right. A comprehensive assessment is an evaluation of a client's physical, psychological, psychosocial, emotional, and therapeutic needs related to their diagnosis as per 42 CFR §485.902.

Category 3-300

Transcript:

Requires that the CMHC provide the client, and the client's representative or surrogate, with verbal and written information regarding the client's rights and responsibilities during the initial evaluation. This must be done in a language and manner that the client or client's representative or surrogate understands. (select the correct answer)

Category 3-300-Questions

the active treatment plan

the notice of rights and responsibilities

the interdisciplinary treatment plan

the notice of admissions regulations

Correct Feedback:

That's right. The regulation 42 CFR §485.910(a) or M0121, requires that a CMHC provide the client and the client's representative or surrogate with verbal and written information regarding the client's rights and responsibilities during the initial evaluation, in a language and manner that the client or their representative understands.

Incorrect Feedback:

That's not quite right. The regulation 42 CFR §485.910(a) or M0121, requires that a CMHC provide the client and the client's representative or surrogate with verbal and written information regarding the client's rights and responsibilities during the initial evaluation, in a language and manner that the client or their representative understands.

Category 3-400

Transcript:

What must include all services necessary to assist a client in meeting his or her recovery goals. This includes client diagnoses, treatment goals, interventions, the type, duration, and frequency of services necessary to meet the client's specific needs and drugs, treatments, and therapies? (select the correct answer)

Category 3-400-Question

an initial assessment

a notice of client rights and responsibilities

a record of discharge

the person-centered active treatment plan

Correct Feedback:

That's right. The person-centered active treatment plan must include all the services necessary to assist a client in meeting his or her recovery goals as referenced in 42 CFR §485.916(c) and M0247.

Incorrect Feedback:

That's not quite right. The person-centered active treatment plan must include all the services necessary to assist a client in meeting his or her recovery goals as referenced in 42 CFR §485.916(c) and M0247.

Category 3-500

Transcript:

The time requirement for the CMHC, to establish an individualized, written, active treatment plan in accordance with the client's recovery goals and preferences. (select the correct answer)

Category 3-500-Question

48 working hours of admission to the CMHC

4 working days of admission to the CMHC

30 calendar days of admission to the CMHC

7 working days of admission to the CMHC

Correct Feedback:

That's right. The CMHC is required to establish an individualized, written, active treatment plan within 7 working days of the client's admission into the CMHC as per reference 42 CFR §485.916(b) and M0244.

Incorrect Feedback:

That's not quite right. The CMHC is required to establish an individualized, written, active treatment plan within 7 working days of the client's admission into the CMHC as per reference 42 CFR §485.916(b) and M0244.

Category 4 It's A Must

Category 4-100

Transcript:

The law that includes CMHCs as entities that are authorized to provide partial hospitalization services, PHS, under Part B of the Medicare program, effective October 1, 1991. (select the correct answer)

Category 4-100-Question

the Code of Federal Regulation (CFR)?

the CoPs

the Social Security Act (the Act)

the State Operations Manual (SOM)

Correct Feedback:

That's right. Effective October 1, 1991, the Act authorized CMHCs to provide PHS under Part B of the Medicare program. This is referenced in 42 CFR §485.900 (sections 1861(ff)(3)(a) and 1832(a)(2)(J).

Incorrect Feedback:

That's not quite right. Effective October 1, 1991, the Act authorized CMHCs to provide PHS under Part B of the Medicare program. This is referenced in 42 CFR §485.900 (sections 1861(ff)(3)(a) and 1832(a)(2)(J).

Category 4-200

Transcript:

This assessment must include the admitting diagnosis and other diagnoses, the source of the referral, the reason for admission, identification of the client's immediate clinical care needs, and a list of current prescriptions and over-the-counter medications. (select the correct answer)

Category 4-200-Question

the active treatment plan

the initial evaluation

the discharge summary

the quality improvement plan

Correct Feedback:

That's right. An initial evaluation must include the admitting diagnosis and any other diagnoses, the source referral, the reason for admission, identification of the client's immediate clinical care needs, and a list of the client's current prescriptions and over-the-counter medications as referenced in 42 CFR §485.914(b)(2) and M0196.

Incorrect Feedback:

That's not quite right. An initial evaluation must include the admitting diagnosis and any other diagnoses, the source referral, the reason for admission, identification of the client's immediate clinical care needs, and a list of the client's current prescriptions and over-the-counter medications as referenced in 42 CFR §485.914(b)(2) and M0196.

Category 4-300

Transcript:

This assessment must be completed in a timely manner, no later than four working days after a client's admission to the CMHC, be consistent with the client's immediate needs, and must be updated fewer than every 30 days. (select the correct answer)

Category 4-300-Question

the initial assessment

a comprehensive assessment

the active treatment plan

the discharge summary

Correct Feedback:

That's right. A comprehensive assessment must be completed within four working days of a client's admission to the CMHC and updated at least every 30 days as referenced in 42 CFR §485.914(c)(2) and M0201.

Incorrect Feedback:

That's not quite right. A comprehensive assessment must be completed within four working days of a client's admission to the CMHC and updated at least every 30 days as referenced in 42 CFR §485.914(c)(2) and M0201.

Category 4-400

Transcript:

This document must include a summary of the services provided, including the client's symptoms, treatments, and therapies, their current active treatment plan, their most recent physician orders, and any other documentation that will assist in coordinating the client's continuity of aftercare. (select the correct answer)

Category 4-400-Question

an active treatment plan

a comprehensive assessment

a discharge summary

an initial assessment

Correct Feedback:

That's right. As referenced in 42 CFR §485.914(e)(3) and in M0228 to M0231, a discharge summary must include a summary of all the services provided to a client including their symptoms, treatments, therapies, their current active treatment plan, most recent physician orders and any other documentation that will assist in the postdischarge continuity of care.

Incorrect Feedback:

That's not quite right. As referenced in 42 CFR §485.914(e)(3) and in M0228 to M0231, a discharge summary must include a summary of all the services provided to a client including their symptoms, treatments, therapies, their current active treatment plan, most recent physician orders and any other documentation that will assist in the postdischarge continuity of care.

Category 4-500

Transcript:

The frequency with which the CMHC interdisciplinary treatment team must review, revise, and document a client's individualized active treatment plan. (select the correct answer)

Category 4-500-Question

30 calendar days

25 calendar days

20 working days

14 calendar days

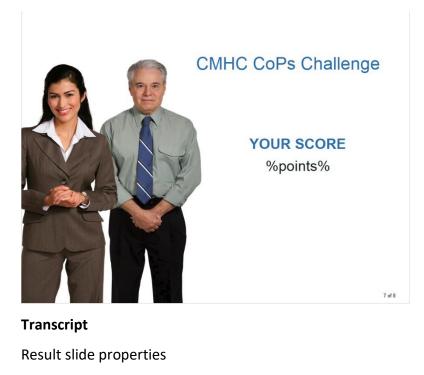
Correct Feedback:

That's right. As cited in 42 CFR §485.916(d) and M0252, an interdisciplinary treatment team must review, revise, and document a client's individualized active treatment plan as frequently as the client's condition requires, at least every 30 calendar days.

Incorrect Feedback:

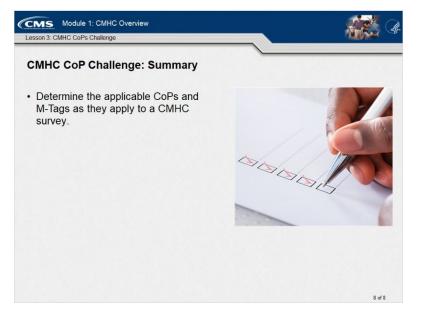
That's not quite right. As cited in 42 CFR §485.916(d) and M0252, an interdisciplinary treatment team must review, revise, and document a client's individualized active treatment plan as frequently as the client's condition requires, at least every 30 calendar days.

CMHC CoPs Challenge: Score



Passing Score: 80%

CMHC CoP Challenge: Summary

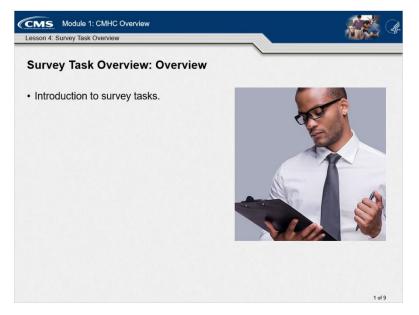


Transcript:

In this lesson you learned how to determine the applicable CoPs and M-Tags as they apply to a CMHC survey. Let's move on to the last lesson in this module, Survey Process Overview.

Lesson 4: Survey Task Overview

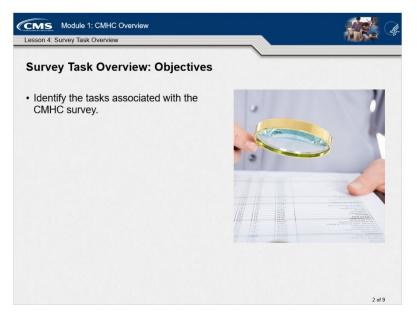
Survey Task Overview: Overview



Transcript:

The purpose of this lesson is to introduce the survey tasks. You will cover the survey process in more detail later in this training.

Survey Task Overview: Objectives



Transcript:

After completing this lesson, you will be able to identify the tasks associated with the CMHC survey.

Purpose of the Survey

CMS Module 1: Lesson 4: Survey Task (CMHC Overview			.
Purpose of t	he Survey			
Offsite Preparation	Entrance Conference	Information Gathering	Determining Compliance	Exit
				3 of 9

Transcript:

The survey process includes the following tasks: offsite preparation, entrance conference, information gathering, determining compliance and exit conference.

Offsite Preparation

CMS Module 1:	CMHC Overview		1000	
Lesson 4: Survey Task C	Overview			
Offsite Prepa	aration			
Offsite Preparation	Entrance Conference	Information Gathering	Determining Compliance	Exit
Determine the second seco	ne composition of	f the team.		
Access facili	ty information.			
				4 of 9

Transcript:

As you begin preparing for a CMHC survey, you need to conduct offsite preparation tasks. These tasks include determining the composition of the team, and accessing facility information. Offsite preparation enables you to gather necessary information such as prior complaints or form 2567's, needed before the team enters the facility.

Entrance Conference

	CMHC Overview			
Lesson 4: Survey Task (Overview			1400 Ser
Entrance Co	nference			
Offsite Preparation	Entrance Conference	Information Gathering	Determining Compliance	Exit
Entrance co	nference.			
Sample sele	ection.			
Facility tour.				
Immediate J	eopardy (IJ).			
				5 of 9

Transcript:

During the entrance conference you will meet the facility staff and administrators and obtain information that will form your sample selection. You will also conduct the facility tour, which provides an opportunity to observe any immediate safety concerns. The safety concerns could indicate immediate jeopardy, IJ.

Information Gathering

CMS Module 1: CMHC Overview			
Lesson 4: Survey Task Overview			1
Information Gathering			
Offsite Entrance Conference	Information Gathering	Determining Compliance	Exit
Observe the facility.	Inter	view clients.	
Review client records.	Inter	view family meml	bers.
Review policies and procedur	res. • Inter	view the staff.	
			6 of 9

Transcript:

Tasks completed during the information gathering phase include observing the facility, clients and staff, reviewing client records, policies and procedures and conducting interviews. Information gathering phase is the most critical aspect of the survey process, because it provides the information needed for determining compliance.

Determining Compliance

CMS Module 1: Lesson 4: Survey Task 0	CMHC Overview			
Determining				
Offsite Preparation	Entrance Conference	Information Gathering	Determining Compliance	Exit Conference
Analyze info	rmation.			
Consolidate	and compare inf	ormation.		
Create the p	reexit report.			
				7 of 9

Transcript:

The determining compliance task involves the survey team analyzing the information gathered, then consolidating and comparing the information. During this process, you will also create the pre-exit report.

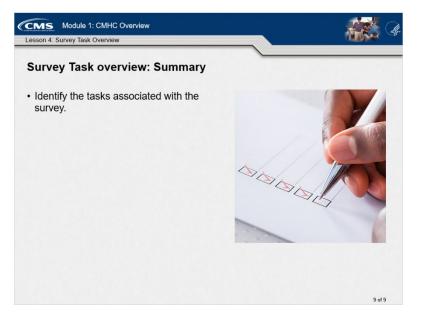
Exit Conference

CMS Module 1: CMHC Overview			
Lesson 4: Survey Task Overview			1000
Exit Conference			
Offsite Entrance Conference	Information Gathering	Determining Compliance	Exit Conference
Meet with the facility represent	ative.		
Provide the initial report.			
 Advise the administrator and s post survey process. 	taff on the		
			8 of 9

Transcript:

During the exit conference you will meet with the facility representative and provide the initial compliance report. Administrator and staff will also be advised of the next steps in the post survey process.

Survey Task overview: Summary



Transcript:

In this lesson, you learned to identify the tasks associated with the survey. Let's move on to Module 2, Offsite Preparations.

Module 2: Offsite Preparation

Module 2: Offsite Preparation

Lesson 1: Presurvey Procedure Overview

Offsite Preparation Module: Overview

CMS Module 2: Offsite Preparation	
Lesson 1: Presurvey Procedure	
Offsite Preparation Module: Overview	
Prioritize the presurvey tasks.Learn about the various types of surveys.	
Verify the community mental health center (CMHC) facility information.	
	Note: All resources referenced in this training can be found in the Resources tab.
	1 of 22

Transcript:

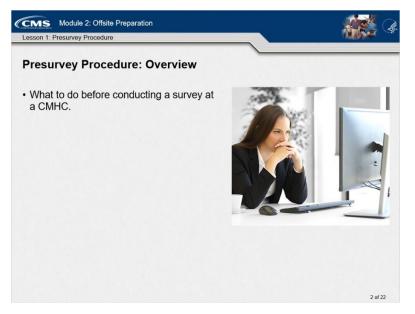
The purpose of this module is to prioritize the presurvey tasks, learn about the various types of surveys, and verify the community mental health center, CMHC, facility information.

Note:

All resources referenced in this training can be found in the Resources tab.

Let's begin with Lesson 1.

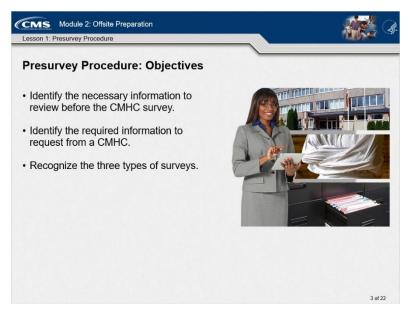
Presurvey Procedure: Overview



Transcript:

In this lesson you will learn what to do before conducting a survey at a CMHC.

Presurvey Procedure: Objectives



Transcript:

After completing this lesson, you will be able to identify the necessary information to review before the CMHC survey, identify the required information to request from a CMHC, and recognize the three types of surveys.

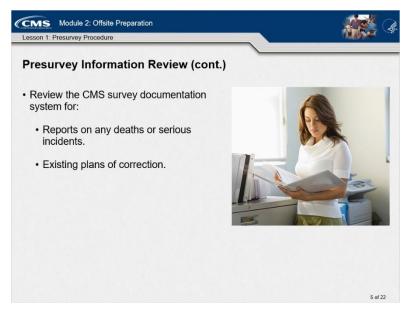
Presurvey Information Review

CMS Module 2: Offsite Preparation	
Lesson 1: Presurvey Procedure	110354
Presurvey Information Review	
Documentation available from the CMS survey documentation system:	
Prior CMHC surveys.	
Previous CMS 2567 forms.	
Complaint investigations.	
	4 of 22

Transcript:

Before conducting a survey, determine if any previous surveys were undertaken for the CMHC and review them. Check the CMS survey documentation system to see what survey documentation is available. Along with searching for prior surveys, look for completed CMS 2567 forms and complaint investigations.

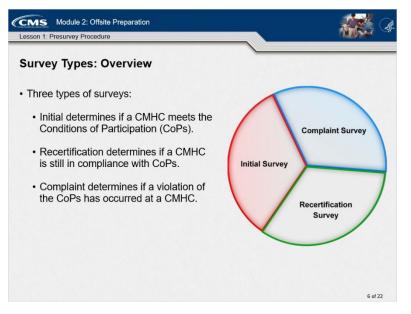
Presurvey Information Review (cont.)



Transcript:

In addition to searching for documentation, review the CMS survey documentation system for reports on any deaths, serious incidents, and existing plans of correction.

Survey Types: Overview



Transcript:

There are three types of surveys, the initial, recertification, and complaint survey. The initial survey determines if a CMHC meets the Conditions of Participation, or CoPs, state licensing requirements, and the requirements of operation as stated in the State Operation Manual, or SOM. The recertification survey ensures the CMHC remains in compliance with CoPs, and the complaint survey is initiated only as needed.

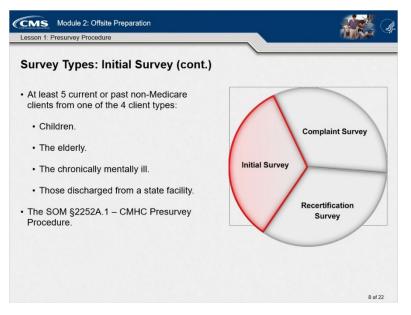
Survey Types: Initial Survey

CMS Module 2: Offsite Preparation	
Lesson 1: Presurvey Procedure	1140555
Survey Types: Initial Survey	
 Initiated by the State Agency (SA) after review of all applicable documentation. 	
Evaluates if facility is fully operational.	Complaint Survey
Determines if facility provides care to all payer types.	Initial Survey Recertification Survey
	7 of 22

Transcript:

The State Agency, or SA, begins the initial CMHC survey after all related documentation is reviewed. In addition to the standard survey process, an initial survey looks at the status of the facility to make sure it is fully operational and that it provides care to all payer types.

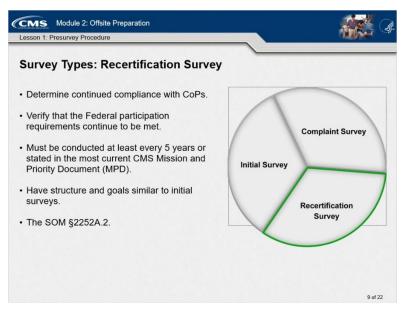
Survey Types: Initial Survey (cont.)



Transcript:

Initial surveys also look for evidence that the CMHC serves, or has served, at least five non-Medicare clients from one or more of the four service categories. These categories include children, the elderly, the chronically mentally ill, and those discharged from a state facility.

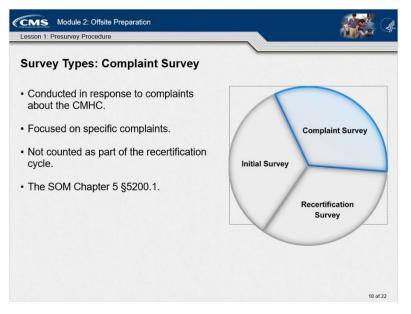
Survey Types: Recertification Survey



Transcript:

The recertification survey determines if a CMHC still meets all the applicable CoPs and other Federal participation requirements. Recertification surveys are required at least every five years or as required per the most current CMS Mission and Priority Document, or MPD, and are similar to initial surveys in their structure and goals.

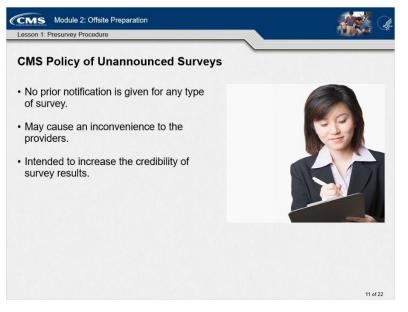
Survey Types: Complaint Survey



Transcript:

When someone files a complaint against the CMHC the state conducts a complaint survey. These surveys focus on the specific complaints and are not counted as part of the recertification cycle.

CMS Policy of Unannounced Surveys



Transcript:

No matter the type of survey, all surveys are unannounced per CMS policy. While unannounced surveys may cause an inconvenience to the providers, the policy is intended to increase the credibility of the survey results.

Survey Vignette: Melody Prepares to Conduct a Recertification Survey



Transcript:

Let's look at how Melody, the team leader, prepares for a recertification survey.

Survey Vignette: Melody Prepares to Conduct a Recertification Survey

CCMS Module 2: Offsite Preparation Lesson 1: Presurvey Procedure	
Survey Vignette: Melody Prepares to Cor	nduct a Recertification Survey
 Melody uses a personal recertification survey checklist to help her prepare for a survey. 	MELODY'S CMHC SURVEY CHECKLIST
 The checklist keeps track of the necessary information to request from the CMHC. 	PART 1- BEFORE THE SURVEY CHECK ASPEN FOR: Drins surveys of the Children Completed. Drinsmittande parable completed. Disconst of any destinor remoins acceletes. Durant plane demetion.
 Melody uses a similar checklist when she prepares for initial and complaint surveys. 	Comment/Nates:
	13 of 22

Transcript:

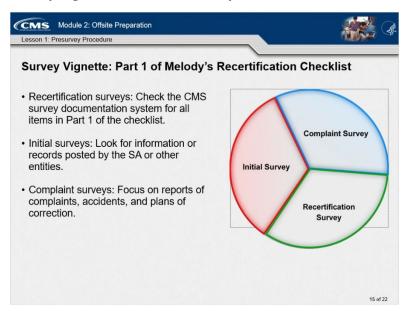
I have created my own personal checklist to help make sure that I haven't forgotten anything I need to do before I start a recertification survey for my assigned CMHC. This checklist keeps track of what I need to request once I am at the CMHC and ensures no important requests are overlooked. I make similar checklists when I prepare for initial and complaint surveys.

Survey Vignette: Melody's Recertification Checklist has Two Parts



Transcript:

My recertification checklist has two parts. I complete the first part before I go to the CMHC. The second part I review before I go to the CMHC so I know what information to request at the entrance conference. I check off the items in the second part of my checklist when I receive them during my onsite survey.

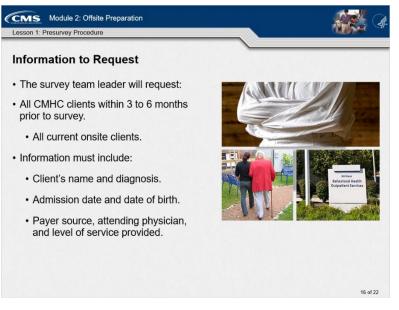


Survey Vignette: Part 1 of Melody's Recertification Checklist

Transcript:

No matter what survey I am conducting, I always check the CMS survey documentation system. Since I am conducting a recertification survey, I check the CMS survey documentation system for the information in Part 1 of my checklist. In an initial survey, I check the CMS survey documentation system to see if any information or records have been posted by the SA or other entities. For the complaint survey, I use the CMS survey documentation system to look for information about complaints, accidents, and plans of correction.

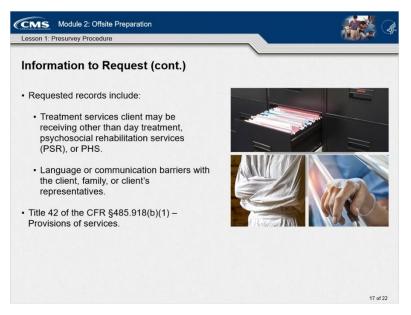
Information to Request



Transcript:

The team leader must request a list of people who were clients within three months prior to the survey date, as well as a list of current onsite clients. If this does not provide a sufficient number of clients for the sample then the time frame can be expanded to six months prior to the survey date. The information must include each client's name, diagnosis, admission date, birth date, payer source, attending physician, and the level of service provided.

Information to Request (cont.)



Transcript:

All requested records must include whether the client is receiving treatment services other than day treatment, psychosocial rehabilitation services, commonly referred to as PSR, or PHS. The records must also specify whether there are any language or communication barriers with the client, family, or client's representatives.

Information to Request (cont. 1)

CMS Module 2: Offsite Preparation	
Lesson 1: Presurvey Procedure	(LID)
Information to Request (cont. 1)	
 Team leaders must request records, from the past 3 months, of clients who have been: 	MELODY'S CMHC SURVEY CHECKLIST PART II: REVIEW HEI'OR: THE SURVEY AND COMPLETE AT CMHC Disquest air of al closes and sown works (Dick with the last 3 moths. Disquest air of a coment state (sins.)
Involved in incidents or accidents.	DNake sure the list has clean exame, disposes and sure admission and birth dates, payer source, attending physicals, and level of senice provided. Dispositional records need to acubuse all transmiss, there are reconsing, any language or communications barriers with the clience, there families, or the client representatives. Disposition creation of any client with have been senication or restrained.
Discharged from the CMHC.	Dispuest records of any clients discharged from the CMRC. Dispuest records of any clients whole is invident or accidents. Dispuest records of any clients who accessed 24-hour emergency care services. Differents, request list of traits psychiatric placements travenings.
 Accessed 24-hour emergency care services. 	Disputs any cleant doubt records valued to rectault or sociusion in the last 12 months. Community/hoties:
	Note: Review Part II of the checklos BE/ORE the CMINC survey. Complete the checklist as you receive the requested information.
	18 of 22

Transcript:

When requesting information from the CMHC, the team leader must request a list of clients who have been involved in incidents or accidents, such as restraint or seclusion, discharged from the facility or accessed 24-hour emergency care services in the past three months.

Information to Request (cont. 2)

CMS Module 2: Offsite Preparation	
Lesson 1: Presurvey Procedure	
Information to Request (cont. 2)	
 Look for evidence that seclusion or restraint caused any client's death in the last 12 months. Request those specific clients' death records. 	<section-header></section-header>
	19 of 22

Transcript:

If there is evidence that seclusion or restraint caused any client's death in the twelve months prior to the CMHC survey, it is necessary to request those client death records.

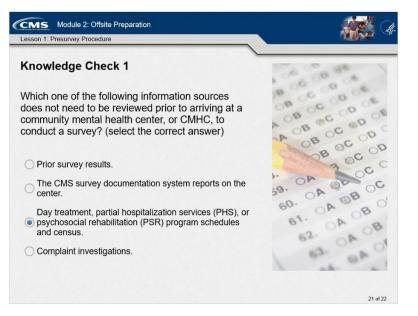
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Survey Vignette: Part 2 of Melody's Recertification Checklist

Transcript:

I use Part 2 of my checklist when I arrive at the CMHC for the recertification survey. If I am completing a complaint survey, I disregard part 2 and ask only for information related to the complaint.

Knowledge Check 1



Transcript:

Which one of the following information sources does not need to be reviewed prior to arriving at a CMHC to conduct a survey? (select the correct answer)

Prior survey results.

The CMS survey documentation system reports on the center.

Day treatment, partial hospitalization services (PHS), or psychosocial rehabilitation (PSR) program schedules and census.

Complaint investigations.

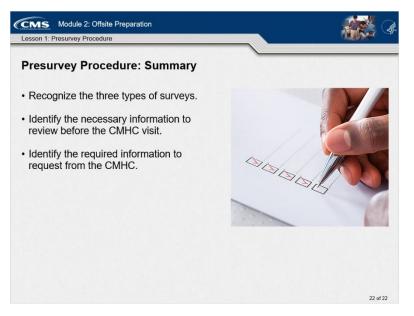
Correct Feedback:

That's right. You do not need to compile information regarding the program schedules and census on day treatment, partial hospitalization services (PHS), or psychosocial rehabilitation (PSR) programs prior to arriving at a community mental health center CMHC.

Incorrect Feedback:

That's not quite right. You do not need to compile information regarding the program schedules and census on day treatment, partial hospitalization services (PHS), or psychosocial rehabilitation (PSR) programs prior to arriving at a community mental health center CMHC.

Presurvey Procedure: Summary



Transcript:

In this lesson, you learned to recognize the three types of surveys, identify the necessary information to review before the CMHC survey, and identify the required information to request from the CMHC. Let's move on to Lesson 2, Composition of a Survey Team.

Lesson 2: Composition of a Survey Team

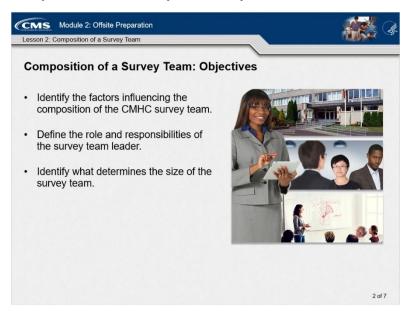
Composition of a Survey Team: Overview



Transcript:

The purpose of this lesson is for you to learn about the composition of a survey team.

Composition of a Survey Team: Objectives



Transcript:

After completing this lesson, you will be able to identify the factors influencing the composition of the survey team, define the role and responsibilities of the survey team leader, and identify what determines the size of the survey team.

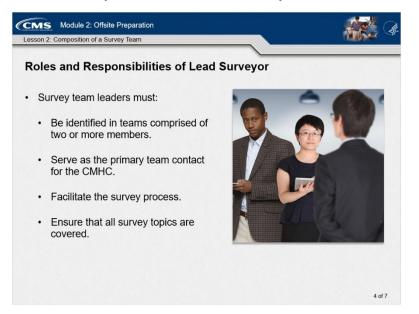
Survey Team Requirements



Transcript:

There are many factors that influence the structure of a survey team. While CMS recommends that surveyors have a background in psychiatric care or mental health services, it is not a requirement. Other factors are the surveyor's experience and education, and completion of CMHC surveyor training.

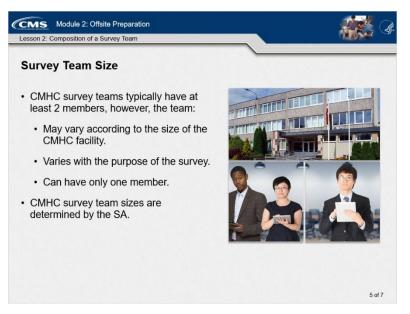
Roles and Responsibilities of Lead Surveyor



Transcript:

A lead surveyor is a very important member of the survey team. If there are two or more members in a survey team, there must be a team lead. As the primary point of contact for the CMHC, the lead surveyor facilitates the survey process and ensures all survey topics are covered.

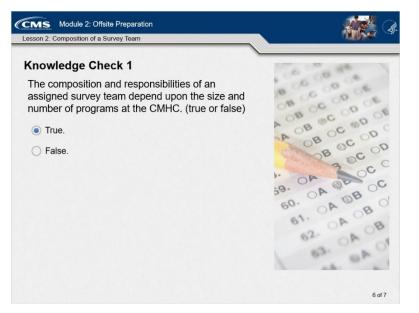
Survey Team Size



Transcript:

Typically, CMHC survey teams have at least two members. However, the size of the survey team varies according to the size of the CMHC facility and the purpose of the survey. The SA determines whether two or more surveyors are assigned to a team. Occasionally, one surveyor is assigned.

Knowledge Check 1



Transcript:

The composition and responsibilities of an assigned survey team depend upon the size and number of programs at the CMHC. (true or false)

True.

False.

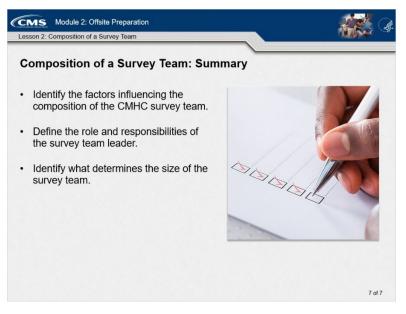
Correct Feedback:

That's right. The composition and responsibilities of a survey team depend on the size and number of programs at a CMHC.

Incorrect Feedback:

That's not quite right. The composition and responsibilities of a survey team depend on the size and number of programs at a CMHC.

Composition of a Survey Team: Summary



Transcript:

In this lesson, you learned to identify the factors influencing the composition of the CMHC survey team, define the roles and responsibilities of the survey team leader, and identify what determines the size of the survey team. Let's move on to Module 3, Entrance Conference.

Module 3: Entrance Conference

Module 3: Entrance Conference

Lesson 1 Entrance Conference

Module: Overview



Transcript:

The purpose of this module is for you to learn about the components of an entrance conference, determine the sample selection, coordinate the facility tour, and define Immediate Jeopardy, or IJ.

Let's begin with Lesson 1.

Entrance Conference: Overview



Transcript:

The purpose of this lesson is for you to learn about the components of an entrance conference for a community mental health center, CMHC.

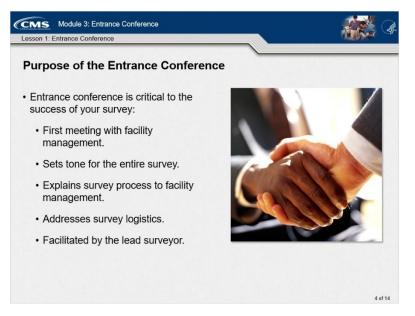
Entrance Conference: Objectives



Transcript:

After completing this lesson, you will be able to identify the purpose of an entrance conference, identify the duties of the lead surveyor, and identify what information to request during the entrance conference.

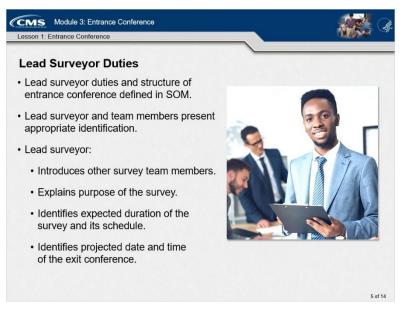
Purpose of the Entrance Conference



Transcript:

The entrance conference is a critical first meeting with the CMHC administrator, director, or center supervisor. It is important that you begin the conference with a greeting and friendly small talk. The meeting sets the tone for the survey, explains the survey process, and addresses related logistics. The lead surveyor facilitates this meeting.

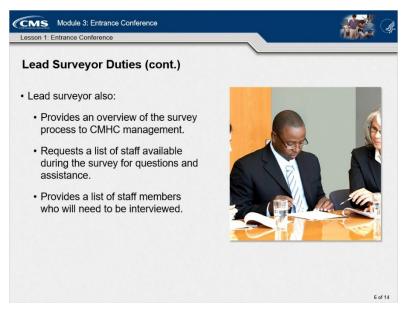
Lead Surveyor Duties



Transcript:

The State Operations Manual, or SOM, defines the lead surveyor's duties and approach to the entrance conference. It is important that all surveyors smile and appear friendly. The lead surveyor and team members present appropriate identification to the CMHC administrator or representative. The lead surveyor introduces the other survey team members. The lead surveyor informs the administrator of the purpose of the survey, the expected duration and schedule, and the projected date and time of the exit conference.

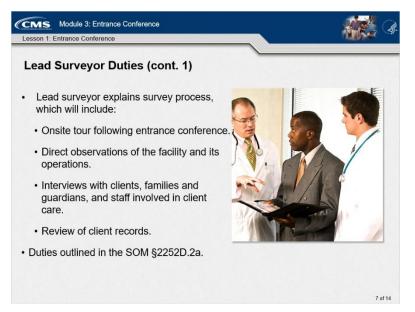
Lead Surveyor Duties (cont.)



Transcript:

The lead surveyor role in this process is very important. The lead surveyor must demonstrate solid leadership qualities and provides the CMHC with an overview of the survey process. The overview is a general review or outline of the survey process. The lead surveyor requests that the CMHC identify which staff are furnishing services and will be available throughout the survey for questions and assistance. The leader provides a list of the staff that the team will need to interview during the survey.

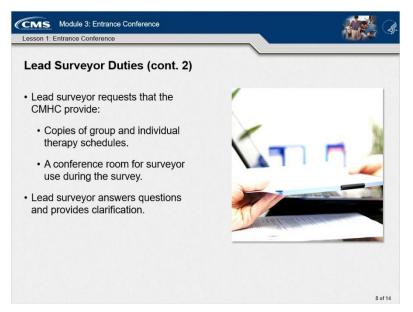
Lead Surveyor Duties (cont. 1)



Transcript:

It is vital that the lead surveyor expresses excellent oral communication skills. Part of the lead surveyor's responsibilities is to explain the survey process. The CMHC must understand that the process is a series of steps. The process includes an onsite tour by the survey team as soon as possible after the entrance conference. The process also includes direct observations; interviews with clients or guardians, their families, and the staff involved in their care; and a review of relevant client records.

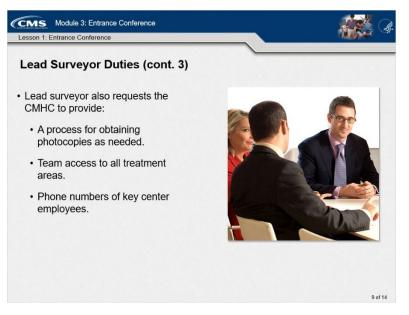
Lead Surveyor Duties (cont. 2)



Transcript:

To facilitate the survey process, the lead surveyor will ask the CMHC administrator to provide copies of group and individual therapy schedules, as well as a conference room for the surveyors to use during the survey. Keep in mind that this may take some planning on the part of the CMHC, because these items may not be readily available. The lead surveyor will answer questions and provide clarification if needed.

Lead Surveyor Duties (cont. 3)



Transcript:

This process might be overwhelming for the CMHC. To help them through the process, the lead surveyor will also ask the CMHC to establish a process for obtaining photocopies of any material as needed, arrange team access to all treatment areas, and provide phone numbers of key center employees.

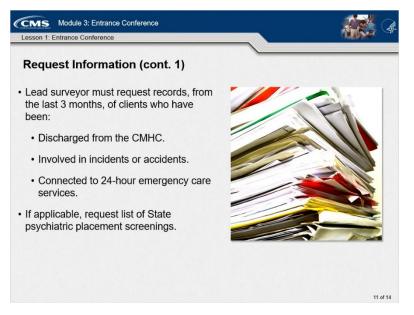
Request Information



Transcript:

The lead surveyor must also request that all records include detailed information, such as whether the client is receiving treatment services other than day treatment, partial hospitalization service, or PHS, or psychosocial rehabilitation, or PSR; and whether there are any language or communication barriers.

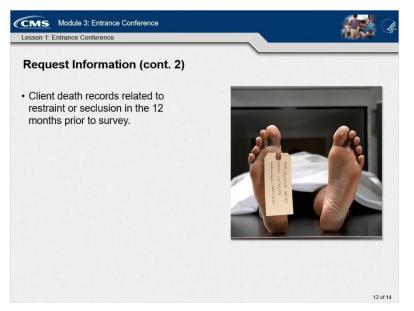
Request Information (cont. 1)



Transcript:

In this next step of the process, the lead surveyor will gather sensitive information. The leader must also request a list of clients who, in the last 3 months prior to the survey, were involved in incidents or accidents, discharged from the facility or accessed 24-hour emergency care services. A list of State psychiatric placement screenings should also be requested, if applicable.

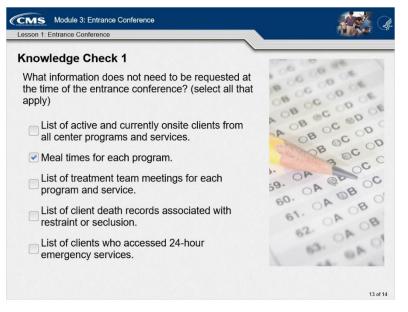
Request Information (cont. 2)



Transcript:

An important part of this documentation gathering process is that the lead surveyor makes sure the information includes any client death records associated with restraint or seclusion in the 12 months prior to the survey.

Knowledge Check 1



Transcript:

What information does not need to be requested at the time of the entrance conference? (select all that apply)

List of active and currently onsite clients from all center programs and services.

Meal times for each program.

List of treatment team meetings for each program and service.

List of client death records associated with restraint or seclusion.

List of clients who accessed 24-hour emergency services.

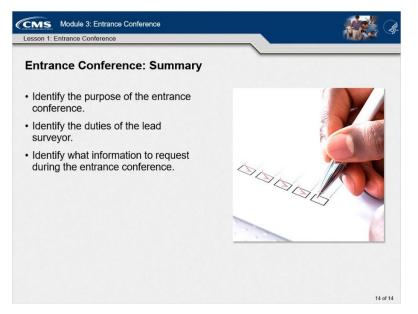
Correct Feedback:

That's right. Surveyors need to know the therapy schedules for clients, but not their meal times.

Incorrect Feedback:

That's not quite right. Surveyors need to know the therapy schedules for clients, but not their meal times.

Entrance Conference: Summary



Transcript:

In this lesson, you learned to identify the purpose of an entrance conference, identify the duties of the lead surveyor, and identify what information to request during the entrance conference.

Let's move on to the next lesson in this module, Immediate Jeopardy.

Lesson 2: Immediate Jeopardy

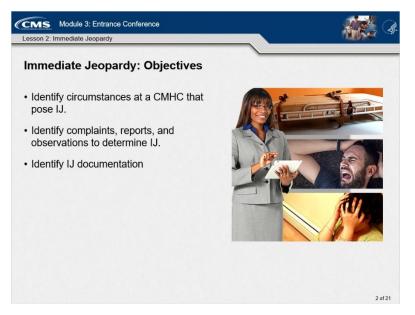
Immediate Jeopardy: Overview



Transcript:

The purpose of this lesson is to recognize immediate jeopardy, or IJ, for complaints, incident reports and observations for a CMHC. The SOM Appendix Q provides guidance for determining IJ.

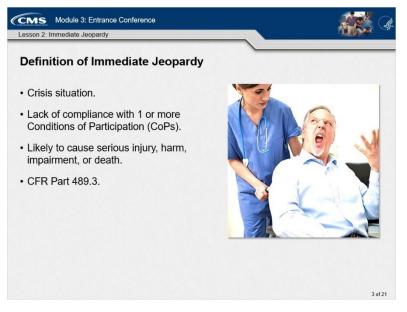
Immediate Jeopardy: Objectives



Transcript:

After completing this lesson, you will be able to identify circumstances at a CMHC that pose IJ; identify complaints, reports, and observations to determine IJ; and identify IJ documentation.

Definition of Immediate Jeopardy



Transcript:

Immediate Jeopardy is a crisis situation at a CMHC that puts the health of an individual or individuals at risk. The crisis situation is related to the CMHC's lack of compliance with one or more conditions of participation, or CoPs, and has caused or is likely to cause serious injury, harm, impairment, or death.

Definition of Abuse



Transcript:

A crisis situation at a CMHC may be due to abuse of an individual or individuals by CMHC staff or other clients. Abuse refers to the deliberate injury, unreasonable confinement, intimidation, or punishment of an individual that results in physical harm, pain, or mental anguish.

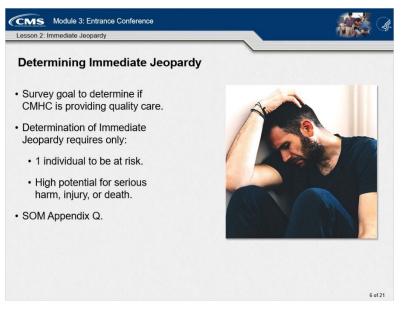
Definition of Neglect



Transcript:

Immediate Jeopardy can also be the result of neglect. If CMHC staff do not provide goods or services necessary for treatment, a client or clients may suffer physical harm, pain, mental anguish, or emotional distress.

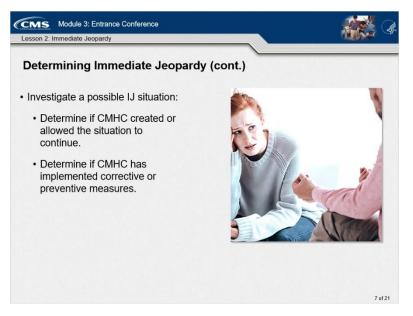
Determining Immediate Jeopardy



Transcript:

When conducting a CMHC survey, the goal is to make sure quality care is being provided to all individuals at the CMHC, and identify when it is not. As a surveyor, recognizing provider noncompliance is key to preventing serious harm, injury, or even death. By reporting individuals at risk, you may prevent risk to other individuals. Similarly, any high potential for serious harm, injury, or death should also be considered IJ.

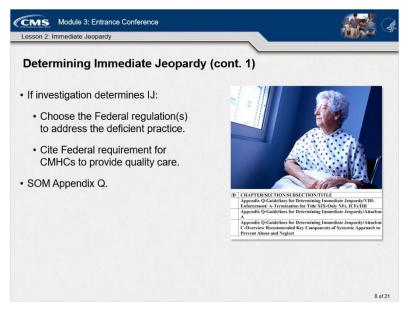
Determining Immediate Jeopardy (cont.)



Transcript:

Once you identify a possible IJ situation, you need to gather evidence to confirm or rule out IJ. Consider the following questions: Did the CMHC create the situation or allow the situation to continue, resulting in serious harm or potential for serious harm? Has the CMHC had an opportunity to implement corrective or preventive measures?

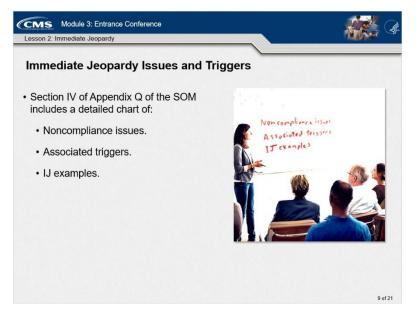
Determining Immediate Jeopardy (cont. 1)



Transcript:

If after completing the investigation you and your team have determined that the situation is a case of IJ, choose the specific Federal regulation or regulations to address the deficient practice. If a regulation is not found specific to the situation, cite the Federal requirement that all CMHCs providing Medicare and Medicaid have a responsibility to provide quality care.

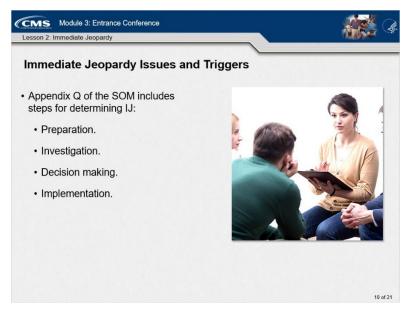
Immediate Jeopardy Issues and Triggers



Transcript:

When you and your team consider evidence that you have gathered concerning possible IJ situations, look at Appendix Q in Section IV of the SOM. This section provides a detailed chart of noncompliance issues and their triggers. The triggers provide examples of situations that are most likely to result in IJ.

Immediate Jeopardy Issues and Triggers



Transcript:

Appendix Q of the SOM also provides detailed descriptions of the recommended steps for determining IJ. These steps include preparation, investigation, decision making, and implementation.

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Steps in Determining Immediate Jeopardy: Preparation

Transcript:

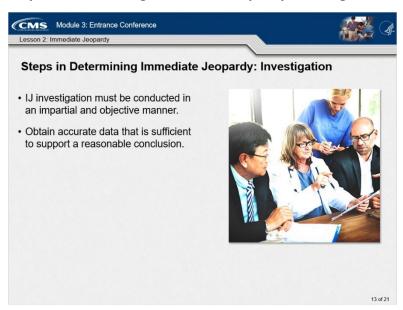
When determining IJ, you and your team should already be familiar with the content of Appendix Q. Keeping the guidelines foremost in your minds will decrease the possibility of missing an IJ situation.

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Steps in Determining Immediate Jeopardy: Preparation (cont.)

Transcript:

Make sure that you and your team are familiar with the seven key components of a CMHC's systematic approach to prevent abuse and neglect in Attachment C. The seven key components include: screening, training, prevention, identification, investigation, protection, and reporting and response.



Steps in Determining Immediate Jeopardy: Investigation

Transcript:

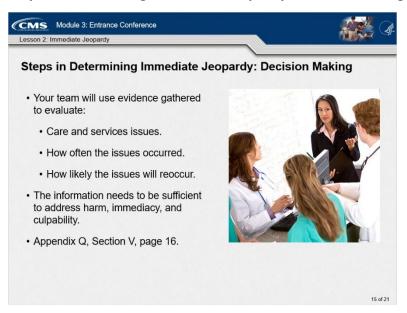
The investigation of possible IJ must be conducted in an impartial, objective manner. You and your team want to make sure that you have obtained accurate data that is sufficient to support a reasonable conclusion. Section V provides detailed guidelines concerning observation, interview notes, and record review that are critical to the investigation.

Steps in Determining Immediate Jeopardy: Investigation (cont.)



Transcript:

If you or another team member suspect an IJ situation, you need to notify your team leader immediately. Your team leader will coordinate all efforts to investigate, including contacting the State Agency, or SA, per the SA protocol and gathering information to address who, what, when, and why the IJ occurred. Section V of Appendix Q includes guiding questions and examples of actual cases and related team actions.

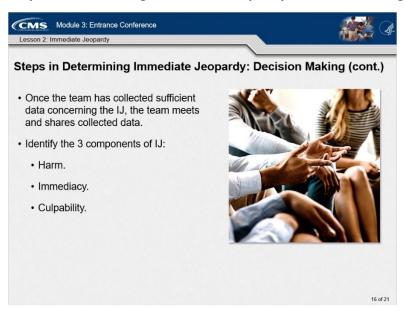


Steps in Determining Immediate Jeopardy: Decision Making

Transcript:

You and your team will use the evidence you have gathered to evaluate the care and services issues that you're investigating, how often the issues occurred, and how likely the issue will reoccur. The information you have gathered needs to be sufficient to address the three components of IJ: harm, immediacy, and culpability.

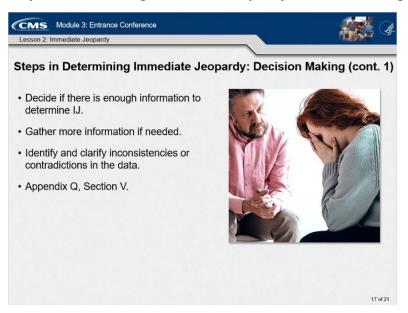
Steps in Determining Immediate Jeopardy: Decision Making (cont.)



Transcript:

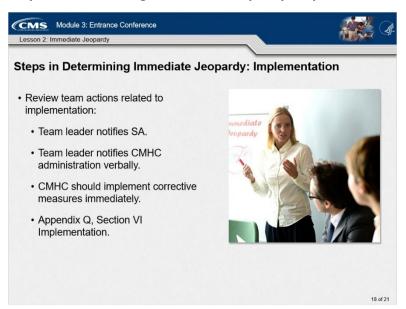
Once your team leader is satisfied that the team has collected sufficient data concerning the IJ, your team will meet and share the collected data. The team will identify the critical components of Immediate Jeopardy.

Steps in Determining Immediate Jeopardy: Decision Making (cont. 1)



Transcript:

The team will evaluate if there is enough information to determine IJ. If not, continue the investigation and gather more information. If you have enough information, identify and clarify any inconsistencies or contradictions in the data, determine the specific Federal regulation for the situation, and consult with the SA if needed. Appendix Q includes examples of the decision-making process and outcomes.



Steps in Determining Immediate Jeopardy: Implementation

Transcript:

The next step in the Immediate Jeopardy process is implementation. If your team reaches a consensus that IJ is present at a CMHC, your team leader will contact the State Agency for an expedited review. Your team leader will also contact other agencies as needed. Your team should also notify the CMHC. Review details concerning SA and team actions in Appendix VI Implementation to ensure proper procedures are followed.

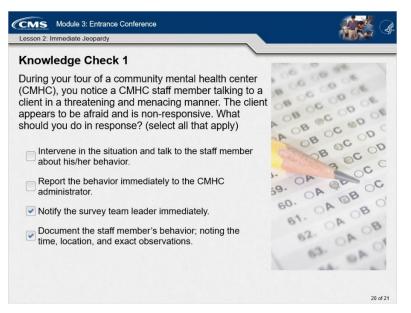
Determining Immediate Jeopardy: Documentation

CMS Module 3: Entrance Conference	
Lesson 2: Immediate Jeopardy	CLOSS**
Determining Immediate Jeopardy:	Documentation
 Condition level of IJ must be noted on Form 2567. 	Statistics Non-Next of the Control of the
 Detailed instructions are provided in Appendix Q, Section VII. 	LAMOUTHING DELEVANT TO T
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Transcript:

The condition level of IJ at the CMHC must be noted on Form 2567. For detailed instructions on how to cite the condition level see Appendix Q, Section VII.

Knowledge Check 1



Transcript:

During your tour of a community mental health center (CMHC), you notice a CMHC staff member talking to a client in a threatening and menacing manner. The client appears to be afraid and is non-responsive. What should you do in response? (select all that apply)

Intervene in the situation and talk to the staff member about his/her behavior.

Report the behavior immediately to the CMHC administrator.

Document the staff member's behavior; noting the time, location, and exact observations.

Notify the survey team leader immediately.

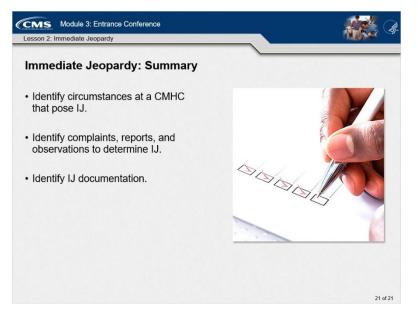
Correct Feedback:

That's right. You should document the staff member's behavior; noting the time, location, and exact observations. You should also notify your survey team leader immediately when you suspect an Immediate Jeopardy (IJ) situation.

Incorrect Feedback:

That's not quite right. You should document the staff member's behavior; noting the time, location, and exact observations. You should also notify your survey team leader immediately when you suspect an Immediate Jeopardy (IJ) situation.

Immediate Jeopardy: Summary



Transcript:

In this lesson, you learned to identify circumstances at a CMHC that pose IJ; identify complaints, reports, and observations to determine IJ; and identify IJ documentation. Let's move on to the next lesson, Onsite Tour.

Lesson 3: Onsite Tour

Onsite Tour: Overview



Transcript:

The purpose of this lesson is for you to learn about what to look for in your onsite tour.

Onsite Tour: Objectives



Transcript:

After completing this lesson, you will be able to identify tour logistics, identify what to look for in each type of area in a CMHC, identify the CoPs that correlate to observations, and identify areas that will require further investigation.

Tour Logistics



Transcript:

Conduct a tour of all areas of the CMHC as soon as possible after the conclusion of the entrance conference. The staff of the CMHC is welcome to accompany you. This is your first opportunity to see any potential deficiencies or to identify areas of the CMHC that warrant further observation or inspection.

Touring Treatment and Therapy Rooms



Transcript:

Within a CMHC, the areas used for treatment and therapy programs should be free of potential hazards. Each room's condition and contents must accommodate the assigned treatment type and needs. During the tour focus on three M-Tags: M0310, M0328, and M0349. All of the M-Tags ensure the client privacy and dignity in different settings.

Touring Treatment and Therapy Rooms (cont.)



Transcript:

When touring rooms used by the interdisciplinary treatment team and where a client or their representative will be present, verify that the rooms are private and ensure dignity. The rooms should be functional and comfortable and provide for confidentiality when discussing treatment issues and topics.

Touring Common and Social Areas



Transcript:

The CMHC must provide a safe, functional, sanitary, and comfortable environment for clients and staff. To that end, client common and social areas must be conducive to easy interactions and free of potential hazards. The space should be functional and comfortable, and all exits need to be marked appropriately. The M-Tag M0346 focuses on functionality and comfort.

Touring Client Property Storage



Transcript:

The CMHC must provide accommodations for respectful treatment of the client and the client's personal property. Respectful treatment includes designated storage, ample access to the storage, and providing privacy for the client as referenced by M0127.

Touring Rooms Used in Restraint and Seclusion



Transcript:

In facilities that use restraint or seclusion, look for a designated and appropriate space that is free of potential hazards, clean and sanitary. Equipment used in restraint and seclusion must be stored properly

Touring Rooms Used in Restraint and Seclusion (cont.)



Transcript:

Most CMHCs don't use restraint or seclusion due to the associated risks and because they lack appropriate space. These CMHCs must have an alternative method for managing clients who are a threat to themselves or others.

Touring Records Management Space



Transcript:

During the tour, ask to see the areas reserved for the storage and management of client records. This area must have sufficient storage for all records, ensure confidentiality, and be secure. Signs that the CMHC follows the Health Insurance Portability and Accountability Act, or HIPAA, must be posted.

Touring Medication Services and Storage Rooms



Transcript:

Medication services and storage must be designated rooms with adequate lighting. The rooms must ensure client privacy and dignity. The rooms must provide for safe and secure storage of all medications.

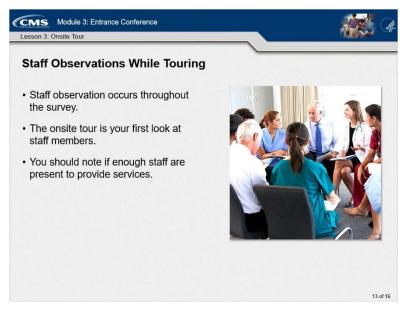
Touring Bathroom Facilities



Transcript:

Bathroom facilities need to be clean and sanitary in appearance and allow for client privacy and dignity. There must be a designated bathroom or bathrooms that are in compliance with the Americans with Disabilities Act, or ADA

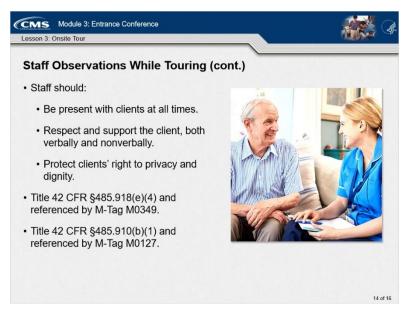
Staff Observations While Touring



Transcript:

Although you will be observing staff members throughout your survey, this is your first opportunity. It is important to note if staffing is sufficient for the services being provided.

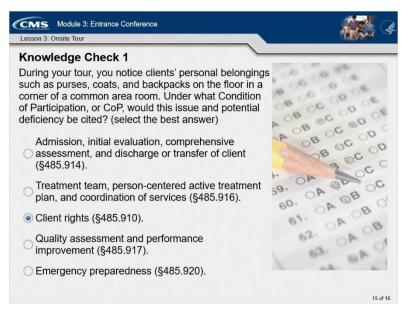
Staff Observations While Touring (cont.)



Transcript:

Observe if staff are present with clients at all times. Staff should respect and support the client, both verbally and nonverbally. Staff must protect clients' right to privacy and dignity.

Knowledge Check 1



Transcript:

During your tour, you notice clients' personal belongings such as purses, coats, and backpacks on the floor in a corner of a common area room. Under what Condition of Participation, or CoP, would this issue and potential deficiency be cited? (select the best answer)

Admission, initial evaluation, comprehensive assessment, and discharge or transfer of client (§485.914).

Treatment team, person-centered active treatment plan, and coordination of services (§485.916).

Client rights (§485.910).

Quality assessment and performance improvement (§485.917).

Emergency preparedness (§485.920).

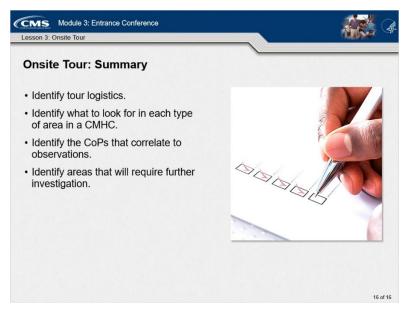
Correct Feedback:

That's right. Under §485.910(b)(1)(ii) and referenced by M-Tag M0127, the client has the right to have his or her property and person treated with respect.

Incorrect Feedback:

That's not quite right. Under §485.910(b)(1)(ii) and referenced by M-Tag M0127, the client has the right to have his or her property and person treated with respect.

Onsite Tour: Summary



Transcript:

In this lesson, you learned to identify tour logistics, what to look for in each type of area in a CMHC, the CoPs that correlate to observations, and areas that will require further investigation. Let's move on to the last lesson, Client Sampling.

Lesson 4: Client Sampling

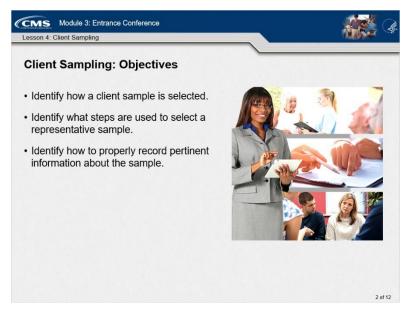
Client Sampling: Overview



Transcript:

The purpose of this lesson is for you to identify how a client sample is selected and the proper way to document a sample selection.

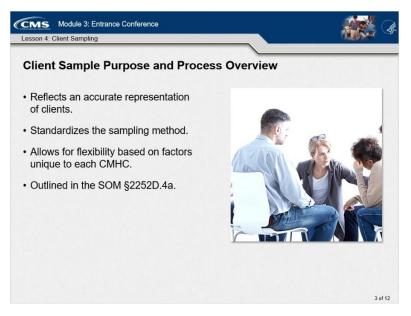
Client Sampling: Objectives



Transcript:

After completing this lesson, you will be able to identify how a client sample is selected, identify what steps are used to select a representative sample, and how to properly record pertinent information about the sample.

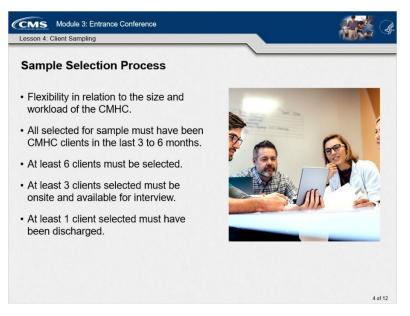
Client Sample Purpose and Process Overview



Transcript:

The purpose of a sample of clients is to reflect an accurate representation of all clients from the four core service areas. The sample selection process standardizes the sampling method to select a client sample. The methodology allows for flexibility in sample selection based on factors unique to each center, as outlined in the SOM.

Sample Selection Process



Transcript:

As mentioned previously, there is some flexibility in the sample selection process related to the size and workload of the CMHC. The team must randomly select the sample from a list of all clients the CMHC has served in the last three to six months. At least six clients must be selected with at least half onsite and available for interview. At least one client must be discharged.

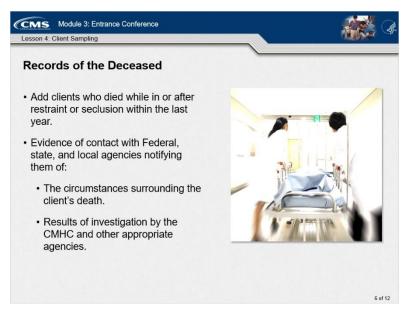
Sample Selection Process (cont.)

CMS Module 3: Entrance Conference	
Module 3: Entrance Conference Lesson 4: Client Sampling Sample Selection Process (cont.) • If a complaint is being investigated, all clients involved must be in the survey sample. • Remove any client admitted within 7 business days prior to the survey.	Complaints
	50112

Transcript:

If a complaint is being investigated at the time of the survey, include records of all clients named in the complaint as part of the survey sample. For all survey samples, remove any client admitted within seven business days prior to the survey. Clients who have been recently admitted may not have enough information on file, which takes time away from observations and interviews of clients with upcoming discharges.

Records of the Deceased



Transcript:

Death records need to be reviewed, as applicable during a survey. Clients should be added to the sample if they died while in or after restraint or seclusion within the last year. Evidence should exist of documented contact with federal, state, and local agencies, notifying them of the circumstances surrounding the client's death and resulting outcomes from investigation by the CMHC and other appropriate agencies.

Management of Survey Sample

CMS Module 3: Entrance Conference	***
Lesson 4: Client Sampling Management of Survey Sample Surveyors may add clients based on observations, interviews, or incidents.	
 A CMHC may request that a client not be included for clinical reasons. CMHCs requesting that multiple clients be removed may need further review. 	Clent Sample Selection #7.45050 Selection #7.58400 Selection #665763 Selection #2534900 Selection #7.439002
	7012

Transcript:

The sample list of clients for a survey can change. Surveyors may add clients to the sample, based on findings from observations, interviews, or incidents that occur during the survey. A CMHC may request that a client not be included for clinical reasons; however, you may still observe and do a record review. Be watchful of a CMHC requesting that several clients be removed from the sample.

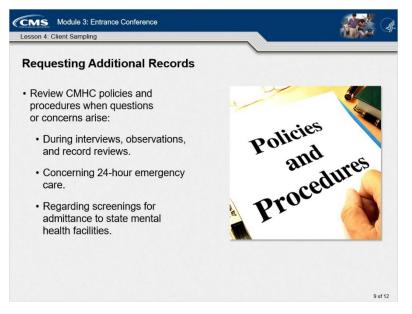
Sample Documentation

CMS Module 3: Entrance Conference Lesson 4: Client Sampling	
Sample Documentation • What to document:	
 The clients selected for the sample and the sample distribution. 	INTERPORT
The record number and unique identifier code for each client in the sample.	TAG-CONCENNS DOCUMENTATION
 The reason a client was added to the sample after initial selection. 	
 The number of clients removed from the sample and the justification. 	
 Form CMS-807, Surveyor Notes Worksheet, can be used. 	
	8 of

Transcript:

Surveyors can use Form CMS-807, Surveyor Notes Worksheet, to list the clients selected for the sample and the distribution of the sample. You must ensure that the sample is well documented, including the client's record number; a unique identifier code; the reason a client was added to the sample, such as a complaint or observation; and the number of clients removed from the sample and the justification.

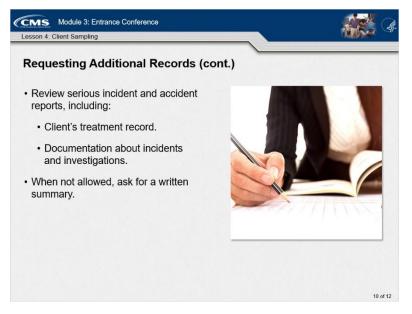
Requesting Additional Records



Transcript:

It is important for you to have as much information as possible. Therefore, in addition to the client records, you should review policies and procedures when questions or concerns arise during interviews, observations, and record reviews. This may include questions or concerns regarding the 24-hour emergency care services or screening for admittance to state mental health facilities.

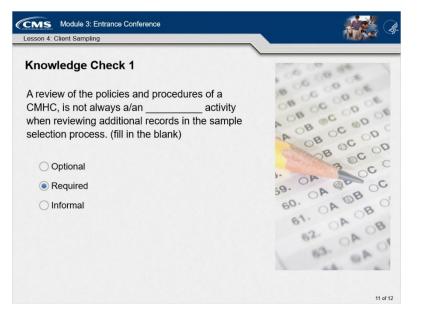
Requesting Additional Records (cont.)



Transcript:

Requesting records can be a tedious process. Therefore, you should also review any serious injury and occurrence reports, unless prohibited by state law. If the state law prohibits review of the actual report, request a written summary.

Knowledge Check 1



Transcript:

A review of the policies and procedures of a CMHC, is not always a/an ______ activity when reviewing additional records in the sample selection process. (fill in the blank)

Optional

Required

Informal

Correct Feedback:

That's right. A review of the policies and procedures of a CMHC is not always required when reviewing additional records in the sample selection process. Reviews of policies and procedures typically occur as the result of an observed deficiency or an interview or complaint.

Incorrect Feedback:

That's not quite right. A review of the policies and procedures of a CMHC is not always required when reviewing additional records in the sample selection process. Reviews of policies and procedures typically occur as the result of an observed deficiency or an interview or complaint.

Client Sampling: Summary



Transcript:

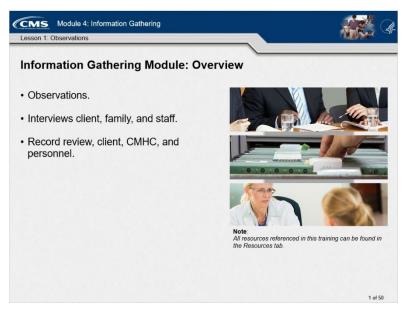
In this lesson, you learned to identify how a client sample is selected, identify what steps are used to select a representative sample, and how to properly record pertinent information about the sample. Let's move on to Module 4, Information Gathering.

Module 4: Information Gathering

Module 4: Information Gathering

Lesson 1: Observations

Information Gathering Module: Overview



Transcript:

The purpose of this module is for you to learn how to request, gather, analyze, and disseminate evidence of a community mental health center's, or CMHC's, compliance with the requirements in the condition of participation, or CoP.

Let's begin with Lesson 1: Observations.

Observations: Overview



Transcript:

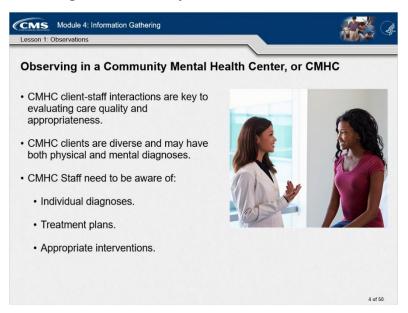
The purpose of this lesson is for you to learn about methods for observation and observing for compliance to CFR regulations.

Observations: Objectives



Transcript:

After completing this lesson, you will be able to identify the purpose of direct client observation, potentially unsafe conditions and practices, the adequacy, structure, and management of the therapeutic environment, and recognize observational cues to determine facility compliance.

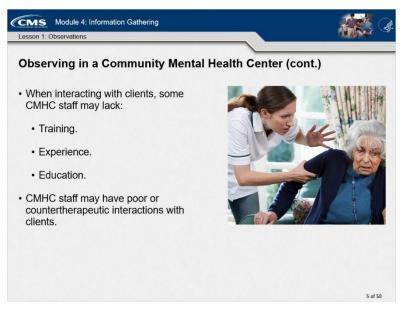


Observing in a Community Mental Health Center, or CMHC

Transcript:

Observations of clients, staff, and their interactions allow a survey team to assess the quality and appropriateness of the care that is provided. Clients served by CMHCs are diverse and complex, due to many having both physical and mental diagnoses. Observe if staff is aware of client diagnoses, treatment plans, and provide the appropriate interventions.

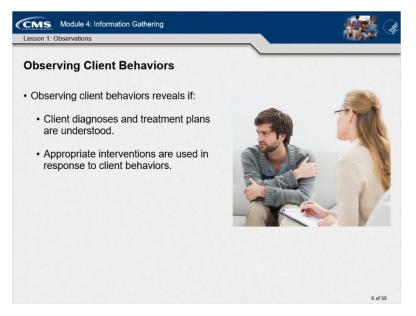
Observing in a Community Mental Health Center (cont.)



Transcript:

Observing staff interactions with clients can reveal if staff lack training, experience, and education. An example is when some staff demonstrate poor or countertherapeutic interactions with clients.

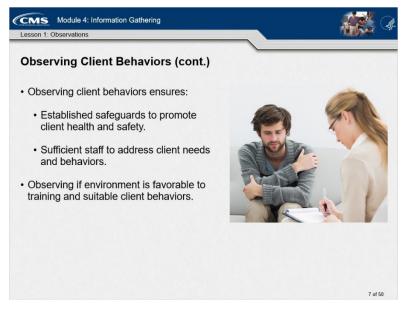
Observing Client Behaviors



Transcript:

Observing clients also allows surveyors to determine if the staff is knowledgeable about individual diagnoses and treatment plans. Surveyors must be able to look for evidence that CMHC staff are able to recognize client behaviors and intervene correctly.

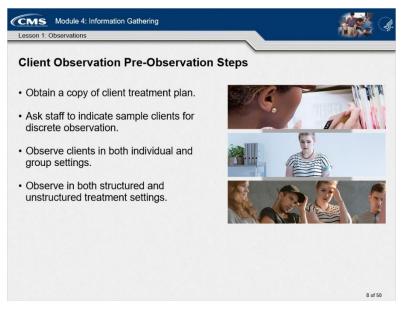
Observing Client Behaviors (cont.)



Transcript:

Observing client behaviors also helps to determine if safeguards are in place to ensure client health and safety. Adequate observation ensures that there are sufficient staff to address client needs and behaviors, and that the environment is favorable to training and promoting suitable client behaviors.

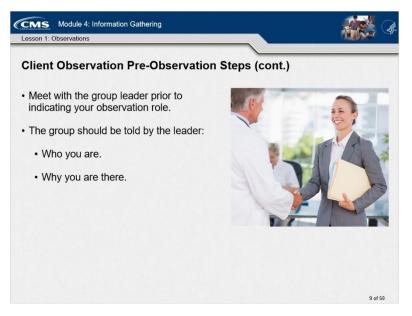
Client Observation Pre-Observation Steps



Transcript:

Prior to observation, have a copy of a client's treatment plan. Ask a staff member to identify sample clients, so observations can be done unobtrusively. Observe the client alone and in structured or unstructured treatment settings, such as scheduled groups or experiential activities.

Client Observation Pre-Observation Steps (cont.)



Transcript:

Prior to an observation, introduce yourself to the facilitator before the session begins. It is important that you maintain a professional and friendly demeanor. Request that no comments be directed to you during your observation. The session facilitator should introduce you, and inform the individual or group of your purpose.

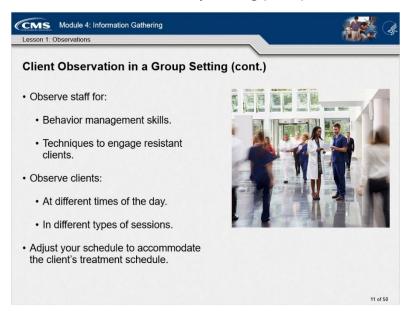
Client Observation in a Group Setting



Transcript:

Notes on an observed activity should not be taken until after the observation is complete and you are not observed by clients. Observe each sampled client in as many treatment sessions as possible. Observe long enough to assess the sampled client's level of participation. Conduct at least one observation of each client in your sample.

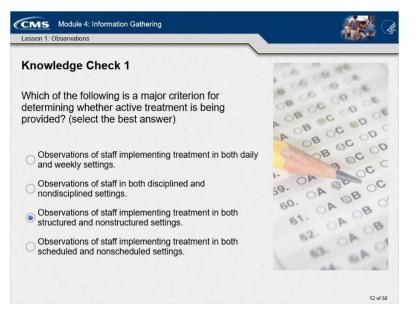
Client Observation in a Group Setting (cont.)



Transcript:

Observe whether staff uses appropriate behavior management skills and techniques to engage resistant clients. Conduct observations of a variety of sessions at different times of the day. Adjust your schedule to accommodate the client's treatment schedule.

Knowledge Check 1



Transcript:

Which of the following is a major criterion for determining whether active treatment is being provided? (select the best answer)

Observations of staff implementing treatment in both daily and weekly settings.

Observations of staff in both disciplined and nondisciplined settings.

Observations of staff implementing treatment in both structured and nonstructured settings.

Observations of staff implementing treatment in both scheduled and nonscheduled settings.

Correct Feedback:

That's right. Staff must be observed in both a structured and nonstructured setting to determine if active treatment is being provided.

Incorrect Feedback:

That's not quite right. Staff must be observed in both a structured and nonstructured setting to determine if active treatment is being provided.

Observing CMHC Services for Compliance



Transcript:

The CMHC must organize, manage, and administer its resources to provide services, including services for children, the elderly, individuals with serious mental illness, and service area residents who have recently been discharged from an inpatient facility. Observe for evidence of compliance with the CoP requirements. If required client populations are not present at CMHC during the survey, check records and staff interviews to see if there is evidence that they are or have been receiving services.

Observing Client Rights and Program Services



Transcript:

Surveyor evaluates staff and client interactions by observing if client rights are being respected and protected and observing for evidence of provision of services to clients.

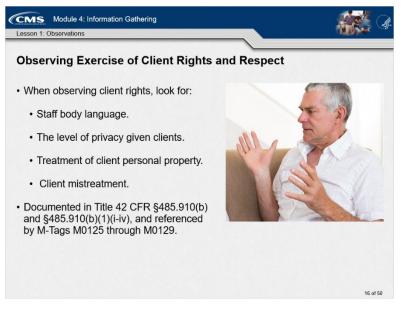
Observing Rights Notice



Transcript:

During the initial evaluation, the CMHC must provide the client, the client's representative or surrogate with verbal and written notice of the client's rights and responsibilities. The verbal notice must be in a language and manner that the client or client's representative or surrogate understands. Written notice must be understandable to persons who have limited English proficiency.

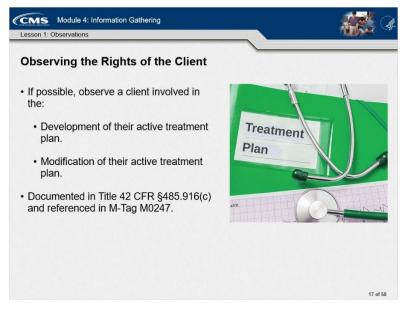
Observing Exercise of Client Rights and Respect



Transcript:

The client has the right to exercise their rights as a client of the CMHC and have their property and person treated with respect. The client may voice grievances and understand the grievance process. The client may not be subjected to discrimination or reprisal for exercising their rights. Observe staff for body language, the privacy they give to clients, and how they respect client property.

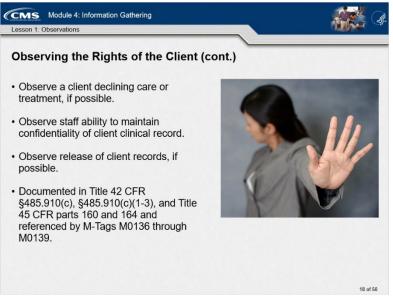
Observing the Rights of the Client



Transcript:

The active treatment plan must have an account of interventions and service type, duration, and frequency, to meet the client's needs and documentation of client or representative involvement and agreement with the plan.

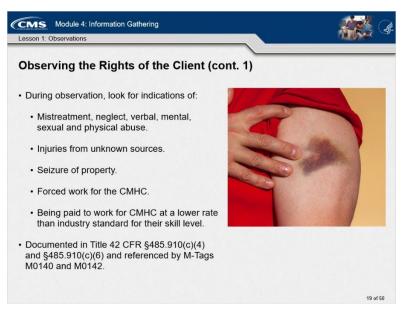
Observing the Rights of the Client (cont.)



Transcript:

The client has the right to refuse care or treatment and have a confidential clinical record. Access to or release of client information and the clinical record is permitted only in accordance with CFR requirements.

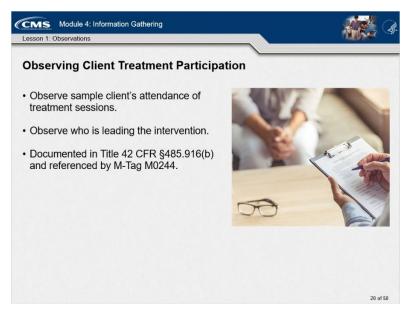
Observing the Rights of the Client (cont. 1)



Transcript:

The client also has the right to be free from mistreatment, neglect, or verbal, mental, sexual, and physical abuse, including injuries of an unknown source, and misappropriation of client property. The client cannot be compelled to perform services for the CMHC. Furthermore, they must be compensated by the CMHC for any work performed for the CMHC at prevailing wages and commensurate with the client's abilities.

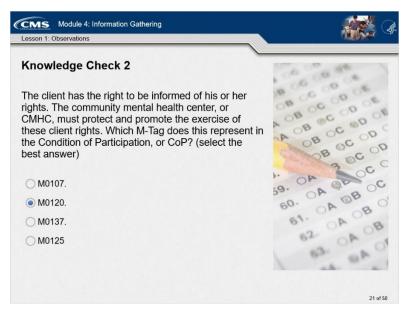
Observing Client Treatment Participation



Transcript:

When documenting your observations, include your sample client's attendance. Use a copy of your sample client's treatment plan to determine if they are attending the treatments, as stated in their treatment plan, as well as the steps taken by the individual guiding those interventions.

Knowledge Check 2



Transcript:

The client has the right to be informed of his or her rights. The community mental health center, or CMHC, must protect and promote the exercise of these client rights. Which M-Tag does this represent in the Condition of Participation, or CoP? (select the best answer)

M0107.

M0120.

M0137.

M0125

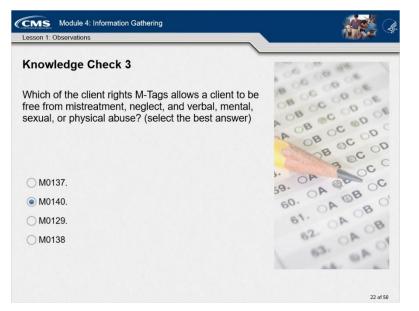
Correct Feedback:

That's right. M-Tag 120 pertains to CoP Client Rights.

Incorrect Feedback:

That's not quite right. M-Tag 120 pertains to CoP Client Rights.

Knowledge Check 3



Transcript:

Which of the client rights M-Tags allows a client to be free from mistreatment, neglect, and verbal, mental, sexual, or physical abuse? (select the best answer)

M0137. M0140. M0129. M0138

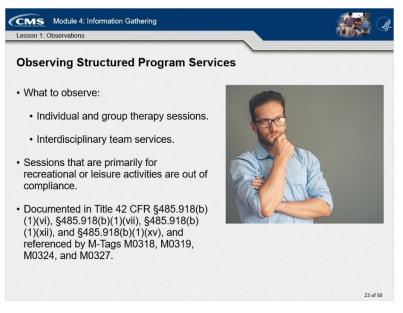
Correct Feedback:

That's right. As documented in Title 42 CFR §485.910(c)(4) and referenced in M-Tag M0140, clients have the right to be free from mistreatment, neglect, or verbal, mental, sexual, and physical abuse.

Incorrect Feedback:

That's not quite right. As documented in Title 42 CFR §485.910(c)(4) and referenced in M-Tag M0140, clients have the right to be free from mistreatment, neglect, or verbal, mental, sexual, and physical abuse.

Observing Structured Program Services



Transcript:

Observation of formal services should include individual and group therapy sessions with physicians, psychologists, or other mental health professionals. These sessions should not be primarily recreational or diversionary.

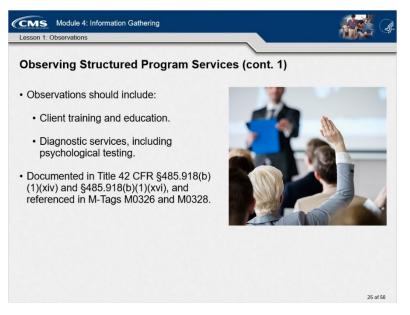
Observing Structured Program Services (cont.)



Transcript:

Observation of formal services should also include administration of drugs and biologicals furnished for therapeutic purposes, which cannot be self-administered, as determined by regulations. You should also observe any family counseling where the primary purpose is treatment of the individual's condition.

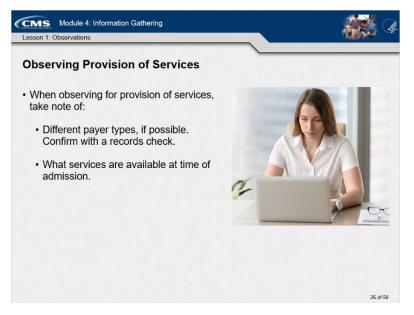
Observing Structured Program Services (cont. 1)



Transcript:

Observation of formal services should include client training and education, to the extent that training and educational activities are closely and clearly related to the individual's care and treatment, such as a group where the goal is to educate the client about their clinical diagnosis, symptoms, and treatment options. Observation of diagnostic services could include psychological testing.

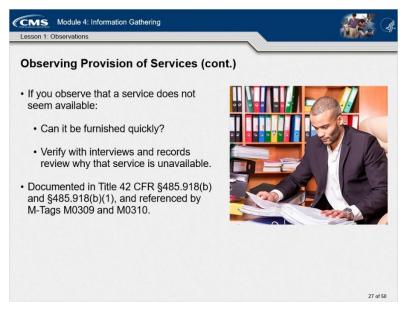
Observing Provision of Services



Transcript:

A CMHC must be primarily engaged in providing care and services to all clients regardless of payer type. They must have services available to a client at time of admission.

Observing Provision of Services (cont.)



Transcript:

Some CMHCs have professionals or services contracted and can provide services quickly. Sometimes they aren't actively providing a service due to a lack of need. Look for evidence that they provided the service in the past and that they can again.

Observing 24-Hour Emergency Care



Transcript:

Now that we have explored the provision of service, the next topic is observing 24-hour emergency care. The CMHC must provide 24-hour emergency care services. There is no exact requirement for 24-hour emergency care. Use the CFR requisite that services are provided in "a manner consistent with the following accepted standards of practice" to decide compliance. Emergency care must provide live access to a clinician, and ensure suitable followup and notation in the client's medical record.

Observing CMHC Services



Transcript:

The CMHC must provide at least one of these services: day treatment, psychosocial rehabilitation services, or PSR, or partial hospitalization services, or PHS. These services must be provided at the CMHC and not in a home, inpatient or residential setting.

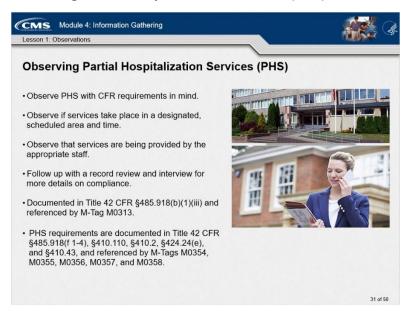
Observing Day Treatment and Psychosocial Rehabilitation Services (PSR)



Transcript:

As you observe the day treatment, include the space being used to provide these services, staff providing the services, schedule of services being provided, and attendance by client sample. Follow up with a record review and interview for more details on compliance.

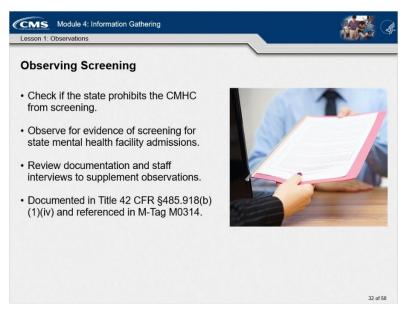
Observing Partial Hospitalization Services (PHS)



Transcript:

As you are observing PHS consider the requirements in the CFR. Observation of PHS will include the space being used to provide these services, staff providing the services, schedule of services being provided, and attendance by client sample.

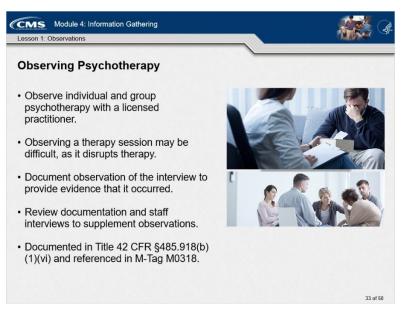
Observing Screening



Transcript:

CMHCs must offer screening for clients being considered for admission to state mental health facilities to determine the appropriateness of such services, unless otherwise directed by state law. You may not have an opportunity to observe a client being screened for possible admission to a state facility. Use document review and staff interviews to determine compliance.

Observing Psychotherapy



Transcript:

The CMHC must provide individual and group psychotherapy with a psychiatrist, psychologist, or other licensed mental health counselor, to the extent authorized under state law. Individual therapy may be hard to observe due to the disruption to the therapeutic dynamic. Even with consent, observing a session may reduce its benefit. The CoP is met if you have interview or records proof that individual therapy is occurring.

Observing Physician and Psychiatric Nurse Services



Transcript:

The CMHC must provide physician and psychiatric nursing services. Physician services may be observed as clients enter an appointment with the doctor. Nursing services are more common since they have a dual role as a medical and mental health professional. If the CMHC provides drugs, medications or biologicals, they may be providing that service. Nurses may run therapy or education groups or conduct assessments.

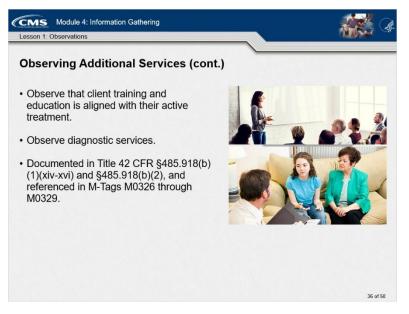
Observing Additional Services



Transcript:

A CMHC must provide clinical social work services by a state licensed professional. The CMHC must also provide family counseling and occupational therapy, or OT, services. OT therapists may provide services under contract. The CMHC must provide services of other staff trained to work with psychiatric clients and administer drugs and biologicals furnished for therapeutic purposes that cannot be self-administered.

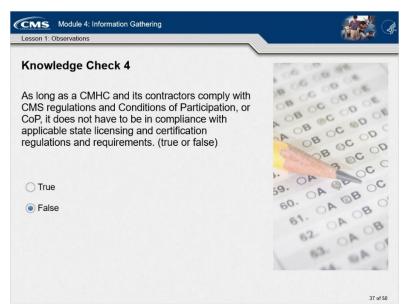
Observing Additional Services (cont.)



Transcript:

The CMHC must provide client training and education as related to the individual's care and active treatment, and offer individualized therapeutic activity services that are not primarily recreational or diversionary, and provide diagnostic services. The CMHC and individuals furnishing services on its behalf must meet applicable state licensing and certification requirements.

Knowledge Check 4



Transcript:

As long as a CMHC and its contractors comply with CMS regulations and Conditions of Participation, or CoP, it does not have to be in compliance with applicable state licensing and certification regulations and requirements. (true or false)

True.

False.

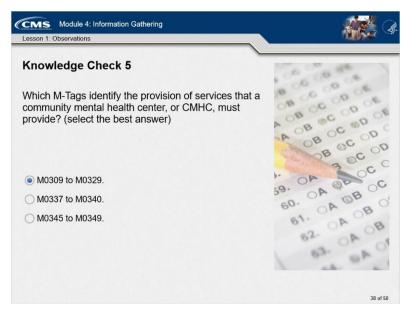
Correct Feedback:

That's right. A CMHC and its contractors must comply with all state licensing and certification regulations and requirements.

Incorrect Feedback:

That's not quite right. A CMHC and its contractors must comply with all state licensing and certification regulations and requirements.

Knowledge Check 5



Transcript:

Which M-Tags identify the provision of services that a community mental health center, or CMHC, must provide? (select the best answer)

M0309 to M0329.

M0337 to M0340.

M0345 to M0349.

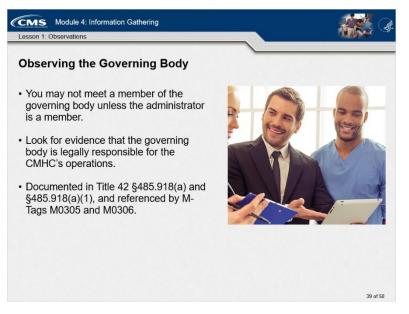
Correct Feedback:

That's right. The M-Tags that identify the provision of services that a CMHC must provide are found in M0309 through M0329.

Incorrect Feedback:

That's not quite right. The M-Tags that identify the provision of services that a CMHC must provide are found in M0309 through M0329.

Observing the Governing Body



Transcript:

You may not encounter a member of the governing body, unless the administrator is on the board. The governing body has full legal authority and responsibility for the CMHC's operations and services and the responsibility for ensuring that the CMHC is managed by the administrator and any managers they appoint.

Observing the Administrator



Transcript:

The moment for observing the administrator begins at the entrance conference and may continue during the survey. The CMHC is managed by the administrator and any managers they appoint.

Observing the Interdisciplinary Team



Transcript:

For each client of the CMHC, there must be evidence of an active treatment team consisting of disciplines based on the needs identified in the client's comprehensive assessment. An interdisciplinary treatment team, led by a physician, nurse practitioner, or NP, physician assistant, or PA, clinical nurse specialist, or CNS, clinical psychologist, or clinical social worker, must provide the care and services offered by the CMHC.

Observing the Interdisciplinary Team (cont.)



Transcript:

Members of the interdisciplinary treatment team must be appropriately trained and competent to provide CMHC services. As you observe group therapies, individual therapy or case management, treatment team meetings or treatment plan development or updates, expect these professionals to be involved, dependent on the treatment needs of the client. If you are unable to verify this requirement through observation, verify compliance from client interview and records review.

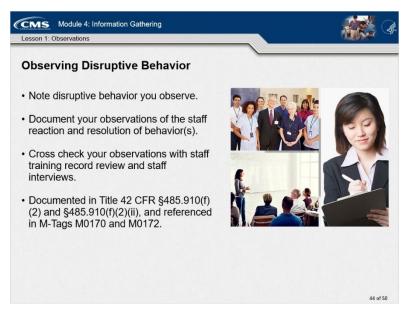
Observing Staff Competence



Transcript:

When documenting your observations regarding the ability of a staff member to lead a group or activity and keep clients on task, document the staff skills and competencies that were used. A CMHC must assess the skills and competence of staff furnishing care and provide training and education as needed. There must be written policies and procedures on how to assess competency and a description of training provided during the last year.

Observing Disruptive Behavior



Transcript:

When documenting your observations regarding the presence of disruptive behaviors, note the staff's ability to manage this behavior and reference staff training. The CMHC must require all staff caring for clients to have appropriate education, training, and demonstrated knowledge of the use of nonphysical intervention skills, based on the specific needs of the client population.

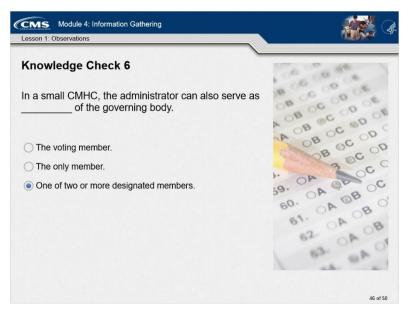
Observing the Active Treatment Plan



Transcript:

All CMHC care and services furnished to clients must be consistent with an individualized, written, active treatment plan established by the interdisciplinary treatment team and consistent with treatment goals and objectives. Each client and client's caregiver(s), as applicable, receive education and training consistent with the client's and caregiver's responsibilities, as identified in the active treatment plan.

Knowledge Check 6



Transcript:

In a small CMHC, the administrator can also serve as ______ of the governing body.

The voting member.

The only member.

One of two or more designated members.

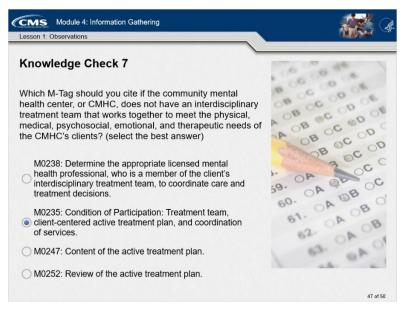
Correct Feedback:

That's right. A CMHC must have a designated governing body made up of 2 or more designated members.

Incorrect Feedback:

That's not quite right. A CMHC must have a designated governing body made up of 2 or more designated members.

Knowledge Check 7



Transcript:

Which M-Tag should you cite if the community mental health center, or CMHC, does not have an interdisciplinary treatment team that works together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of the CMHC's clients? (select the best answer)

M0238: Determine the appropriate licensed mental health professional, who is a member of the client's interdisciplinary treatment team, to coordinate care and treatment decisions.

M0235: Condition of Participation: Treatment team, client-centered active treatment plan, and coordination of services.

M0247: Content of the active treatment plan.

M0252: Review of the active treatment plan.

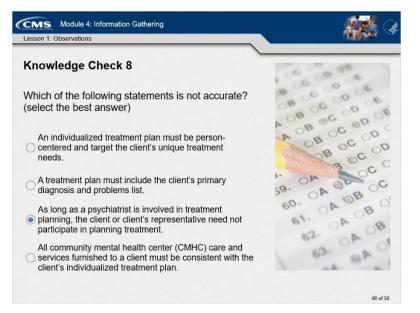
Correct Feedback:

That's right. If there is no designated treatment team, then this would significantly impact the client treatment and progress as well as a number of the other tags/regulatory requirements not being met.

Incorrect Feedback:

That's not quite right. If there is no designated treatment team, then this would significantly impact the client treatment and progress as well as a number of the other tags/regulatory requirements not being met.

Knowledge Check 8



Transcript:

Which of the following statements is not accurate? (select the best answer)

An individualized treatment plan must be person-centered and target the client's unique treatment needs.

A treatment plan must include the client's primary diagnosis and problems list.

As long as a psychiatrist is involved in treatment planning, the client or client's representative need not participate in planning treatment.

All community mental health center (CMHC) care and services furnished to a client must be consistent with the client's individualized treatment plan.

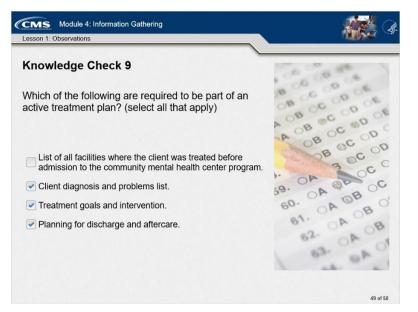
Correct Feedback:

That's right. The CMHC must develop a person-centered individualized active treatment plan for each client. The active treatment plan must take into consideration client recovery goals and the issues identified in the comprehensive assessment.

Incorrect Feedback:

That's not quite right. The CMHC must develop a person-centered individualized active treatment plan for each client. The active treatment plan must take into consideration client recovery goals and the issues identified in the comprehensive assessment.

Knowledge Check 9



Transcript:

Which of the following are required to be part of an active treatment plan? (select all that apply)

List of all facilities where the client was treated before admission to the community mental health center program.

Client diagnosis and problems list.

Treatment goals and intervention.

Planning for discharge and aftercare.

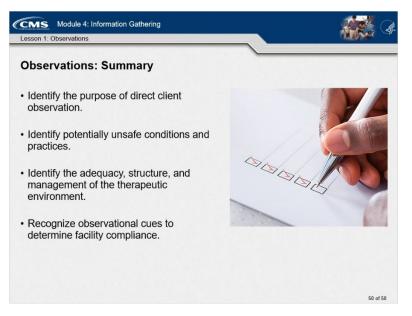
Correct Feedback:

That's right. The history of facilities where the client received treatment is contained in the initial evaluation, but primarily in the comprehensive assessment.

Incorrect Feedback:

That's not quite right. The history of facilities where the client received treatment is contained in the initial evaluation, but primarily in the comprehensive assessment.

Observations: Summary



Transcript:

In this lesson, you learned to identify the purpose of direct client observation, potentially unsafe conditions and practices, the adequacy, structure, and management of the therapeutic environment, and recognize observational cues to determine facility compliance. Let's move on to the next lesson in this module, Client Interview.

Lesson 2: Client Interviews

Client Interviews: Overview



Transcript:

The purpose of this lesson is for you to learn about recommended interview techniques for clients and how to connect interviews to regulatory requirements.

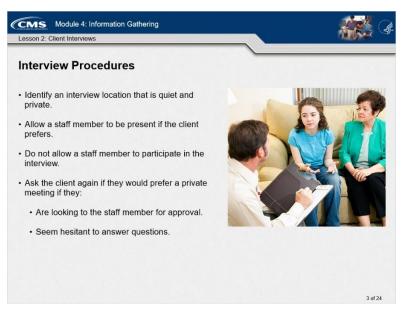
Client Interviews: Objectives



Transcript:

After completing this lesson, you will be able to identify the recommended interview techniques used when surveying clients and how client interviews are used in evaluating compliance with the CoPs.

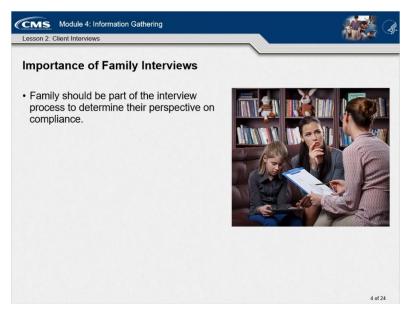
Interview Procedures



Transcript:

Prior to conducting interviews, identify a location for the interviews that is quiet and private. Although most clients will speak with you in private, some may want a staff member present. Staff members may be present during an interview, but they should not participate. If you observe the client continually looking to the staff member for approval or seeming to hesitate to answer your questions, ask him or her again if they would prefer to meet with you alone.

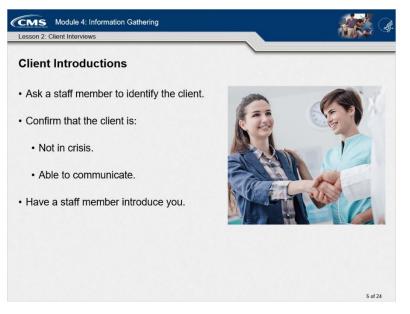
Importance of Family Interviews



Transcript:

A major goal of treatment at a CMHC is the reintegration of the client back into the family and the community. Since the family is often involved with the client care and services, the family should be part of the interview process to determine their perspective on compliance.

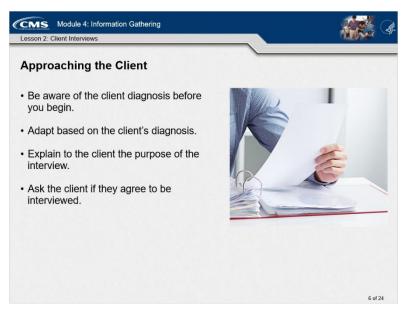
Client Introductions



Transcript:

When you begin the interview process for a specific client, have a staff member identify the client. You need to confirm that the client is able to speak with you and not experiencing a crisis and able to communicate. Have the staff member introduce you.

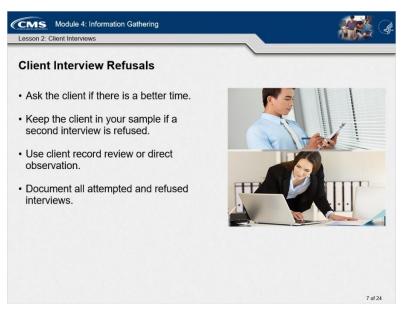
Approaching the Client



Transcript:

A client may have anxiety, suspicion, or paranoia that could affect your interview; be aware of the client diagnosis before you begin. Adapt your approach based on the client's diagnosis, explain the purpose of the interview, and ask them if they would like to participate.

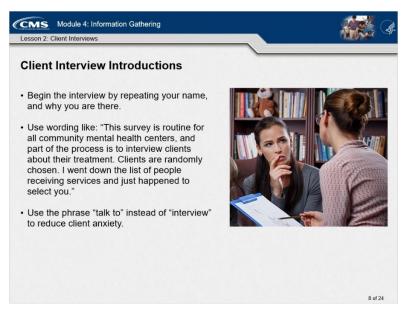
Client Interview Refusals



Transcript:

There will be instances when a client refuses to be interviewed. Ask if you can return later or establish a better time. Avoid scheduling interviews during a meal or favorite activity. If the client continues to refuse to be interviewed a second time, do not delete them from your sample, but instead focus on the review of the client's records and your direct observations. Make sure to document all attempted and refused interviews.

Client Interview Introductions



Transcript:

As you begin to interview a client, repeat your name and why you are there. To put the client at ease you may want to begin with wording like: "This survey is routine for all community mental health centers, and part of the process is to interview clients about their treatment. Clients are randomly chosen. I went down the list of people receiving services and just happened to select you." You may adjust your wording to your client's needs, such as using the phrase "talk to" in place of the word "interview."

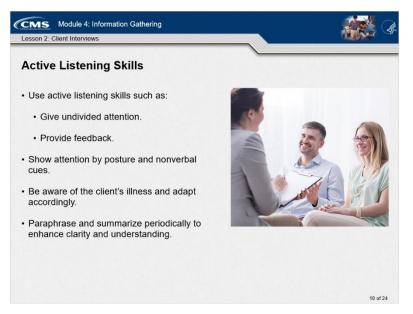
Client Interview Techniques



Transcript:

When you are interviewing a client, there are some techniques that may help. Use silence to encourage client participation and ask open-ended questions. Avoid leading questions and be ready to redirect the conversation if needed. Do not interrupt the client. Interviews generally last 10 to 15 minutes unless a client has been involved in a major incident. If the client begins to show signs of irritation, stop the interview. Be sure to allow time for client questions and to thank the client for their time.

Active Listening Skills



Transcript:

Active listening skills can be invaluable when interviewing CMHC clients. Make sure to give the client your undivided attention and show that you are listening through feedback, posture, and nonverbal cues. You should adjust your posture and tone to adapt to the client's diagnosis. Make sure to paraphrase and summarize what the client has said to enhance clarity and understanding. Don't interrupt the client, and treat them as you think they want to be treated.

Determine Treatment



Transcript:

When you are interviewing a client, make sure you ask both general and specific questions that allow you to verify regulatory compliance. On the following screens you will find some general questions for your use. Questions on this screen include the length of client treatment, the circumstances that brought them to the CMHC, who is on their interdisciplinary treatment team, what treatments they get, and for how long. Ask the client if they attend any groups, which ones, and what they like or dislike.

Understanding Treatment



Transcript:

Here are more general questions for your reference. These questions include asking the client what their medicinal requirements are while at the CMHC, and who dispenses any medications. You could ask questions about their plans after they finish treatment and if they have any physical problems that are being treated at the CMHC. You may also ask about recreation or physical activity groups and if the client has ever been concerned for their safety or the safety of others while at the CMHC.

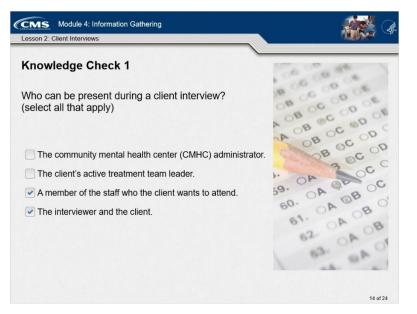
Assessing Treatment



Transcript:

During your interview, make sure to ask clients about the climate of the CMHC. You could ask the client if they feel they have been helped since coming to the CMHC and if they would refer others to this center. Ask if there is any staff member who has helped them the most and how, and if there is any staff who weren't helpful and how. Ask the client if there is anything they would change if they were in charge at the CMHC.

Knowledge Check 1



Transcript

Who can be present during a client interview? (select all that apply)

The community mental health center (CMHC) administrator.

The client's active treatment team leader.

A member of the staff who the client wants to attend.

The interviewer and the client.

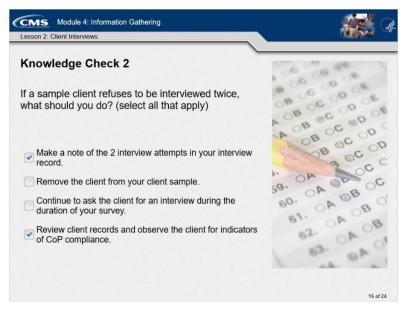
Correct Feedback:

That's correct. Only a staff member who is requested by the client may be present with the interviewer and the client during an interview.

Incorrect Feedback:

That's incorrect. Only a staff member who is requested by the client may be present with the interviewer and the client during an interview.

Knowledge Check 2



Transcript:

If a sample client refuses to be interviewed twice, what should you do? (select all that apply)

Make a note of the 2 interview attempts in your interview record.

Remove the client from your client sample.

Continue to ask the client for an interview during the duration of your survey.

Review client records and observe the client for indicators of CoP compliance.

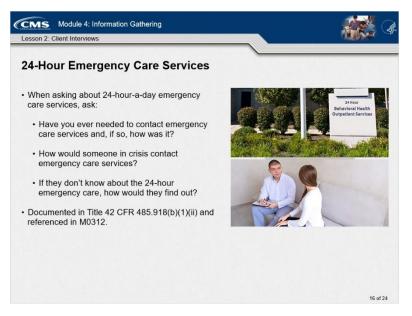
Correct Feedback:

That's correct. If the client refuses your initial interview, ask if you can return later and identify a better time. If they refuse a second time, do not delete them from the sample and use review of client record and direct observation to gain information. Be sure to document interview requests and document refusals.

Incorrect Feedback:

That's incorrect. If the client refuses your initial interview, ask if you can return later and identify a better time. If they refuse a second time, do not delete them from the sample and use review of client record and direct observation to gain information. Be sure to document interview requests and document refusals.

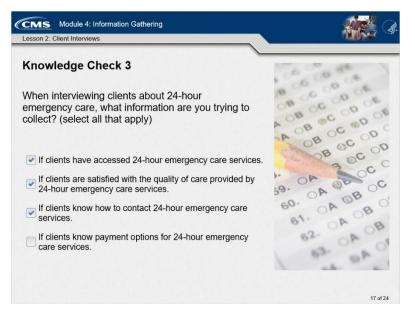
24-Hour Emergency Care Services



Transcript:

When interviewing about 24-hour emergency care services, you will ask your client if they have ever accessed the CMHC 24-hour emergency care services and how their experience was. If they haven't accessed the emergency care services, ask your client to describe how someone would access and receive help using the CMHC's 24-hour emergency care service. If your client doesn't know how to access the CMHC's emergency services, ask them how they would find out.

Knowledge Check 3



Transcript:

When interviewing clients about 24-hour emergency care, what information are you trying to collect? (select all that apply)

If clients have accessed 24-hour emergency care services.

If clients are satisfied with the quality of care provided by 24-hour emergency care services.

If clients know how to contact 24-hour emergency care services.

If clients know payment options for 24-hour emergency care services.

Correct Feedback:

That's correct. The regulatory requirements provide no directive or guidance on what comprises emergency care services. The expectation is that the CMHC will provide industry standards with regard to emergency care services. That's correct. When interviewing clients, you are collecting information concerning client access to and satisfaction with the quality of care provided through a CMHC's 24-hour emergency care services. You are also checking to see if they know how to contact 24-hour emergency care services.

Incorrect Feedback:

That's not quite right. When interviewing clients, you are collecting information concerning client access to and satisfaction with the quality of care provided through a CMHC's 24-hour emergency care services. You are also checking to see if they know how to contact 24-hour emergency care services.

Treatment Services



Transcript:

During your interview, make sure to ask a client about the specific services they receive. Ask the client to describe what services they take part in and how they are helping them meet their goals. You will compare this to the needs and goals documented in the client's comprehensive assessment and active treatment plan. Questions of this nature can provide proof of compliance with the CoPs that involve the provision of services, the active treatment plan and the comprehensive assessment.

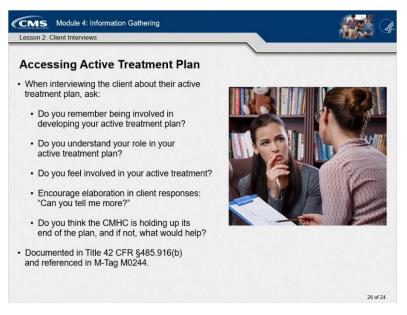
Active Treatment Plan



Transcript:

A client's active treatment plan is an integral part of their care at a CMHC. When you interview a client, you need to ask them specific questions about their active treatment plan. You will need to ask them if they are aware of the treatment plan, and understand it and its goals and interventions.

Accessing Active Treatment Plan



Transcript:

More questions about your client's active treatment plan can include if they were involved in developing their plan and if they understand their part in it. Ask if your client thinks that they are involved in the plan and encourage elaboration. Lastly, you will want to ask your client if they think that the CMHC is holding up its end of the plan, and if not, what could be done to help.

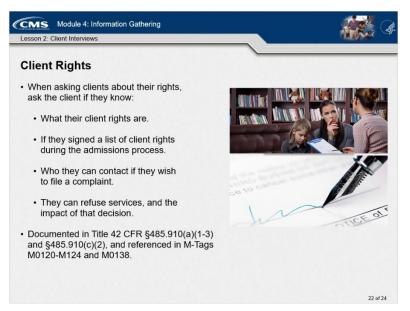
Treatment Team



Transcript:

The interdisciplinary treatment team is responsible for services provided to each client. When asking a client about their team, ask them to identify what persons and clinical disciplines are on their team and if the members of the team regularly attend treatment team meetings. Ask them to give an example of when their team coordinated care or shared treatment information with an outside care service provider.

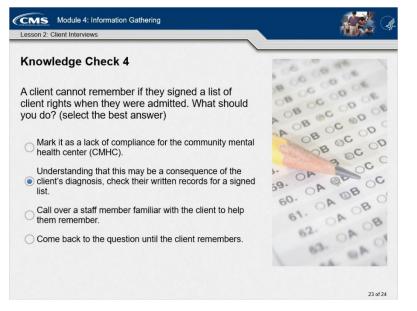
Client Rights



Transcript:

When you interview your client, ask them to describe what their rights are as a client of the CMHC. Ask them if they recall signing a list of rights during their admission. The client should also be aware of the complaint process. Ask your client about the grievance process and who they should go to if they feel their rights have been violated. You should also ask your client if they know they can refuse care, and the impact of that decision.

Knowledge Check 4



Transcript:

A client cannot remember if they signed a list of client rights when they were admitted. What should you do? (select the best answer)

Mark it as a lack of compliance for the community mental health center (CMHC).

Understanding that this may be a consequence of the client's diagnosis, check their written records for a signed list.

Call over a staff member familiar with the client to help them remember.

Come back to the question until the client remembers.

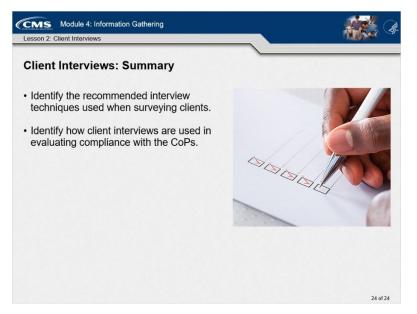
Correct Feedback:

That's correct. Some clients' mental state or diagnosis may interfere with correctly answering interview questions. Always confirm answers with a record review and observation.

Incorrect Feedback:

That's incorrect. Some clients' mental state or diagnosis may interfere with correctly answering interview questions. Always confirm answers with a record review and observation.

Client Interviews: Summary



Transcript:

In this lesson, you learned to identify the recommended interview techniques used when surveying clients and how client interviews are used in evaluating compliance with the CoPs. Let's move on to the next lesson in this module, Staff Interviews.

Lesson 3: Staff Interviews

Staff Interviews: Overview



Transcript:

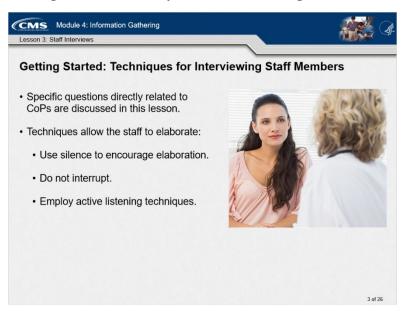
The purpose of this lesson is to develop the skills necessary to effectively interview CMHC staff for CoP compliance.

Staff Interviews: Objectives



Transcript:

After completing this lesson, you will be able to establish a process for selecting staff to interview, identify appropriate interview techniques, develop specific questions that will help to confirm CoP compliance, and identify questions for emergency preparedness compliance.



Getting Started: Techniques for Interviewing Staff Members

Transcript:

In this lesson you will explore specific questions regarding the administration, staff, and services that CMHC staff members should know. Ask general questions in a conversational manner to uncover specific information. Use silence to allow for elaboration, don't interrupt, and use active listening to engage interviewees.

Getting Started: General Staff Interview Questions



Transcript:

General staff interview questions include: How do you know if the client is progressing toward treatment goals and discharge? What changes have been or could be made to a treatment plan to help the client reach their goals? Are you adequately prepared through education and training to engage clients? Do you have the appropriate education and training to help the client treatment?

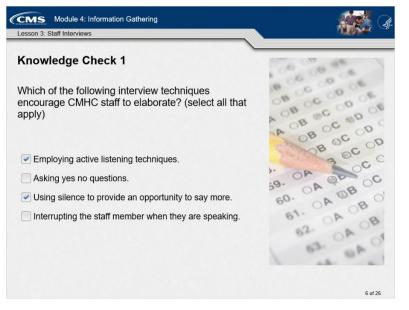
Identifying Staff to Interview



Transcript:

Before you begin, create a list of the staff you need to interview. This list should include the administrator and members of the interdisciplinary teams assigned to clients in the sample group; include a mental health technician in direct contact with clients. Ensure that all services provided by the CMHC are represented in your selections.

Knowledge Check 1



Transcript:

Which of the following interview techniques encourage CMHC staff to elaborate? (select all that apply)

Employing active listening techniques.

Asking yes no questions.

Using silence to provide an opportunity to say more.

Interrupting the staff member when they are speaking.

Correct Feedback:

That's correct. Interview techniques that encourage elaboration include employing active listening techniques and using silence to provide an opportunity for CMHC staff to say more.

Incorrect Feedback:

That's not quite right. Interview techniques that encourage elaboration include employing active listening techniques and using silence to provide an opportunity for CMHC to say more.

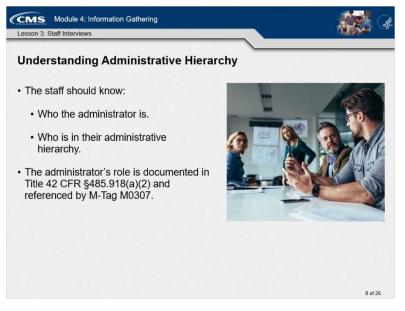
Types of Information

CMS Module 4: Information Gathering	(#
Lesson 3: Staff Interviews Types of Information	
 Roles and responsibilities. 	
 Policies and procedures. 	
Emergency preparedness.	Roles and Responsibilities Policies and Procedures Emergency Preparedness
	7 of 26

Transcript:

Interviews are conducted to determine compliance. When interviewing staff members and administrators try to obtain information concerning roles and responsibilities, policies and procedures, and emergency preparedness.

Understanding Administrative Hierarchy



Transcript:

Staff members should have a general understanding of the administrative hierarchy of the CMHC. When asking staff about the CMHC's administrator and the administrative structure, ask different staff members who is responsible for the CMHC's day-to-day operations.

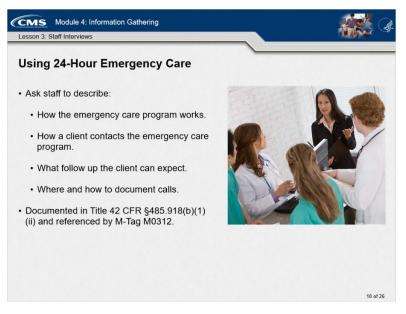
Interdisciplinary Team Roles and Responsibilities



Transcript:

When interviewing staff members about the interdisciplinary treatment team, ask them to describe their role, and the process for deciding who should lead, determine the clinical disciplines, and coordinate care provided by the team.

Using 24-Hour Emergency Care



Transcript:

Ask the staff members to describe how a client experiencing a psychiatric crisis would contact the 24-hour emergency care service. Determine understanding of the process for responding to emergency care calls, how the CMHC follows up with the client, and how and where to document the calls.

Treatment Options



Transcript:

During the survey you will ask staff members about day treatment, PHS, and PSR; the range of services that must be available to clients; and days and hours of program availability. Determine the criteria that make a client appropriate for day treatment, PHS, or PSR, and what issues make a client inappropriate for care at the CMHC.

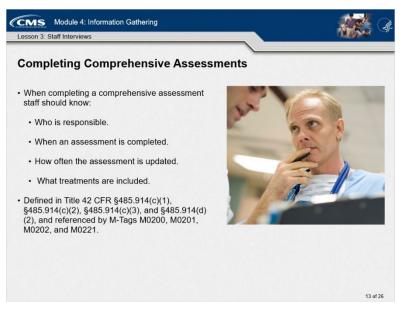
Admission Screening



Transcript:

CMHCs provide screening for clients being considered for admission to state mental health facilities, unless prohibited by state law. If the CMHC screens for admission to state mental health facilities, ask staff members to describe the screening process. The staff should be able to describe which clinical disciplines at the CMHC conduct the screenings and what screenings include.

Completing Comprehensive Assessments



Transcript:

When completing comprehensive assessments, staff should be able to describe who is responsible for completing a comprehensive assessment and when an assessment is completed, and determine how often the assessment is updated. The staff should describe what treatment topics or elements must be included in a comprehensive assessment.

Understanding Quality Assessment and Performance Improvement



Transcript:

The CMHC should have one or more staff responsible for the documentation and operation of the QAPI program.

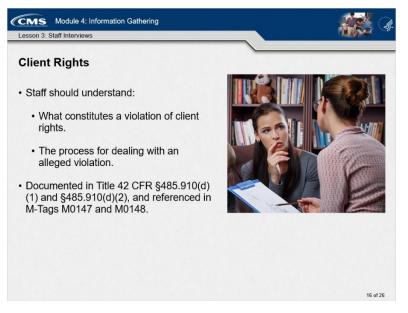
Coordinating Quality Assessment and Performance Improvement



Transcript:

During the interview the staff members should describe any indicators or adverse client events they are measuring as part of the program. The staff should highlight what performance improvement projects are being conducted, explain why, and describe improvements they have seen.

Client Rights



Transcript:

When interviewing staff members about client rights, they should know what constitutes a client rights violation and the process for handling an alleged violation.

Use of Restraint or Seclusion



Transcript:

When interviewing staff members about restraint or seclusion, they should understand if restraint or seclusion is allowed at their CMHC and describe less-restrictive interventions that should be used before employing restraint or seclusion. The staff should be able to relate the training they experienced regarding restraint, seclusion, and less-restrictive interventions.

Alternatives to Restraint or Seclusion



Transcript:

If it's determined that restraint or seclusion are not permitted, ask about alternative intervention methods and associated training.

Emergency Preparedness Plan Policy



Transcript:

The CMHC must establish and maintain an emergency preparedness program that describes the approach to meeting the health, safety, and security needs of its staff and patient population during an emergency or disaster situation. Ask the facility leadership to describe the emergency preparedness program, including hazards identified in the risk assessment and how the risk assessment was conducted.

Emergency Preparedness Plan Services



Transcript:

When interviewing the administrator regarding the emergency preparedness program, ask them to describe the CMHC's client populations that would be at risk during an emergency event and what services the facility would be able to provide during an emergency. Have the administrator explain the plans to continue operations during an emergency, the delegation of authority, and succession plans.

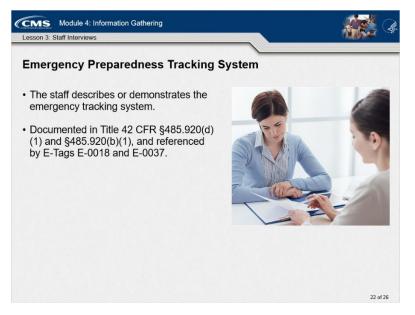
Collaboration with State and Federal Agencies



Transcript:

When interviewing the administrator about the CMHC's emergency preparedness program, ask them to describe how they will ensure cooperation and collaboration with local, tribal, regional, state, and Federal emergency preparedness officials' efforts for an integrated response during a disaster or emergency. The administrator should also be able to explain transportation plans in the event of an evacuation.

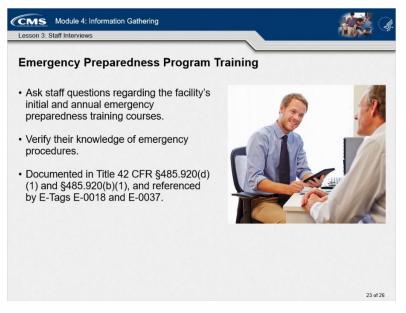
Emergency Preparedness Tracking System



Transcript:

When interviewing staff members about the CMHC's emergency preparedness program, they should be able to describe or demonstrate the tracking system used to locate patients and staff.

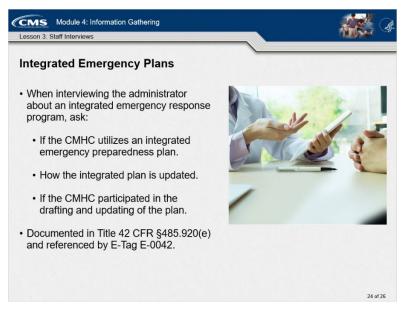
Emergency Preparedness Program Training



Transcript:

Ask staff questions regarding the facility's initial and annual emergency preparedness training courses. Use these questions to verify their knowledge of emergency procedures.

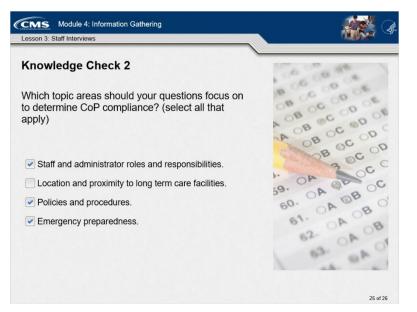
Integrated Emergency Plans



Transcript:

If a CMHC is part of a larger healthcare system with multiple, separately certified healthcare facilities, it may elect to participate in an integrated emergency preparedness program. An integrated plan must meet all requirements of an emergency preparedness program. Ask the administrator to describe how the integrated program is updated and how the CMHC participated in both its drafting and updating.

Knowledge Check 2



Transcript:

Which topic areas should your questions focus on to determine CoP compliance?

Staff and administrator roles and responsibilities.

Location and proximity to long term care facilities.

Policies and procedures.

Emergency preparedness

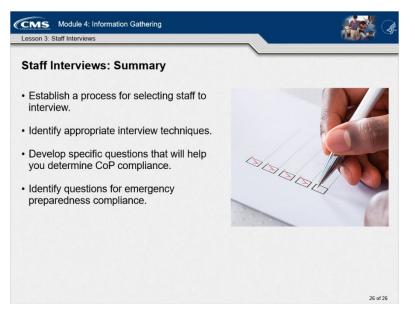
Correct Feedback:

That's correct. Your questions should focus on staff roles and responsibilities, CMHC policies and procedures and CMHC emergency preparedness.

Incorrect Feedback:

That's not quite right. Your questions should focus on staff and administrator roles and responsibilities, CMHC policies and procedures and emergency preparedness.

Staff Interviews: Summary

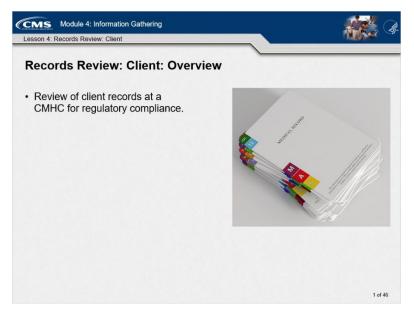


Transcript:

In this lesson, you learned how to establish a process for selecting staff to interview, identify appropriate interview techniques, develop specific questions that will help to confirm CoP compliance, and identify questions for emergency preparedness compliance. Let's move on to the next lesson in this module, Client Records Review.

Lesson 4: Record Review Clients

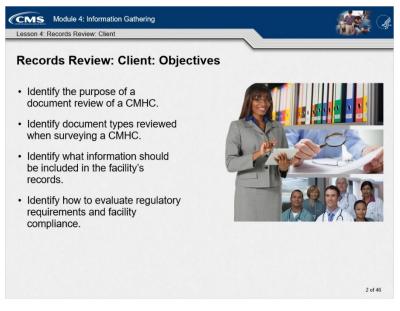
Records Review: Client: Overview



Transcript:

The purpose of this lesson is for you to learn what to look for in a review of client records at a CMHC, and to identify the corresponding regulations.

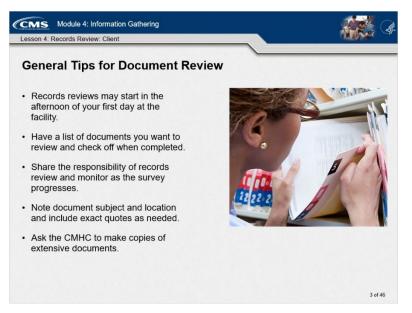
Records Review: Client: Objectives



Transcript:

After completing this lesson, you will be able to identify the purpose of a record review, identify the types of documents reviewed when surveying a CMHC, identify the information that should be included in the facilities' records, and identify how to evaluate regulatory requirements and facility compliance.

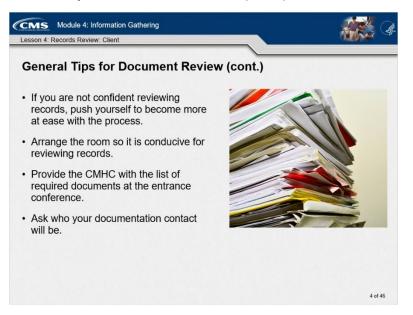
General Tips for Document Review



Transcript:

In general, you will not start your survey with a records review; however, you may start on the first afternoon of your site visit. Check off documents from your list as they are completed. When possible, distribute the records review among team members and reassess all reviews as the survey progresses. Make notes as to document location and content and use exact quotes when necessary. Have the facility make copies of lengthy documents.

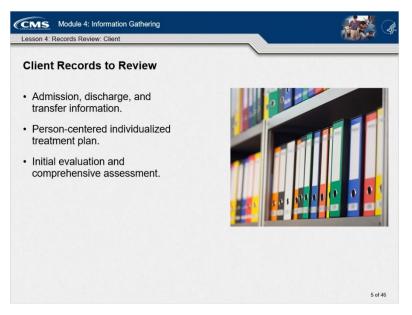
General Tips for Document Review (cont.)



Transcript:

Some surveyors are comfortable with documents; others are not. Push yourself to become comfortable with all surveyor activities. Take time to organize the room where you will be examining the documents. This will help you be organized and methodical during the review process.

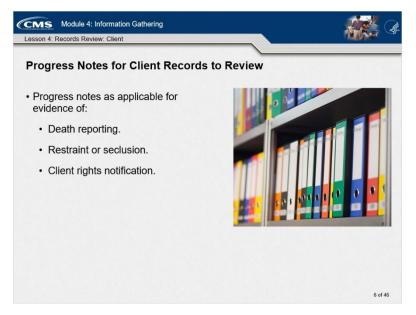
Client Records to Review



Transcript:

During the course of a client record review you will evaluate admission, discharge, and transfer information. You will also assess the individualized treatment plan, initial evaluations, and comprehensive assessments for your client sample

Progress Notes for Client Records to Review



Transcript:

In the client record review you will pay attention to progress notes for evidence of death reporting, restraint or seclusion, and client rights notifications.

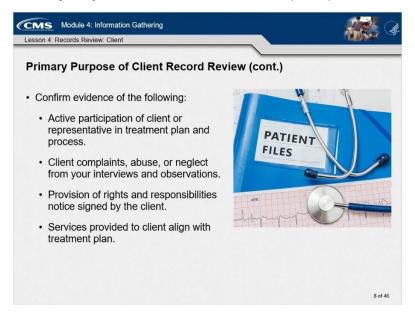
Primary Purpose of Client Record Review



Transcript:

The primary purpose of a client record review is to confirm that an initial evaluation was conducted and completed within 24 hours of admission and that the comprehensive assessment was completed within 4 days of admission. You must also confirm that the comprehensive assessment is updated at least every 30 days. You will need to validate that a person-centered active treatment plan was completed within 7 working days of admissions and is also updated at least every 30 days.

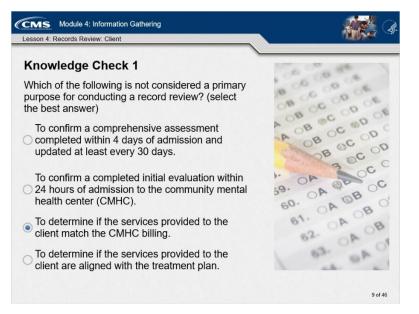
Primary Purpose of Client Record Review (cont.)



Transcript:

Another primary purpose of a client record review is also to confirm the active participation of the client and/or his or her parent or guardian in the treatment plan and process. You will also validate information received during interview and observations regarding client complaint, abuse, or neglect. The provision of client rights and responsibilities signed by the client must be verified. You must seek evidence that the services provided to the client align with their active treatment plan.

Knowledge Check 1



Transcript:

Which of the following is not considered a primary purpose for conducting a record review? (select the best answer)

To confirm a comprehensive assessment completed within 4 days of admission and updated at least every 30 days.

To confirm a completed initial evaluation within 24 hours of admission to the community mental health center (CMHC).

To determine if the services provided to the client match the CMHC billing.

To determine if the services provided to the client are aligned with the treatment plan.

Correct Feedback:

That's right. Determining if the services provided to the client match CMHC billing is not a purpose of conducting a records review.

Incorrect Feedback:

That's not quite right. Determining if the services provided to the client match CMHC billing is not a purpose of conducting a records review.

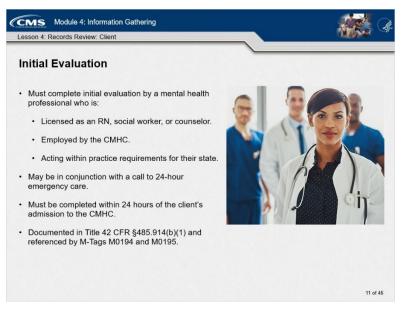
Admissions Records



Transcript:

When examining admissions records for the clients in your sample, validate that the services the CMHC offers are appropriate for the client, and confirm the admission decision using discharge and referral information. If the client is admitted into PHS, you will need to verify that they require structured services, but are stable enough to return home daily. If discharged from inpatient care, verify PHS is appropriate.

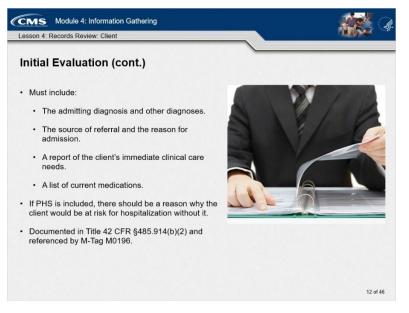
Initial Evaluation



Transcript:

As part of the initial evaluation review, you will need to verify that a licensed mental health professional such as a licensed RN, social worker or counselor, employed by the CMHC, completed the initial evaluation. Some initial evaluations are completed concurrently with a call to 24-hour emergency care. Confirm that the initial evaluation was completed within 24 hours of the client's admission to the CMHC and that the professional involved is acting within his or her state scope of practice.

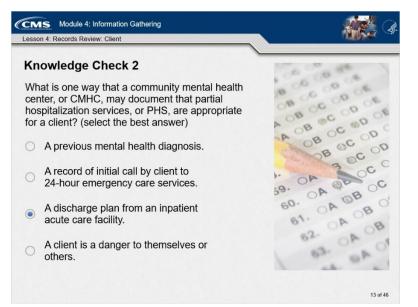
Initial Evaluation (cont.)



Transcript:

When reading through an initial evaluation, keep in mind that it must include the admitting diagnosis as well as other diagnoses, the referral source, and the reason for admission. The initial evaluation must also include the identification of the client's immediate clinical care needs, and a list of current medications that the client may be taking. If the client is admitted into PHS, there should also be an explanation of why the client would be at risk for hospitalization if not provided PHS.

Knowledge Check 2



Transcript:

What is one way that a community mental health center, or CMHC, may document that partial hospitalization services, or PHS, are appropriate for a client? (select the best answer)

A previous mental health diagnosis.

A record of initial call by client to 24-hour emergency care services.

A discharge plan from an inpatient acute care facility.

A client is a danger to themselves or others.

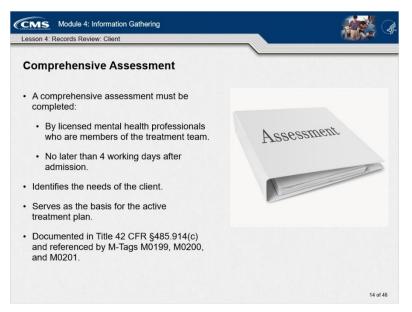
Correct Feedback:

That's right. If a client has been recently discharged from an inpatient acute care facility and in his or her discharge plan it recommends PHS, that is sufficient documentation to support the CMHC assigning that level of care. Having a previous mental health diagnosis or calling 24-hour emergency care is insufficient on its own for PHS. If the client is a danger to themselves or others, they may require a level of care above what the CMHC provides.

Incorrect Feedback:

That's not quite right. If a client has been recently discharged from an inpatient acute care facility and in his or her discharge plan it recommends PHS, that is sufficient documentation to support the CMHC assigning that level of care. Having a previous mental health diagnosis or calling 24-hour emergency care is insufficient on its own for PHS. If the client is a danger to themselves or others, they may require a level of care above what the CMHC provides.

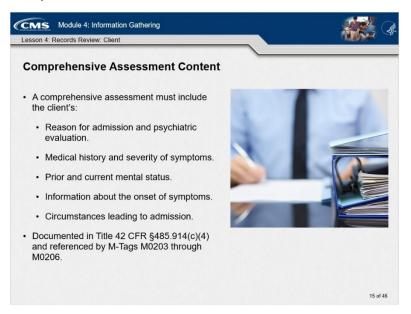
Comprehensive Assessment



Transcript:

When evaluating the comprehensive assessment, you will be validating not only its contents, but who completed it and if it was done in a timely manner. Verify that the comprehensive assessment was completed by a licensed mental health professional who is part of the client's interdisciplinary treatment team and that it was completed no later than 4 working days after admission to the CMHC. The comprehensive assessment must identify the needs of the client and is the basis for an active treatment plan.

Comprehensive Assessment Content



Transcript:

There are 14 CoPs that outline what must be covered by a comprehensive assessment. When reading a comprehensive assessment, verify that it contains the reason the client was admitted to the CMHC, a psychiatric evaluation, and the client's medical history and severity of symptoms. Confirm that the assessment also includes information concerning the client's previous and current mental status and information about the onset of symptoms and the circumstances leading to CMHC admission.

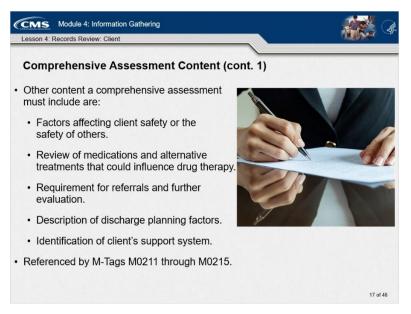
Comprehensive Assessment Content (cont.)

CMS Module 4: Information Gathering	
Lesson 4: Records Review: Client	
Comprehensive Assessment Content (cont.)
The comprehensive assessment must also include:	
 Description of attitudes and behaviors that may affect the treatment plan. 	
 Evaluation of intellectual and memory functioning. 	111 36
 Assessment of functional status, strengths, and goals. 	
Evidence that the client can participate in their own care.	
Referenced by M-Tags M0207 through M02	10.
	16 of 46

Transcript:

In evaluating a comprehensive assessment, there must be a description of attitudes and behaviors that may affect a client's treatment plan such as cultural and environmental factors, complications, and risk factors. You must also look for an assessment of intellectual and memory functioning. There must be an assessment of the functional status of the client and his or her strengths and goals. Look for evidence that the client can understand and participate in his or her own care.

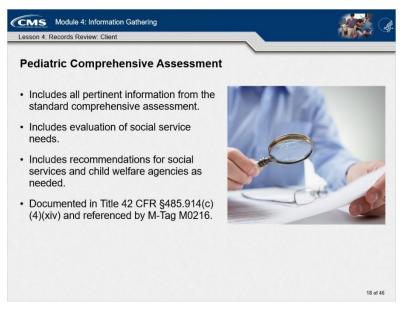
Comprehensive Assessment Content (cont. 1)



Transcript:

As you wrap up your review of the content of the comprehensive assessment, there must be a description of the factors that could affect the client's safety or the safety of others. A list of all medications and alternative treatments that could influence drug treatment must be included. Verify that the assessment addresses the need for referrals and further evaluations, contains a description of discharge planning factors and identification of the client's support systems.

Pediatric Comprehensive Assessment



Transcript:

Lastly, when evaluating a comprehensive assessment for a pediatric client, you must find all previously discussed content from a client's standard comprehensive assessment, plus an assessment of any social service needs. Referrals to social services and child welfare agencies should be included as needed.

Updating a Comprehensive Assessment

CCMS Module 4: Information Gathering	** *	
Updating a Comprehensive Assessment		
Updates should be made:	a car the fill	
 To reflect changes in client's status at least every 30 days. 	to Non The West	
When responses to treatment change.	5 6 7 2	
When a goal is achieved.	12 13 14 8 9	
 Documented in Title 42 CFR §485.914(d) and referenced by M-Tags M0219 through M0221. 	$ \begin{array}{cccccccccccccccccccccccccccccccccccc$	
	19 of 46	

Transcript:

A comprehensive assessment is a living document. When reviewing comprehensive assessments look for evidence that the assessment is updated according to client needs at least every 30 days. The assessment should be updated when there are changes in a client's status, responses to treatment, or when a goal is achieved.

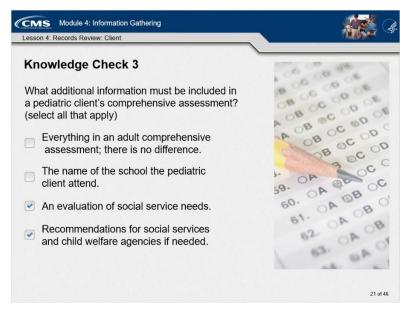
Updating a Comprehensive Assessment (cont.)

CMS Module 4: Information Gathering	
Lesson 4: Records Review: Client	
Updating a Comprehensive Assess	ment (cont.)
Updates should include:	
Evidence on client's progress.	
 Review of client's response to care and therapies. 	
 Documented in Title 42 CFR §485.914(d) and referenced by M- Tag M0222. 	
	20 of 46

Transcript:

When reviewing comprehensive assessment updates, they must include information on the client's progress toward desired outcomes and reassessment of the client's response to care and therapies.

Knowledge Check 3



Transcript:

What additional information must be included in a pediatric client's comprehensive assessment? (select all that apply)

Everything in an adult comprehensive assessment; there is no difference.

The name of the school the pediatric client attend.

An evaluation of social service needs.

Recommendations for social services and child welfare agencies if needed.

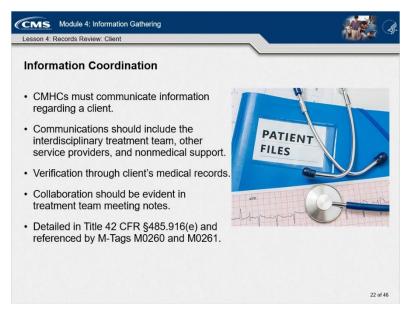
Correct Feedback:

That's right. A pediatric client's comprehensive assessment has all the components of an adult comprehensive assessment but must also include an evaluation of his or her social service needs and recommendations for social services and child welfare agencies if needed.

Incorrect Feedback:

That's not quite right. A pediatric client's comprehensive assessment has all the components of an adult comprehensive assessment but must also include an evaluation of his or her social service needs and recommendations for social services and child welfare agencies if needed.

Information Coordination



Transcript:

The CMHC must communicate information regarding the client's treatment, progress, and goals among not only the interdisciplinary treatment team, but also other service providers such as the client's primary health care provider and nonmedical supports. You can verify this collaboration in the client's medical records. Look for evidence of shared information in the medical record, like client progress notes indicating treatment team meetings, who attended, and what was discussed.

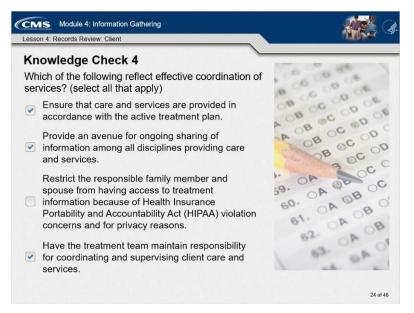
Coordination of Services



Transcript:

As the treatment team coordinates information on the care of a client, this effort must be reflected in the services that client is receiving. You will look for evidence of this coordination of services in the client's medical records, verify that changes recommended in team meetings are reflected in the care and services provided, and ensure that the active treatment plan is up to date and based on all assessments.

Knowledge Check 4



Transcript:

Which of the following reflect effective coordination of services? (select all that apply)

Ensure that care and services are provided in accordance with the active treatment plan.

Provide an avenue for ongoing sharing of information among all disciplines providing care and services.

Restrict the responsible family member and spouse from having access to treatment information because of Health Insurance Portability and Accountability Act (HIPAA) violation concerns and for privacy reasons.

Have the treatment team maintain responsibility for coordinating and supervising client care and services.

Correct Feedback:

That's right. Effective coordination of services includes ensuring that services are provided according to an active treatment plan; efficient information sharing among care providers; and effective coordination of the treatment team's activities.

Incorrect Feedback:

That's not quite right. Effective coordination of services includes ensuring that services are provided according to an active treatment plan; efficient information sharing among care providers; and effective coordination of the treatment team's activities.

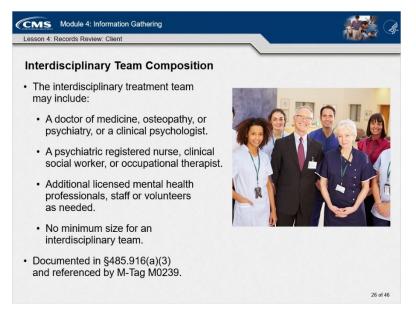
Interdisciplinary Treatment Team



Transcript:

An interdisciplinary treatment team should be assembled for each client. The team is composed of professionals who work together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of the client. Look to the client's comprehensive assessment or treatment plan for the required team composition and confirm that the client's team meets these requirements by correlating team meetings and professional responsibilities at that CMHC.

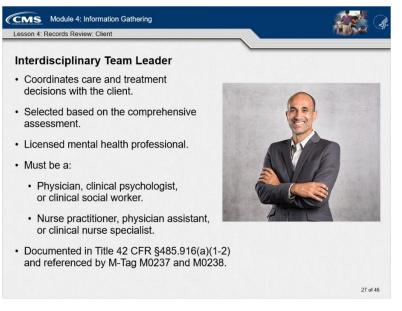
Interdisciplinary Team Composition



Transcript:

As you study the composition of the client's interdisciplinary treatment team, keep in mind that the team may be comprised of a doctor of medicine, osteopathy, or psychiatry; a psychiatric registered nurse; clinical social worker; clinical psychologist; occupational therapist; and other licensed mental health professionals. The treatment team may also include other CMHC staff or volunteers as needed. There is no minimum number of team members so long as the client's needs are met.

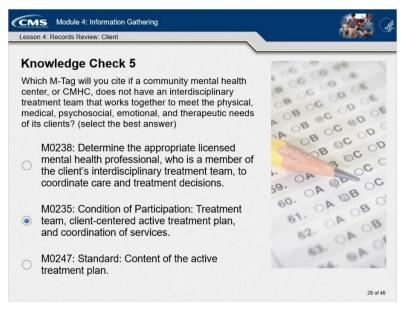
Interdisciplinary Team Leader



Transcript:

Lastly, an interdisciplinary team leader must be designated by the CMHC to coordinate care and treatment decisions with each client. The leader is selected based on the comprehensive assessment. The designated leader must be an appropriate licensed mental health professional who is a member of the client's interdisciplinary treatment team. The leader must be a physician, clinical psychologist, clinical social worker, nurse practitioner, physician assistant, or clinical nurse specialist.

Knowledge Check 5



Transcript:

Which M-Tag will you cite if a community mental health center, or CMHC, does not have an interdisciplinary treatment team that works together to meet the physical, medical, psychosocial, emotional, and therapeutic needs of its clients? (select the best answer)

M0238: Determine the appropriate licensed mental health professional, who is a member of the client's interdisciplinary treatment team, to coordinate care and treatment decisions.

M0235: Condition of Participation: Treatment team, client-centered active treatment plan, and coordination of services.

M0247: Standard: Content of the active treatment plan.

Correct Feedback:

That's right. If a CMHC does not have a team that works together to meet the needs of the client, this is a coordination of services issue, M0235. M0247 is for treatment plan content and M0238 talks about appointment of the treatment plan coordinator for an individual client.

Incorrect Feedback:

That's not quite right. If a CMHC does not have a team that works together to meet the needs of the client, this is a coordination of services issue, M0235. M0247 is for treatment plan content and M0238 talks about appointment of the treatment plan coordinator for an individual client.

Active Treatment Plan



Transcript:

Central to a client's treatment is the active treatment plan. All care and services provided to clients must be written in the individualized plan. When reviewing the client's plan, look for documentation proving that the plan was created and understood by the interdisciplinary team, the client, and the client's primary caregivers. You should see that the plan was completed within 7 working days of admission and is aligned with the client's goals and preferences in the comprehensive assessment.

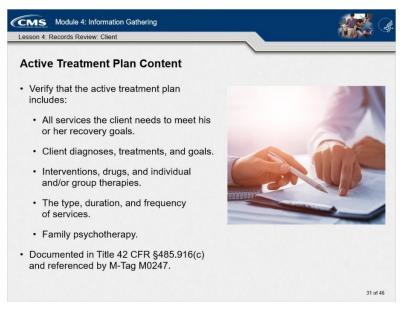
Active Treatment Plan Training



Transcript:

Each client and the client's primary caregivers must understand their role in the active treatment plan. They should receive education and training provided by the CMHC correlating to their responsibilities in the plan. Evidence of this training should be in the client's medical records. You can confirm missing or vague notes with observation or client interview.

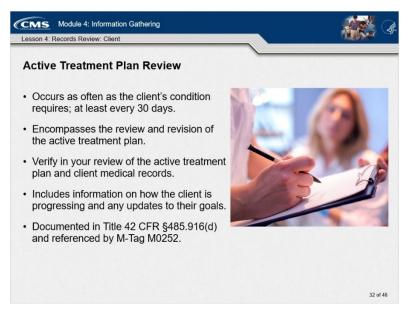
Active Treatment Plan Content



Transcript:

As you review the active treatment plan, confirm that it includes all services necessary to assist the client in meeting his or her recovery goals. The plan must include client diagnoses, treatments, goals, interventions, drugs, and individual or group therapies. Confirm that the plan also includes the type, duration, and frequency of services necessary to meet the client's needs. Verify that the plan also includes family psychotherapy that is focused on the treatment of the client's condition.

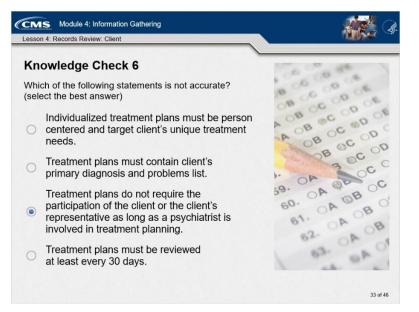
Active Treatment Plan Review



Transcript:

The CMHC's interdisciplinary treatment team must review, revise, and document the active treatment plan as frequently as the client's condition requires, but no less than every 30 calendar days. When reviewing your client's active treatment plan, look for documentation that the plan has been revised according to these indications and verified in the client's medical records. A revised active treatment plan must include the client's progress toward goals and changes in the client's goals.

Knowledge Check 6



Transcript:

Which of the following statements is not accurate? (select the best answer)

Individualized treatment plans must be person centered and target client's unique treatment needs.

Treatment plans must contain client's primary diagnosis and problems list.

Treatment plans do not require the participation of the client or the client's representative as long as a psychiatrist is involved in treatment planning.

Treatment plans must be reviewed at least every 30 days.

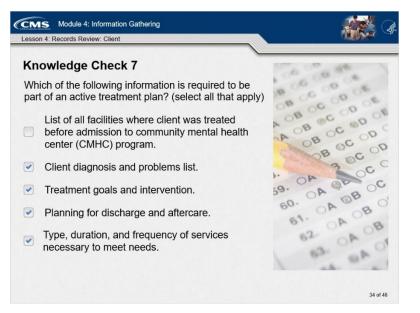
Correct Feedback:

That's right. The client or their representative should be actively involved in the creation and implementation of an active treatment plan.

Incorrect Feedback:

That's not quite right. The client or their representative should be actively involved in the creation and implementation of an active treatment plan.

Knowledge Check 7



Transcript:

Which of the following information is required to be part of an active treatment plan? (select all that apply)

List of all facilities where client was treated before admission to community mental health center (CMHC) program.

Client diagnosis and problems list.

Treatment goals and intervention.

Planning for discharge and aftercare.

Type, duration, and frequency of services necessary to meet needs.

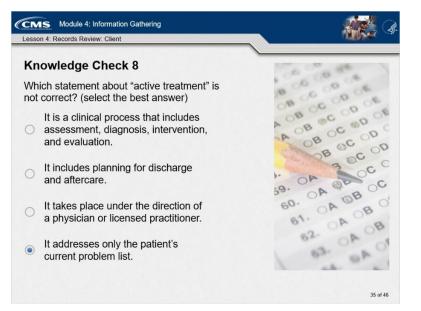
Correct Feedback:

That's right. Although medical history is part of the comprehensive assessment, it is not required to be in the active treatment plan.

Incorrect Feedback:

That's not quite right. Although medical history is part of the comprehensive assessment, it is not required to be in the active treatment plan.

Knowledge Check 8



Transcript:

Which statement about "active treatment" is not correct? (select the best answer)

It is a clinical process that includes assessment, diagnosis, intervention, and evaluation.

It includes planning for discharge and aftercare.

It takes place under the direction of a physician or licensed practitioner.

It addresses only the patient's current problem list.

Correct Feedback:

That's right. An active treatment plan includes: assessment, diagnosis, intervention, evaluation, and discharge and aftercare plans. The treatment team is headed by a licensed practitioner who may be a physician, nurse practitioner, physician's assistant, clinical psychologist, clinical social worker, or clinical nurse specialist.

Incorrect Feedback:

That's not quite right. An active treatment plan includes: assessment, diagnosis, intervention, evaluation, and discharge and aftercare plans. The treatment team is headed by a licensed practitioner, who may be a physician, nurse practitioner, physician's assistant, clinical psychologist, clinical social worker, or clinical nurse specialist.

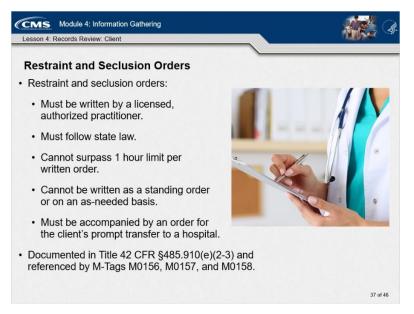
Restraint and Seclusion Overview



Transcript:

Many CMHCs don't use restraint and seclusion, preferring alternative methods instead. Clients have the right to be free from restraint or seclusion, of any form, used as a means of coercion, discipline, convenience, or retaliation by staff. Restraint or seclusion may be used only to ensure the physical safety of the client, staff, or other individuals. Restraint or seclusion should only be a last resort, after least-restrictive measures have failed and the situation still exists.

Restraint and Seclusion Orders



Transcript:

If you find that the CMHC you are surveying uses restraint and seclusion, it must be done by the written order of a physician or other licensed practitioner who is authorized to order restraint and seclusion by state law. A written restraint and seclusion order must not exceed 1 hour duration per order and never be written as a standing order or on an as-needed basis. Once restraint or seclusion is ordered, the CMHC must also obtain a corresponding order for the client's immediate transfer to a hospital.

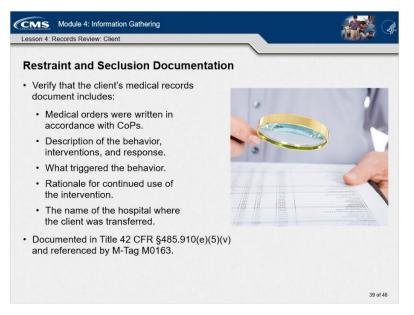
Restraint and Seclusion Monitoring



Transcript:

The condition of a client who is restrained or secluded must be continuously monitored in person by a physician or specially trained staff. Monitoring the well-being of the client includes checking respiratory and circulatory status, skin integrity, vital signs and any requirement specified by the CMHC. The client must also be observed for intent to harm self or others if released from restraint or seclusion.

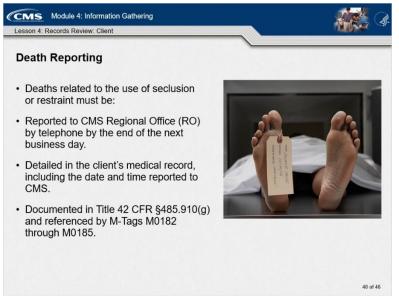
Restraint and Seclusion Documentation



Transcript:

When restraint or seclusion is used there must be documentation in the client's medical record. You will need to verify that orders were written in accordance with the CoP guidelines. In the medical record, look for a description of the behavior; interventions, including less restrictive interventions; and the response to them. Look for a description of the triggering condition or symptoms, the rationale for continued intervention use, and the hospital the client was transferred to.

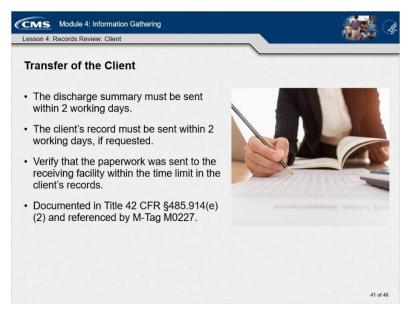
Death Reporting



Transcript:

In the case of a death at a CMHC related to the use of restraint or seclusion, while the client is awaiting transfer to the hospital, the death must be reported to the CMS Regional Office, or RO, by telephone by the close of the next business day. Documentation of the call should be at the RO and in the client's medical record. Verify that the call was made within the allotted time and that the circumstances of the death are recorded in the client's medical record.

Transfer of the Client



Transcript:

There are two main ways that a client leaves the care of a CMHC — discharge and transfer. If the client is transferred to another facility, the CMHC must forward a copy of the discharge summary, and the client's record, if requested, within 2 working days. You can verify that the appropriate records were sent to the receiving facility within the time limit in the client's records at the CMHC.

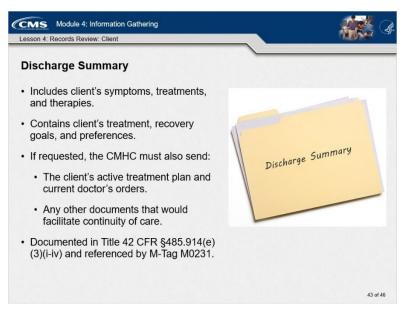
Discharge of the Client



Transcript:

A client can be discharged from a CMHC if they refuse the services of the facility or they are not in compliance with the treatment plan. If this occurs, the CMHC must send a copy of the discharge summary and the client's records to his or her primary health care provider, if any. You can verify that this was done in the client's records.

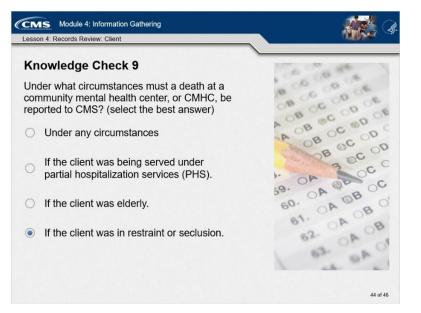
Discharge Summary



Transcript:

If a client is discharged or transferred, a discharge summary must be created. When reviewing the discharge summary, look for a review of the services provided, including the client's symptoms, treatment, recovery goals, preferences, treatments, and therapies. If the client's records were requested, look for evidence that the CMHC also sent the client's current active treatment plan, most recent physician's orders, and any other documents that will assist in post-discharge continuity of care.

Knowledge Check 9



Transcript:

Under what circumstances must a death at a community mental health center, or CMHC, be reported to CMS? (select the best answer)

Under any circumstances.

If the client was being served under partial hospitalization services (PHS).

If the client was elderly.

If the client was in restraint or seclusion.

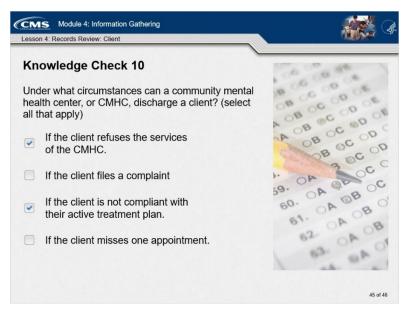
Correct Feedback:

That's right. Only deaths associated with restraint or seclusion must be reported to CMS and that report must be made by telephone by the close of business the next business day.

Incorrect Feedback:

That's quite right. Only deaths associated with restraint or seclusion must be reported to CMS and that report must be made by telephone by the close of business the next business day.

Knowledge Check 10



Transcript:

Under what circumstances can a community mental health center, or CMHC, discharge a client? (select all that apply)

If the client refuses the services of the CMHC.

If the client files a complaint.

If the client is not compliant with their active treatment plan.

If the client misses one appointment.

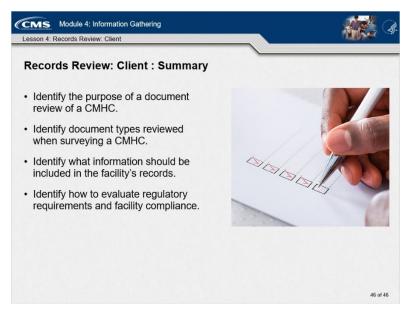
Correct Feedback:

That's right. A CMHC can discharge a client for noncompliance or if they refuse the services of the CMHC.

Incorrect Feedback:

That's not quite right. A CMHC can discharge a client for noncompliance or if they refuse the services of the CMHC.

Records Review: Client: Summary

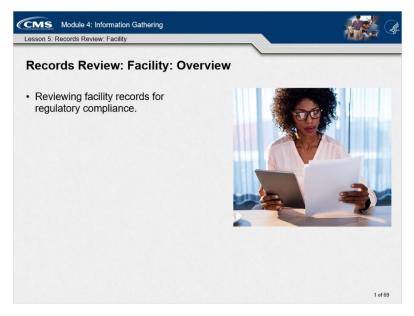


Transcript:

In this lesson, you learned to identify the purpose of a record review, identify the types of documents reviewed when surveying a CMHC, identify the information that should be included in the facilities' records, and identify how to evaluate regulatory requirements and facility compliance. Let's move on to the next lesson in this module, Records Review: Facility.

Lesson 5: Record Review: Facility

Records Review: Facility: Overview



Transcript:

The purpose of this lesson is for you to learn about reviewing records for facility regulatory compliance.

Records Review: Facility: Objectives



Transcript:

After completing this lesson, you will be able to identify the purpose of a facility records review, identify the types of documents reviewed when surveying a CMHC, identify what information should be included in the facility's records, and identify how to evaluate regulatory requirements and facility compliance.

Document Review

CMS Module 4: Information Gathering	
Lesson 5: Records Review: Facility Document Review	
 Records review may start in the afternoon of your first day at the facility. 	#
Check all records you review off your list.	AAAA
	3 of 69

Transcript:

The facility records review may start on the first afternoon of your site visit. You should have created a list of CMHC records to be reviewed, as you review specific records, check them off your list.

Administration and Program Services Compliance Policy



Transcript:

The CMHC must organize, manage, and administer its resources to provide CMHC services, including specialized services for children, the elderly, individuals with serious mental illness, and residents of its mental health services area who have been discharged from an inpatient mental health facility and PHS. Check records to confirm that the CMHC adheres to these requirements.

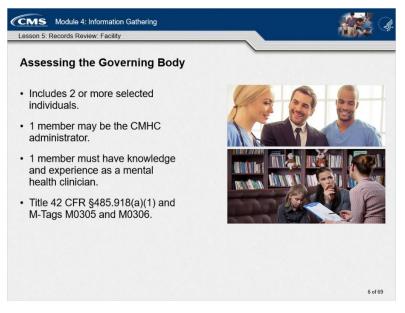


Assessing Administration and Program Services Compliance

Transcript:

When reviewing records for compliance, look for any program materials the CMHC provides to the public or potential clients, on paper or online, describing their mission, goals, programs, and available services. Also, look for program descriptions given to clients and representatives at admission. Lastly, look for policies and procedures that describe the services the CMHC provides and the populations that they serve.

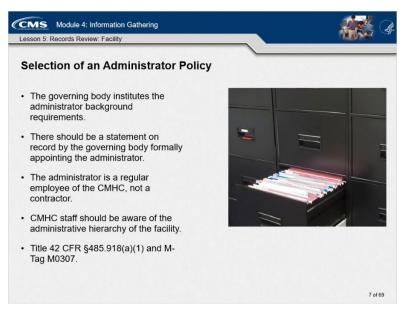
Assessing the Governing Body



Transcript:

In the CMHC records review, you will need to evaluate relevant documentation to ensure that there is a governing body comprised of two or more designated persons, one of whom may be the administrator. You will also want to make sure that at least one member of the governing body has knowledge and experience as a mental health clinician.

Selection of an Administrator Policy



Transcript:

The governing body must establish, through policy, the education and experience requirements for the administrator. Check for a statement on record by the governing body formally appointing an administrator. The administrator must be a regular CMHC employee, not a contractor. Check also to see if CMHC staff have a general understanding of the administrative hierarchy of the CMHC that enables them to effectively carry out their own responsibilities.

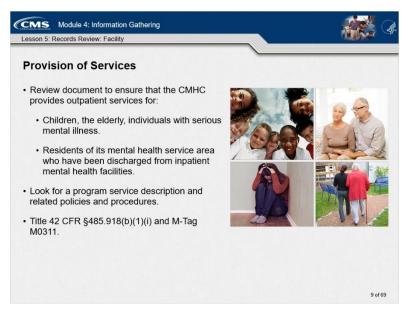
Administrator Responsibilities



Transcript:

The CMHC administrator assumes full legal authority and responsibility for day-to-day management, services, fiscal operations, and continuous quality improvement of the facility. The administrator is appointed by and reports to the governing body. Check CMHC records for evidence of the extent of the administrator's legal authority and responsibility and confirm that the administrator was appointed by and reports to the governing body.

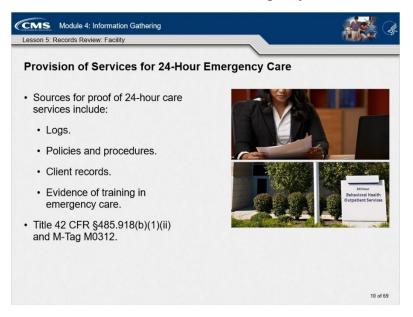
Provision of Services



Transcript:

Review documents to ensure that the CMHC provides outpatient services, including specialized outpatient services for children, the elderly, individuals with serious mental illness, and residents of its mental health service area who have been discharged from inpatient mental health facilities. Look specifically for a program service description and related policy and procedures.

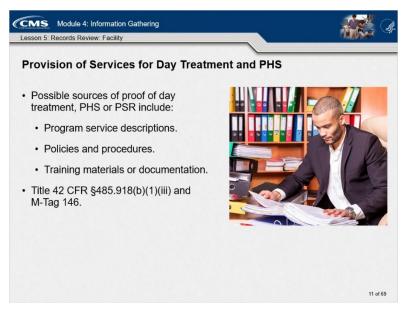
Provision of Services for 24-Hour Emergency Care



Transcript:

Review documents to ensure that the CMHC provides 24-hour emergency care services. Possible sources include separate logs, policies, procedures, individual client records, or evidence of staff training in emergency care services.

Provision of Services for Day Treatment and PHS



Transcript:

Review documents such as program service descriptions, policies, procedures, and training materials or documentation to ensure that the CMHC provides day treatment or PHS that is not in an individual's home, inpatient or residential setting, or through PSR.

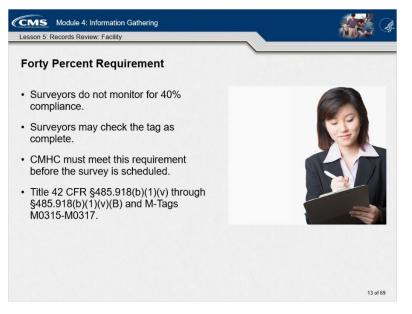
Provision of Screening for Mental Health Facilities



Transcript:

Review documents to ensure that the CMHC provides screening for clients being considered for admission to state mental health facilities and determine the appropriateness of such services. When reviewing documentation, verify if this service is prohibited by state law. If such screening is not prohibited, look for compliance in descriptions of program services and in CMHC policies and procedures.

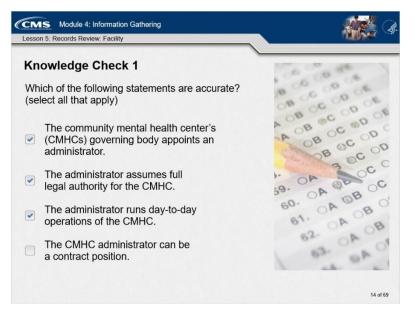
Forty Percent Requirement



Transcript:

The Center for Program Integrity, or CPI, monitors the requirement that 40 percent of clients should come from outside of Medicaid and Medicare. Surveyors are not responsible for verifying compliance with this requirement. You may check the tag as meeting the terms of compliance, since the CMHC must meet this requirement before the survey is scheduled.

Knowledge Check 1



Transcript:

Which of the following statements are accurate? (select all that apply)

The community mental health center's (CMHCs) governing body appoints an administrator.

The administrator assumes full legal authority for the CMHC.

The administrator runs day-to-day operations of the CMHC.

The CMHC administrator can be a contract position.

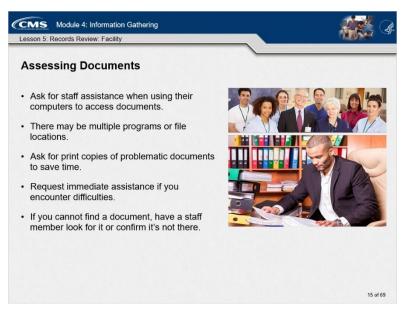
Correct Feedback:

That's right. The CMHC's governing body appoints an administrator who reports to the governing body and is responsible for the day-to-day operations of the CMHC. The administrator assumes full legal authority for the CMHC and must be a CMHC employee.

Incorrect Feedback:

That's not quite right. The CMHC's governing body appoints an administrator who reports to the governing body and is responsible for the day-to-day operations of the CMHC. The administrator assumes full legal authority for the CMHC and must be a CMHC employee.

Assessing Documents



Transcript:

No matter how much computer expertise you have, request staff assistance so you understand the programs that they use and where documents are located. Ask the CMHC to print copies of any problematic documents to save time when you are deciding on and writing citations. If you encounter difficulties, immediately ask for assistance. It is the staff's responsibility to assist you with their center's computer system. If you cannot find a document, have a staff member look for it or confirm it's not there.

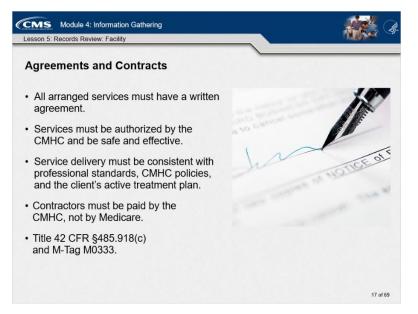
Agreements and Contracts Policies



Transcript:

The CMHC and individuals furnishing services must meet applicable state licensing and certification requirements. A CMHC that has an agreement with another agency, individual, or organization to provide services must retain administrative responsibilities and financial and general oversight of all arranged services. The CMHC must retain all payment responsibility for services provided under arrangement on its behalf.

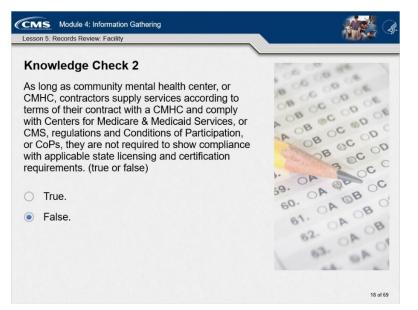
Agreements and Contracts



Transcript:

Arranged services must have a written agreement requiring that all services be authorized by the CMHC; be provided in a safe and effective manner; and delivered consistent with professional standards, the policies of the CMHC, and the client's active treatment plan. Check for written contracts for each service stating that the CMHC will pay the contractor for their services and the contractor will not bill Medicare.

Knowledge Check 2



Transcript:

As long as community mental health center, or CMHC, contractors supply services according to terms of their contract with a CMHC and comply with Centers for Medicare & Medicaid Services, or CMS, regulations and Conditions of Participation, or CoPs, they are not required to show compliance with applicable state licensing and certification requirements. (true or false)

True.

False.

Correct Feedback:

That's right. As documented in §485.918(b)(2) of the Code of Federal Regulations (CFR), the CMHC and individuals furnishing services on its behalf must meet applicable state licensing and certification requirements.

Incorrect Feedback:

That's not quite right. As documented in §485.918(b)(2) of the Code of Federal Regulations (CFR), the CMHC and individuals furnishing services on its behalf must meet applicable state licensing and certification requirements.

Quality Assessment and Performance Improvement

CMS Module 4: Information Gathering		
Lesson 5: Records Review: Facility		1.1.19.2
Quality Assessment and Performance In	provement	
A CMHC's QAPI program must:	A REAL PROPERTY	
Be data driven.		
 Reflect the complexity of the CMHC and all its services. 		
Focus on improved healthcare outcomes.	QAPI	NW/
Take action to demonstrate improvement.	\sim	
The CMHC must document and be able to demonstrate its QAPI operation to CMS.		
• Title 42 CFR §485.917 and M-Tag M0265.		
		19 of 69

Transcript:

The CMHC must develop, implement, and maintain a QAPI program. The CMHC's governing body must ensure the QAPI program is data driven, reflects the CMHC's complexity, and involves all services. The program focuses on improved healthcare outcomes and takes actions to demonstrate improvement. The CMHC must document its QAPI program and be able to demonstrate QAPI operation to CMS.

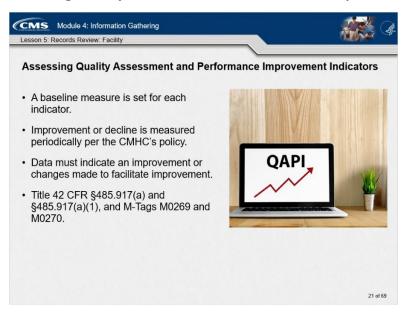
Assessing Quality Assessment and Performance Improvement Program



Transcript:

The QAPI program must be able to demonstrate improvement in areas of concern related to behavioral health outcomes. This includes specific indicators including, but not limited to, the need for a higher level of care. Some indicators are recurring admission to hospitals, medication and mental health treatment compliance, suicide attempts, number of emergency room visits, and rate of chemical dependency relapse.

Assessing Quality Assessment and Performance Improvement Indicators



Transcript:

The CMHC establishes a baseline measure for each indicator and measures improvement or decline for all indicators periodically based upon facility policy. The QAPI data must indicate an overall improvement for all the established indicators. If there is no improvement or a decline for an individual indicator, the CMHC must make necessary changes to improve outcomes that ultimately appear in the data as an improvement.

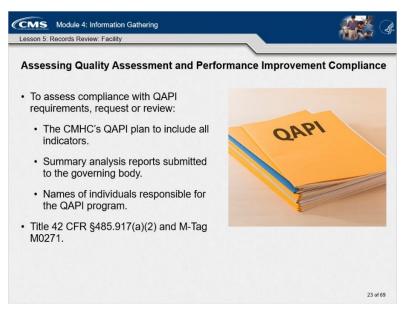
Reviewing Quality Assessment and Performance Improvement Data



Transcript:

When reviewing the QAPI data, you are verifying if the CMHC has developed the individual indicators of its QAPI plan and that these indicators address all facility programs and services. Indicators should be measurable so the CMHC can demonstrate, using objective data, that improvements have or have not taken place in actual care outcomes, processes of care, client satisfaction levels, CMHC operations, or other performance indicators.

Assessing Quality Assessment and Performance Improvement Compliance



Transcript:

To assess compliance with the QAPI requirements and to assess the adequacy and appropriateness of a CMHC's QAPI program, request and review the CMHC's QAPI plan to include all indicators, the summary analysis reports submitted to the governing body, and the names of the individuals responsible for the QAPI program.

Quality Assessment and Performance Improvement Data Evidence



Transcript:

To assess compliance with the QAPI requirements and to assess the adequacy and appropriateness of a CMHC's QAPI program, look for evidence that the system has been applied and is effective. Possible evidence could include committee meeting minutes, investigations, analysis, recommendations and changes to prevent more events, performance measures that are tracked and analyzed, and resources available to implement the program.

Quality Assessment and Performance Improvement Data Sources



Transcript:

Program data used for the CMHC QAPI program comes from many sources. The specific data to be collected is defined by the CMHC QAPI plan. Examples include client noncompliance with treatments, type and frequency of specific adverse events such as suicide rates, and client admissions or readmissions to an inpatient psychiatric facility. Examine and document all available program data collected for the QAPI program.

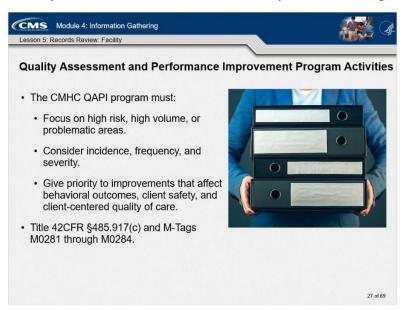


Quality Assessment and Performance Improvement Data Use

Transcript:

The CMHC must use the data collected to monitor the effectiveness and safety of services and quality of care. The CMHC must also use the data to identify opportunities and priorities for improvement. The frequency and detail of the data collection must be approved by the CMHC's governing body. Be sure to document how the CMHC uses collected data and if the frequency and detail of data collection aligns with the requirements of the CMHC's governing body.

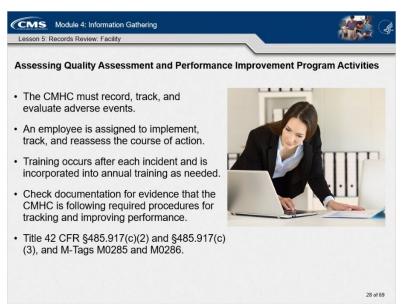
Quality Assessment and Performance Improvement Program Activities



Transcript:

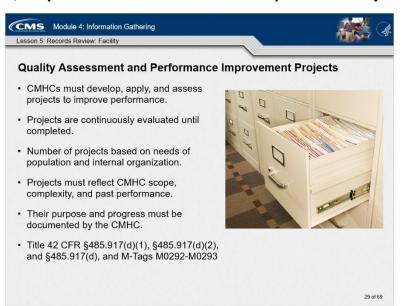
The CMHC QAPI program activities must focus on high risk, high volume, or problematic areas. Activities consider incidence prevalence and severity of problems, and give priority to improvements that affect behavioral outcomes, client safety, and client-centered quality of care.

Assessing Quality Assessment and Performance Improvement Program Activities



Transcript:

Performance improvement activities must track adverse client events. Once a corrective action is identified, an employee is assigned to implement, track, and reassess the course of action. Training occurs after each incident and is added into annual training programs as needed. Check documentation related to performance activities for evidence that the CMHC is following required procedures for tracking and improving performance.

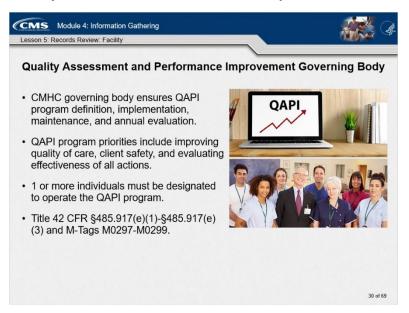


Quality Assessment and Performance Improvement Projects

Transcript:

CMHCs must develop, apply, and assess projects to improve performance. Projects are evaluated throughout the life of the project. The number and scope of projects is based on the needs of a CMHC's population and internal organization, and must reflect its scope, complexity, and past performance. The CMHC must document in writing projects being conducted, why they are being conducted, and the measurable progress achieved. Check for documentation of CMHC performance improvement projects and their impact.

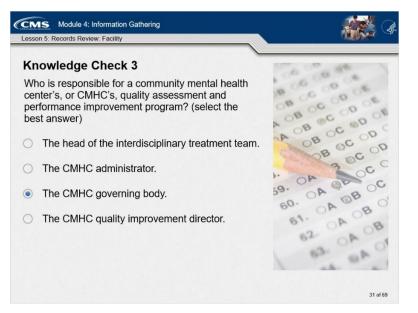
Quality Assessment and Performance Improvement Governing Body



Transcript:

The CMHC's governing body is responsible for ensuring that an ongoing QAPI program is defined, implemented, maintained, and evaluated annually. The QAPI program efforts must address priorities for improved quality of care and client safety and ensure that all actions are evaluated for effectiveness. One or more individuals who are responsible for operating the QAPI program must be designated.

Knowledge Check 3



Transcript:

Who is responsible for a community mental health center's, or CMHC's, quality assessment and performance improvement program? (select the best answer)

The head of the interdisciplinary treatment team.

The CMHC administrator.

The CMHC governing body.

The CMHC quality improvement director.

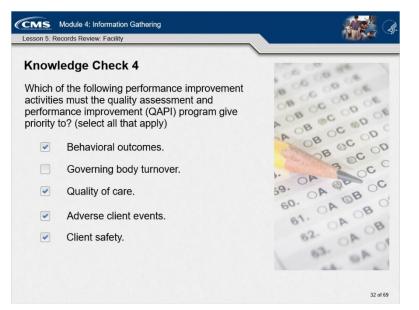
Correct Feedback:

That's right. The governing body is responsible for the QAPI program.

Incorrect Feedback:

That's not quite right. The governing body is responsible for the QAPI program.

Knowledge Check 4



Transcript:

Which of the following performance improvement activities must the quality assessment and performance improvement (QAPI) program give priority to? (select all that apply)

Behavioral outcomes.

Governing body turnover.

Quality of care.

Adverse client events.

Client safety.

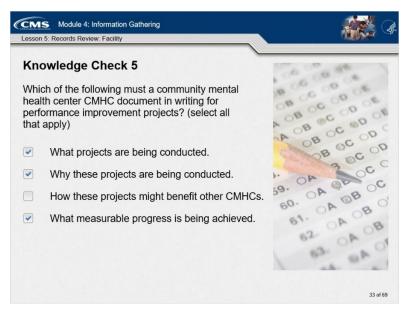
Correct Feedback:

That's right. The QAPI must give priority to improvements that affect behavioral outcomes, client safety, and client-centered quality of care. It must track adverse client events, analyze their causes, and implement preventive actions and mechanisms that include feedback and learning throughout the CMHC to increase client safety.

Incorrect Feedback:

That's not quite right. The QAPI must give priority to improvements that affect behavioral outcomes, client safety, and client-centered quality of care. It must track adverse client events, analyze their causes, and implement preventive actions and mechanisms that include feedback and learning throughout the CMHC to increase client safety.

Knowledge Check 5



Transcript:

Which of the following must a community mental health center CMHC document in writing for performance improvement projects? (select all that apply)

What projects are being conducted.

Why these projects are being conducted.

How these projects might benefit other CMHCs.

What measurable progress is being achieved.

Correct Feedback:

That's right. Although medical history is part of the comprehensive assessment, it is not required to be in the active treatment plan.

Incorrect Feedback:

That's not quite right. Although medical history is part of the comprehensive assessment, it is not required to be in the active treatment plan.

Environmental Safety Law Compliance



Transcript:

CMHCs must provide an environment that is safe, functional, sanitary, and comfortable for clients and staff. You need to review documentation and staff training materials for compliance with Federal, state, and local health and safety regulations. Check the CMHC's QAPI program for policies and procedures concerning the environment and replacement of unsafe furniture and other assets.

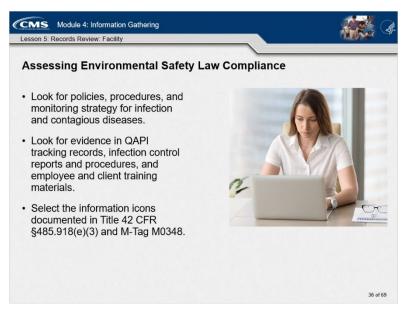
Environmental Safety Law Compliance Policies and Procedures



Transcript:

The CMHC building and infrastructure must meet Federal, state, and local health and safety standards and state healthcare occupancy regulations. Check for current health and safety inspection certificates and policies and procedures that detail the frequency of building inspections and who determines when repairs are needed.

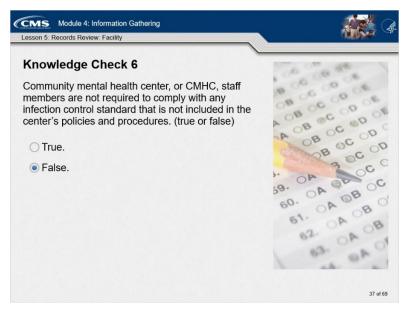
Assessing Environmental Safety Law Compliance



Transcript:

A CMHC must establish policies, procedures, and a monitoring strategy for the prevention, control, and investigation of infections and communicable diseases. Check for evidence in QAPI program tracking records, reports, and procedures concerning infection control, policies, and employee and client training materials.

Knowledge Check 6



Transcript:

Community mental health center, or CMHC, staff members are not required to comply with any infection control standard that is not included in the center's policies and procedures. (true or false)

True.

False.

Correct Feedback:

That's right. Staff are responsible for helping the CMHC meet all Federal, state, and local health and safety standards and state healthcare occupancy regulations.

Incorrect Feedback:

That's not quite right. Staff are responsible for helping the CMHC meet all Federal, state, and local health and safety standards and state healthcare occupancy regulations.

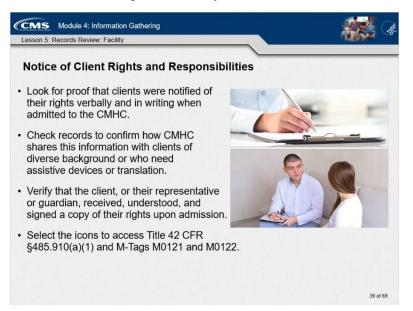
Client Rights



Transcript:

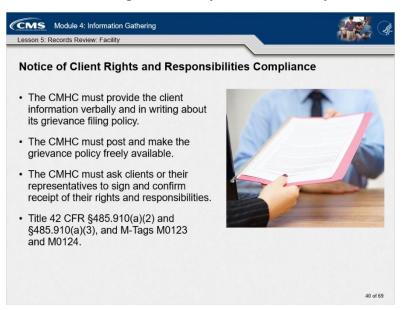
Clients have the right to be informed of their rights during the initial evaluation. CMHCs must also protect and promote the exercise of these client rights.

Notice of Client Rights and Responsibilities



Transcript:

Surveyors must see evidence that clients have been informed of their rights, verbally and in writing, at time of admission. Review records on how the CMHC shares information about client rights to patients with diverse backgrounds, including clients who need assistive devices or translation. Verify that the client, representative, or guardian was given at admission a copy of their rights, understood them, and signed the copy on file at the CMHC.

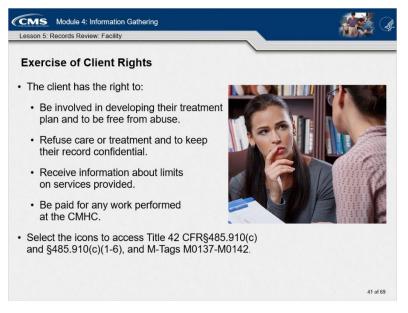


Notice of Client Rights and Responsibilities Compliance

Transcript:

During the initial evaluation, the CMHC must inform and distribute written information to the client concerning its policy on filing a grievance. Request a copy of the facility policy. The information should be openly available and posted. The CMHC must obtain the client's or client representative's signature confirming that he or she has received a copy of their rights and responsibilities.

Exercise of Client Rights



Transcript:

The client has the right to be involved in developing their active treatment plan, to refuse care or treatment, to have a confidential clinical record, and to be free from abuse. The client also has the right to receive information about limitations on services provided, not to be forced to perform work for the CMHC, and to be compensated for any work performed at wages commensurate with the client's abilities.

Addressing Violations of Client Rights



Transcript:

Review all documentation involving allegations of client rights violations, including reports to the administrator submitted by staff, process and corrective actions taken to investigate client rights violations, and documentation of client rights violations reported to state and local entities. Be sure to verify documentation completion fell within required state and Federal timeframes.

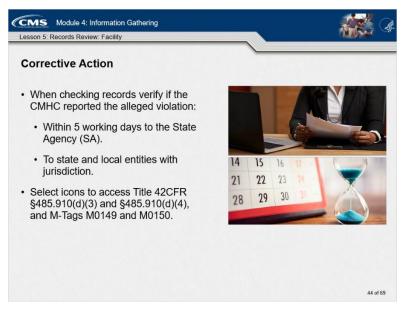
Violations of Client Rights Procedures



Transcript:

The CMHC must ensure all alleged client rights violations are reported to the administrator, investigate all alleged violations involving anyone providing services for the CMHC, and act at once to prevent further potential violations while the alleged violation is being verified. Investigations and documentation of all alleged violations must be conducted in accordance with procedures established by the CMHC.

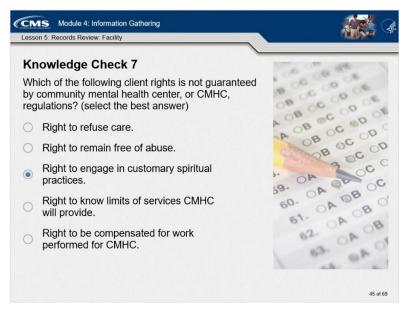
Corrective Action



Transcript:

The CMHC must take corrective action in accordance with state law if the alleged violation is investigated by the CMHC's administration or verified by an outside entity having jurisdiction, such as the State Agency, or SA, or local law enforcement. Check records to confirm whether the CMHC reported violations within 5 working days and verify violations were reported to state and local entities having jurisdiction.

Knowledge Check 7



Transcript:

Which of the following client rights is not guaranteed by community mental health center, or CMHC, regulations? (select the best answer)

Right to refuse care.

Right to remain free of abuse.

Right to engage in customary spiritual practices.

Right to know limits of services CMHC will provide.

Right to be compensated for work performed for CMHC.

Correct Feedback:

That's right. The right to engage in customary spiritual practices is not guaranteed by the CMHC's regulations.

Incorrect Feedback:

That's not quite right. The right to engage in customary spiritual practices is not guaranteed by the CMHC's regulations.

Knowledge Check 8

CCMS Module 4: Information Gathering	.
Lesson 5: Records Review: Facility Knowledge Check 8 Which of the client rights M-Tags allows a client to refuse treatment? (select the best answer) M0137. M0126. M0129. M0138.	A OB OC OD B OC OD B OC OD B OC OD B OC OD B OC OD C OD B OC OD C OD B OC OD C OD B OC OD C OD C OD C OD C OD C OD C OD C O
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Transcript:

Which of the client rights M-Tags allows a client to refuse treatment? (select the best answer)

M0137.

M0126.

M0129.

M0138.

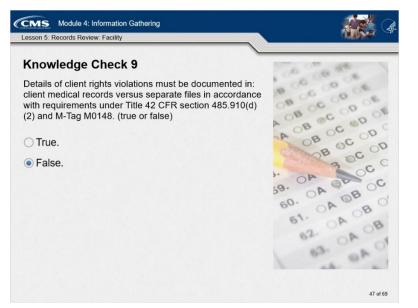
Correct Feedback:

That's right. As documented in Title 42 CFR §485.910 (c)(2), clients have the right to refuse therapies or activities.

Incorrect Feedback:

That's not quite right. As documented in Title 42 CFR §485.910 (c)(2), clients have the right to refuse therapies or activities.

Knowledge Check 9



Transcript:

Details of client rights violations must be documented in: client medical records versus separate files in accordance with requirements under Title 42 CFR section 485.910(d)(2) and M-Tag M0148. (true or false)

True.

False.

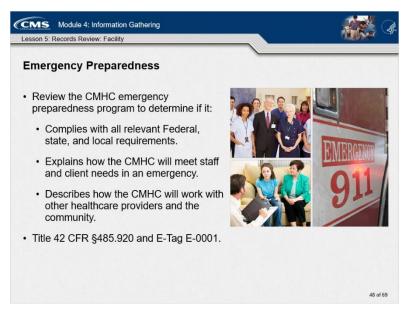
Correct Feedback:

That's right. This requirement does not specify that details of a client rights violation be documented in a client medical record; in fact, there are no requirements regarding the location of a client rights violation.

Incorrect Feedback:

That's not quite right. This requirement does not specify that details of a client rights violation be documented in a client medical record; in fact, there are no requirements regarding the location of a client rights violation.

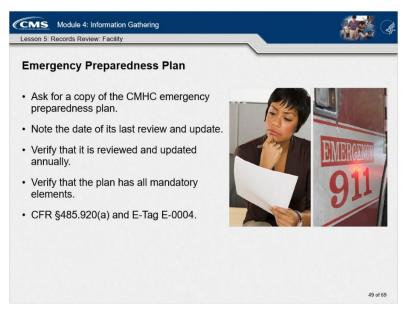
Emergency Preparedness



Transcript:

The CMHC must establish and maintain a comprehensive emergency preparedness program. The program must comply with all applicable Federal, state, and local requirements. It must describe the CMHC's approach to meeting the needs of its staff and clients during an emergency or disaster and how the facility will coordinate with other healthcare facilities and the community.

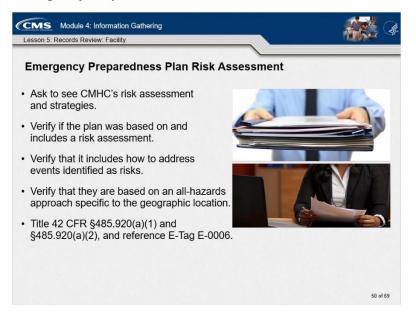
Emergency Preparedness Plan



Transcript:

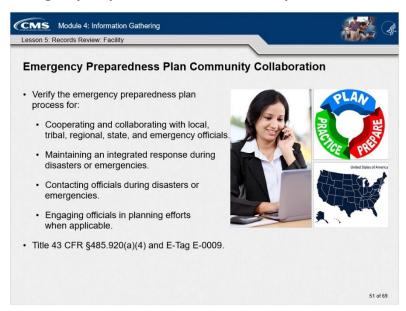
The CMHC must develop and maintain an emergency preparedness plan that is reviewed and updated at least annually. During your survey, verify that the facility has an emergency preparedness plan and ask for a copy. Review the plan to verify that it contains all the required elements and is reviewed and updated annually. Look for documentation of the date of the last review and the updates that were made to the plan.

Emergency Preparedness Plan Risk Assessment



Transcript:

A CMHC's emergency preparedness plan must be based on and include a risk assessment, utilizing an all-hazards approach. The plan must include strategies for addressing events identified by risk assessment. Ask to see the facility's risk assessment and associated strategies and verify that they focus on hazards specific to the geographic location of the facility.



Emergency Preparedness Plan Community Collaboration

Transcript:

A CMHC's emergency preparedness plan must include a process for cooperation and collaboration with local, tribal, regional, state, and Federal emergency officials to maintain an integrated response during a disaster or emergency situation. This includes a method for contacting such officials and, when applicable, engaging their participation in collaborative and cooperative planning efforts.

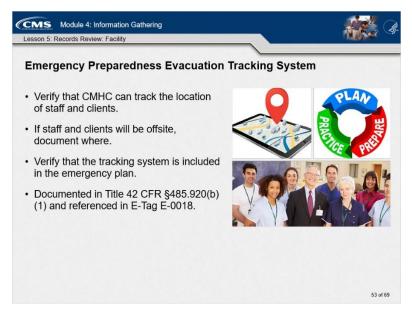
Emergency Preparedness Policies and Procedures



Transcript:

CMHCs must develop and implement emergency preparedness policies and procedures, based on the emergency plan, risk assessment, and communication plan. During a survey, review the policies and procedures and verify that they were based on the risk assessment and communication plan, and that they have been reviewed and updated on an annual basis.

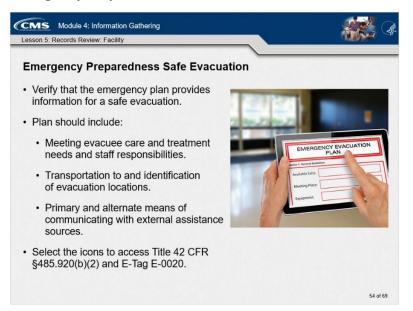
Emergency Preparedness Evacuation Tracking System



Transcript:

The CMHC must have a system to track the location of on-duty staff and sheltered clients in the CMHC's care during an emergency. If on-duty staff and sheltered clients are relocated during the emergency, the CMHC must document the name and location of the receiving facility or location. During a survey, verify that the tracking system is documented as part of the emergency plan policies and procedures of the facility.

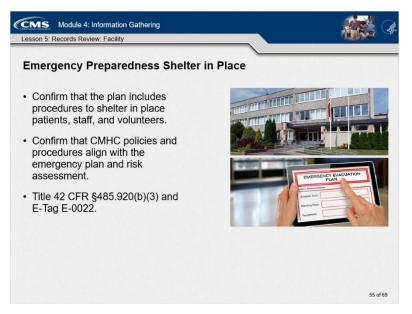
Emergency Preparedness Safe Evacuation



Transcript:

The CMHC must make provisions for safe evacuation, including consideration of care and treatment needs of evacuees, staff responsibilities, transportation to and identification of evacuation locations, and primary and alternate means of communication with external sources of assistance. During the survey, review the emergency plan to verify it includes policies and procedures for safe evacuation.

Emergency Preparedness Shelter in Place



Transcript:

A CMHC must have a means to provide shelter in place for patients, staff, and volunteers who remain in the CMHC. During your survey, verify that the emergency plan includes policies and procedures for how it will provide shelter in place for patients, staff, and volunteers. Confirm that CMHC policies and procedures are aligned with the facility's emergency plan and risk assessment.

Emergency Preparedness Record Protection



Transcript:

The CMHC must have a system of medical documentation that preserves patient information, protects confidentiality, and secures and maintains availability of records. During the survey, ask to see a copy of the policies and procedures for the medical record documentation system and verify if it meets all requirements.

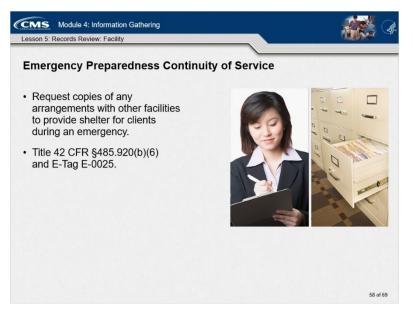
Emergency Preparedness Staffing and Volunteers

Lesson 5: Records Review: Facility	
Emergency Preparedness Staffing and Volunteers	
Make sure that the CMHC has a policy:	
For use of volunteers or other staffing strategies in an emergency.	5
For process and role of state and Federal healthcare professionals to meet surge needs in an emergency.	R
Title 42 CFR §485.920(b)(5) and E-Tag E-0024.	
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Transcript:

The CMHC must have a policy for the use of volunteers in an emergency or other emergency staffing strategies, including the process and role for integration of state and Federally designated healthcare professionals to address surge needs during an emergency. During a survey, verify that the facility has included policies and procedures for the use of volunteers and other staffing strategies in its emergency plan.

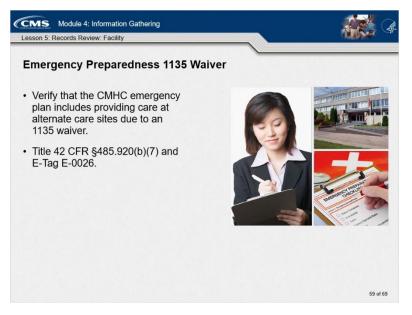
Emergency Preparedness Continuity of Service



Transcript:

The CMHC must develop arrangements with other facilities or providers to receive clients in the event of limitations or cessation of operations to maintain the continuity of services to facility clients. During a survey, ask to see copies of any arrangements or arrangements with other facilities to provide shelter for clients in the event the facility is not able to care for them during an emergency.

Emergency Preparedness 1135 Waiver



Transcript:

The CMHC should have emergency preparedness policies and procedures to address its role in providing care at an alternate site under section 1135 of the Social Security Act, or the Act. During a survey, verify that the facility has included policies and procedures in its emergency plan describing the facility's role in providing care and at alternate care sites due to an 1135 waiver.



Emergency Preparedness Communications Plan Contacts

Transcript:

As part of the communications plan, the CMHC must include the names and contact information of staff, contractors, physicians, other facilities, volunteers, and Federal, state, tribal, regional, and local emergency preparedness staff. During a survey, verify that all required contacts are in the emergency preparedness communication plan and that the information has been reviewed and updated at least annually.

Emergency Preparedness Communication Plan Emergency Communication



Transcript:

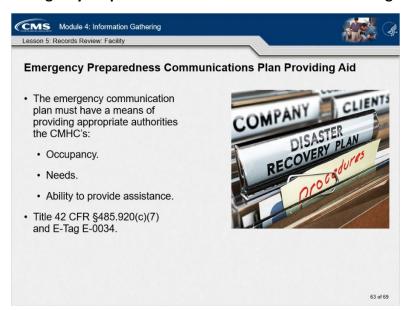
The communication plan must include the primary and alternate means for communicating with the staff and Federal, state, tribal, regional, and local emergency management agencies. During a survey, review the communication plan for primary and alternate means for communicating with facility staff, Federal, state, tribal, regional, and local emergency management agencies.

Emergency Preparedness Communication of Patient Information



Transcript:

The CMHC communication plan must include a method for sharing information and medical documentation for clients under its care with other health providers to maintain continuity of care. In the event of an evacuation, there must also be a means of providing information about the general condition and location of clients. During your survey, verify that this information is included in the communication plan.

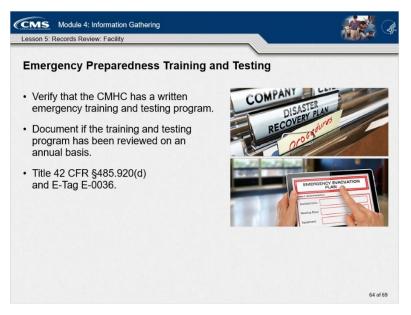


Emergency Preparedness Communications Plan Providing Aid

Transcript:

The communication plan must include a means of providing information about the CMHC occupancy, needs, and its ability to provide assistance to the appropriate authority, the Incident Command Center, or designee.

Emergency Preparedness Training and Testing



Transcript:

The CMHC must develop and maintain an emergency preparedness training and testing program that is based on the emergency plan, risk assessment, policies and procedures, and the communication plan. The training and testing program must be reviewed and updated annually. During the survey, verify that the facility has a written training and testing program and has been reviewed and updated on an annual basis.

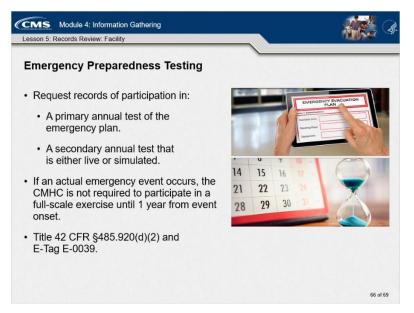
Emergency Preparedness Training Program



Transcript:

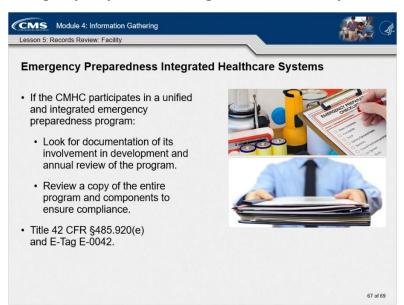
The CMHC must provide initial and annual training in emergency preparedness policies and procedures to all new and existing staff, contractors, and volunteers, consistent with their expected roles, and maintain documentation of the training. The CMHC must demonstrate staff knowledge of emergency procedures. During the survey, ask for copies of the CMHC's initial and annual emergency preparedness training and documentation of staff demonstration of knowledge.

Emergency Preparedness Testing



Transcript:

The CMHC must conduct exercises to test the emergency plan at least annually. It must participate in a full-scale, community-based or, if not available, facility-based exercise and a second drill that is either full scale or a meeting to discuss a simulated emergency situation. If there is an actual emergency that requires activation of the emergency plan, the CMHC is exempt from a full-scale exercise for 1 year following the onset of the event.

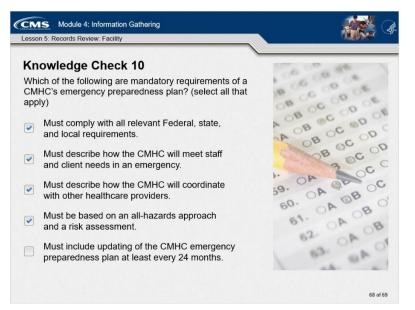


Emergency Preparedness Integrated Healthcare Systems

Transcript:

If the CMHC has opted to be part of its healthcare system's unified and integrated emergency preparedness program, look for documentation that verifies it was actively involved in the development and annual review of the unified emergency preparedness program. Ask to see a copy of the entire integrated and unified emergency preparedness program and all required components to confirm regulatory compliance.

Knowledge Check 10



Transcript:

Which of the following are mandatory requirements of a CMHC's emergency preparedness plan? (select all that apply)

Must comply with all relevant Federal, state, and local requirements.

Must describe how the CMHC will meet staff and client needs in an emergency.

Must describe how the CMHC will coordinate with other healthcare providers.

Must be based on an all-hazards approach and a risk assessment.

Must include updating of the CMHC emergency preparedness plan at least every 24 months.

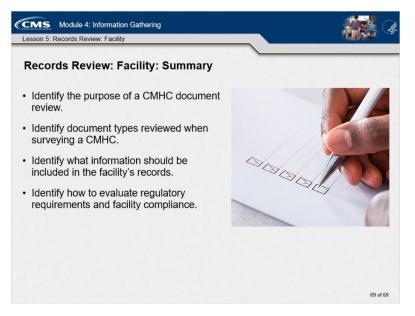
Correct Feedback:

That's right. Mandatory requirements of a CMHC's emergency preparedness plan include compliance with all relevant Federal, state, and local requirements, descriptions of how the CMHC will meet staff and client needs in an emergency, and coordinate with other healthcare providers and be based on an all-hazards approach and risk assessment.

Incorrect Feedback:

That's not quite right. Mandatory requirements of a CMHC's emergency preparedness plan include compliance with all relevant Federal, state, and local requirements, descriptions of how the CMHC will meet staff and client needs in an emergency, and coordinate with other healthcare providers and be based on an all-hazards approach and risk assessment.

Records Review: Facility: Summary



Transcript:

In this lesson, you learned to identify the purpose of a document review, identify the types of documents reviewed when surveying a CMHC, identify what information should be included in the facility's records, and identify how to evaluate regulatory requirements and facility compliance.

Lesson 6: Record Review Personnel

Record Review: Personnel: Overview



Transcript:

The purpose of this lesson is for you to learn to identify and review documentation regarding personnel records to ensure regulatory compliance.

Record Review: Personnel: Objectives



Transcript:

After completing this lesson, you will be able to identify documents relating to personnel qualifications and determine regulatory compliance.

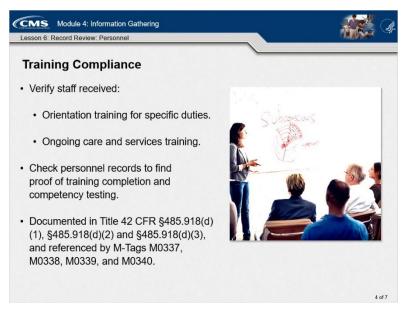
Licenses and Qualifications



Transcript:

As you begin your review of staff records you will look for records that demonstrate staff maintain up-to-date certification and licensing in their individual professions. You will also look for verification that staff maintain continuous education according to state regulatory requirements.

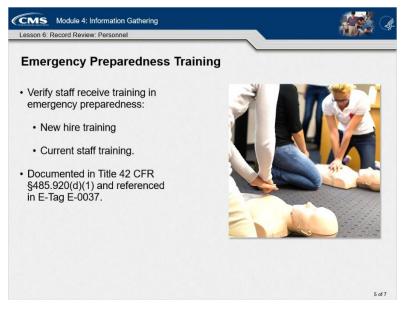
Training Compliance



Transcript:

All staff must go through an orientation that addresses specific job duties. Staff who interact with clients and their families should receive ongoing care and services training. Check personnel records to find proof of training completion and competency testing.

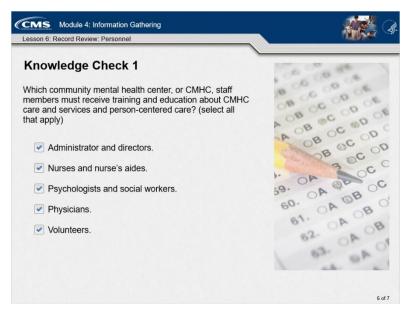
Emergency Preparedness Training



Transcript:

All newly hired and existing staff must receive emergency preparedness training. Check personnel training files to verify training completion. Proof of annual training may not be available if reviewed before November 2018; look for training plans as verification.

Knowledge Check 1



Transcript:

Which community mental health center, or CMHC, staff members must receive training and education about CMHC care and services and person-centered care? (select all that apply)

Administrator and directors.

Nurses and nurse's aides.

Psychologists and social workers.

Physicians.

Volunteers.

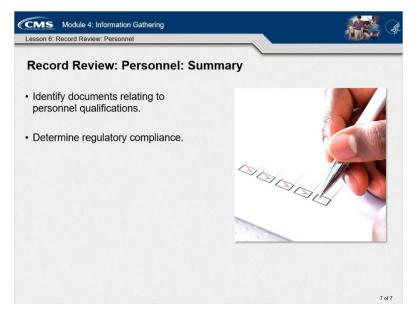
Correct Feedback:

That's correct. All the listed staff members, contractors, and volunteers must receive training and education about care, services, and person-centered care.

Incorrect Feedback:

That's not quite right. All the listed staff members, contractors, and volunteers must receive training and education about care, services, and person-centered care.

Record Review: Personnel: Summary



Transcript:

In this lesson you learned to identify documents relating to personnel qualifications and determine regulatory compliance.

Module 5: Determining Compliance

Module 5: Determining Compliance

Lesson 1: Determining Compliance

Determining Compliance Module: Overview



Transcript:

This module covers the process of determining the CMHC's compliance using the information gathered during the survey. Note: All resources referenced in this training can be found in the Resources tab. Let's begin with Lesson 1.

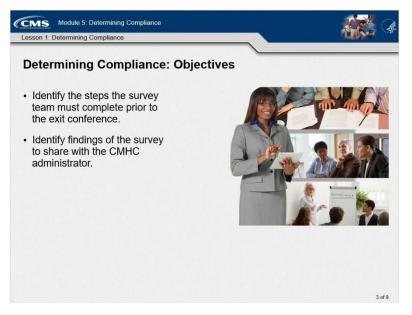
Determining Compliance: Overview



Transcript:

The purpose of this lesson is for you to learn about the process of determining compliance that leads up to the exit conference, including preparation for the exit conference.

Determining Compliance: Objectives



Transcript:

After completing this lesson, you will be able to identify the steps the survey team must complete prior to the exit conference and identify findings of the survey to share with the CMHC administrator.

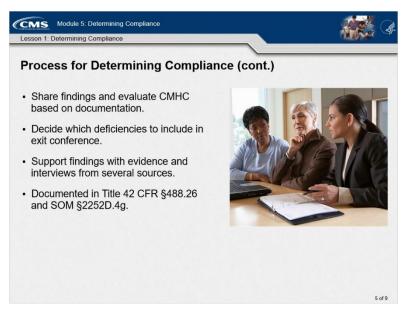
Process for Determining Compliance



Transcript:

It is imperative that team members understand the importance of working as a team. It is necessary for survey team members to check in with each other during the survey process to see what issues they are finding in their notes. Surveyors should review their notes to assess any concerns or missing information. Notes should include completed worksheets, dates, document reviews, interviews, observations, and records.

Process for Determining Compliance (cont.)



Transcript:

When meeting with other team members, surveyors should share findings, evaluate evidence, and make team decisions regarding compliance with each requirement. Surveyors should also make team decisions about deficiencies to cite and ensure their findings are supported by documented evidence and interviews, using two sources when possible.



Meeting to Determine Compliance with Administrator

Transcript:

The meeting to determine compliance is an information gathering session that is conducted in a structured manner. Additional information, such as specific names of staff members, may be needed to establish context for information collected, but should not be included in the full exit conference.

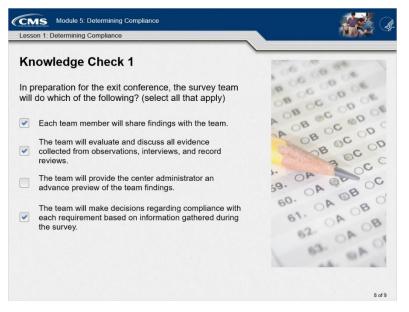
Scheduling the Exit Conference



Transcript:

Once all survey findings have been examined and documented, it is time to schedule the exit conference. Establish a start time for the exit conference, inform the administrator, and encourage the team to keep attendance to relevant clinical staff. Before the exit conference, be sure to discuss with your team who will present the findings. If there is more than one presenter, the team should determine the order of the presentation.

Knowledge Check 1



Transcript:

In preparation for the exit conference, the survey team will do which of the following? (select all that apply)

Each team member will share findings with the team.

The team will evaluate and discuss all evidence collected from observations, interviews, and record reviews.

The team will provide the center administrator an advance preview of the team findings.

The team will make decisions regarding compliance with each requirement based on information gathered during the survey.

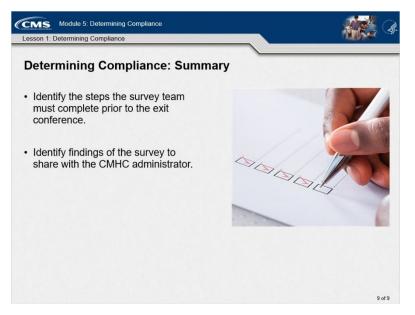
Correct Feedback:

That's right. Each team member will share findings with team, and the team will evaluate and discuss all evidence collected from observations, interviews, and record reviews. The team will make decisions regarding compliance with each requirement based on information gathered during the survey.

Incorrect Feedback:

That's not quite right. Each team member will share findings with team, and the team will evaluate and discuss all evidence collected from observations, interviews, and record reviews. The team will make decisions regarding compliance with each requirement based on information gathered during the survey. The team will NOT provide the center administrator an advance preview of the team findings.

Determining Compliance: Summary



Transcript:

Now that you have completed this lesson, you should be able to identify the steps the survey team must complete prior to the exit conference and identify findings of the survey to share with the CMHC administrator.

Module 6: Exit Conference

Module 6: Exit Conference

Lesson 1: Exit Conference

Exit Conference Module: Overview



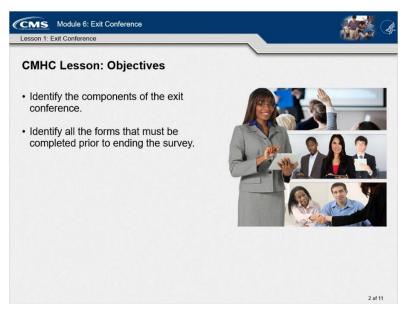
Transcript:

In this lesson, you will become familiar with the objectives and processes, including interview techniques, for conducting an exit conference. You will have a greater understanding of how to present the findings and the next steps, as well as the obligations of the CMHC Administrator.

Note:

All resources referenced in this training can be found in the Resources tab.

CMHC Lesson: Objectives



Transcript:

After completing this lesson, you will be able to identify the components of the exit conference and identify all the forms that must be completed prior to ending the survey.

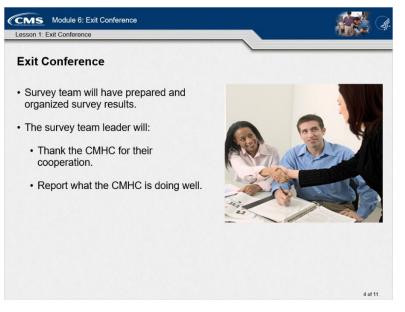
Exit Conference Expectations



Transcript:

The exit conference is an important opportunity for the exchange of information. Therefore, at the beginning of the exit conference, the survey team leader should set a positive tone for the meeting and provide an agenda. Team leader should remind CMHC staff that the meeting is an opportunity for them to provide additional information when necessary or to ask any questions they may have.

Exit Conference



Transcript:

During the exit conference, the survey team must be organized and well prepared. The CMHC will be anxious to hear the survey results. The survey team leader should thank the CMHC staff for their cooperation and report what the CMHC is doing well.

Exit Conference (cont.)



Transcript:

During the exit conference, the survey team will communicate their findings with CMHC staff. The team will allow time for questions and provide appropriate clarifications. Also, the team will allow the CMHC to provide additional information, as needed. The team may sometimes have missed an important document that could alter their findings.

Exit Conference Findings



Transcript:

If an immediate jeopardy was identified and reported during the course of the survey, the findings and status of the Immediate Jeopardy, or IJ, will be reviewed during the exit conference. They will also learn whether the IJ was removed, and if any further corrective actions by the CMHC is needed.

Exit Conference Findings (cont.)



Transcript:

The survey team informs CMHC staff that the final determination concerning actual citations are made by the State Survey Agency, or SA, and possibly by the CMS Regional Office, or RO. Make sure you are prepared to answer any possible questions. There is potential for miscommunication, so remember to be patient and thorough when answering questions. The survey team will then discuss the postsurvey process, which includes the completion of Form CMS-2567 Statement of Deficiencies and any plan of correction, if applicable.

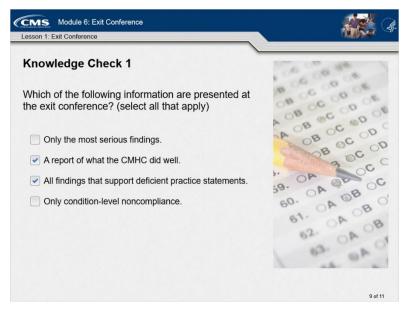
Exit Conference Next Steps



Transcript:

The survey team leader presents the survey findings in a firm, but friendly manner. During the exit conference, the next steps in the process leading to the CMHC receiving Form CMS-2567 are discussed. The survey team leader informs the CMHC that the applicable RO will send the form to the CMHC.

Knowledge Check 1



Transcript:

Which of the following information are presented at the exit conference? (select all that apply)

Only the most serious findings.

A report of what the CMHC did well.

All findings that support deficient practice statements.

Only condition-level noncompliance.

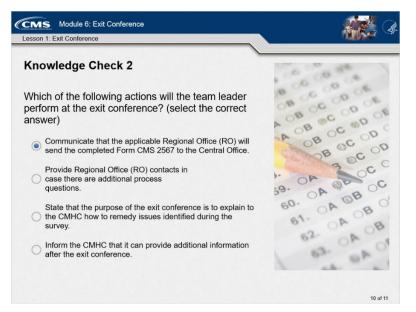
Correct Feedback:

That's right. At the Exit Conference the survey team leader presents a report of what the CMHC did well and all outcomes that support deficient practice statements.

Incorrect Feedback:

That's not quite right. At the Exit Conference the survey team leader presents a report of what the CMHC did well and all survey outcomes that support deficient practice statements.

Knowledge Check 2



Transcript:

Which of the following actions will the team leader perform at the exit conference? (select the correct answer)

Communicate that the applicable Regional Office (RO) will send the completed Form CMS 2567 to the Central Office.

Provide Regional Office (RO) contacts in case there are additional process questions.

State that the purpose of the exit conference is to explain to the CMHC how to remedy issues identified during the survey.

Inform the CMHC that it can provide additional information after the exit conference.

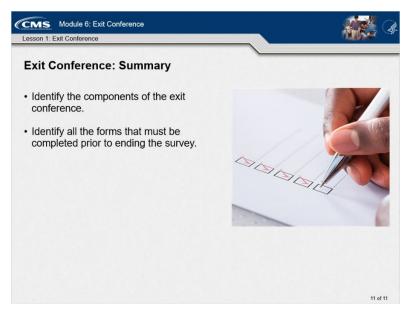
Correct Feedback:

That's right. The team leader communicates that the RO will send the completed Form CMS 2567 to the central office.

Incorrect Feedback:

That's not quite right. The team leader communicates that the RO will send the completed Form CMS 2567 to the central office.

Exit Conference: Summary

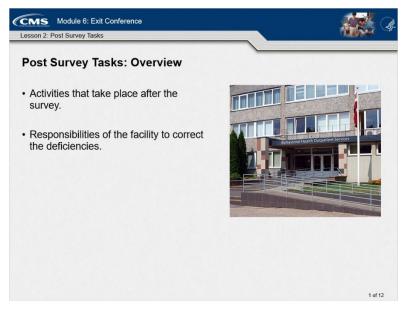


Transcript:

In this lesson, you learned to identify the components of the exit conference and identify all the forms that must be completed prior to ending the survey.

Lesson 2: Post Survey Tasks

Post Survey Tasks: Overview



Transcript:

The purpose of this lesson is to provide an overview of the activities that take place after the survey and the responsibilities of the facility to correct the deficiencies found during the survey.

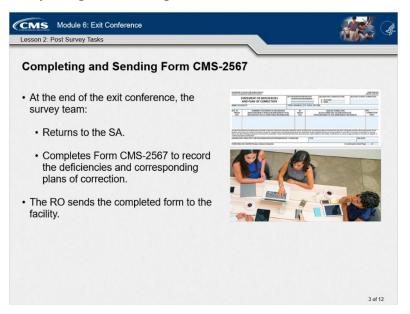
Post Survey Tasks: Objectives



Transcript:

After completing this lesson, you will be able to identify post survey activities and the facility's responsibilities in addressing deficiencies recorded on Form CMS-2567.

Completing and Sending Form CMS-2567



Transcript:

Once the exit conference has concluded, the survey team returns to the SA where the team then completes the Form CMS-2567. The facility's deficiencies and their corresponding plans of correction are recorded on the form. After completing the form, the SA informs the CMHC that the RO will be consulted and the RO will inform the CMHC of the results of the survey investigation.

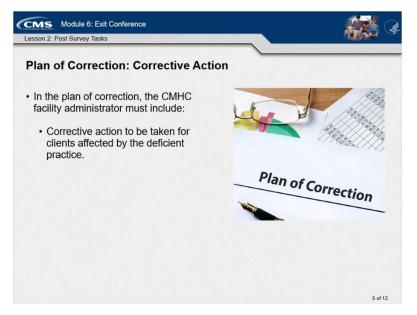
Plan of Correction

CMS Module 6: Exit Conference Lesson 2: Post Survey Tasks	
Plan of Correction	
Conditional level deficiencies require a plan of correction from the CMHC.	
 Facilities must address the following in the plan of correction: 	
Corrective action.	
Clients that were affected.	
Measures or systemic changes.	A LEAST
Monitoring.	
Staff identity.	
	4 of 12

Transcript:

If the deficiency is conditional level, the CMHC is required to write a plan of correction. The SA sends Form CMS-2567 to the CMHC with a cover letter, which lists five elements that the CMHC administrator must address in their plan of correction. The five elements are corrective action, clients that were affected, measures or systemic changes, monitoring, and staff identity.

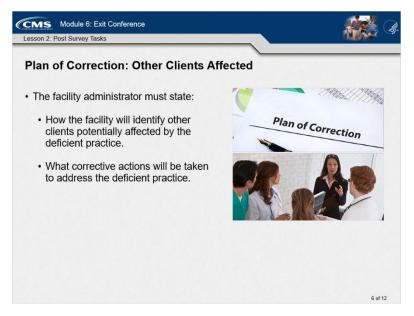
Plan of Correction: Corrective Action



Transcript:

In the plan of correction, the CMHC facility administrator must state the corrective action that the facility will take for those clients affected by the deficient practice.

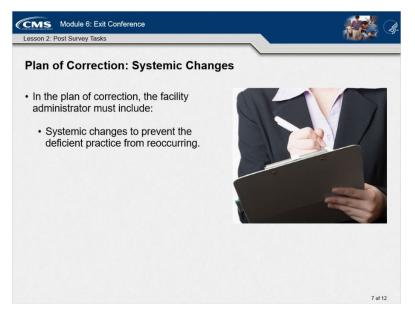
Plan of Correction: Other Clients Affected



Transcript:

The facility administrator must state how the facility will identify other clients who were potentially affected by the deficient practices. The facility administrator must also state the corrective action the facility will take.

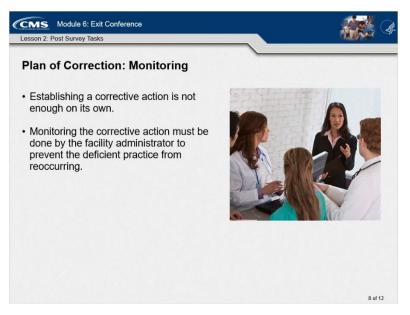
Plan of Correction: Systemic Changes



Transcript:

In the plan of correction, the facility administrator must include the systemic changes the facility will make, to prevent the deficient practice from reoccurring.

Plan of Correction: Monitoring



Transcript:

It is not enough to merely establish a corrective action. In the plan, the facility administrator must also include how the facility will monitor the corrective action to ensure that the deficient practice does not occur again.

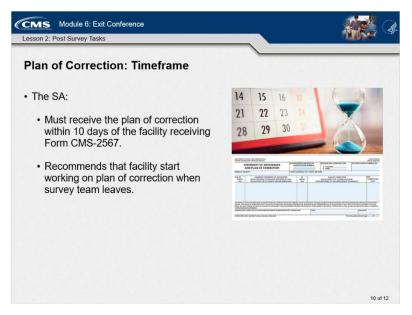
Plan of Correction: Staff Identity



Transcript:

Finally, the facility administrator must include, by title, the identity of the staff member designated to oversee the plan of correction for each deficiency. This ensures that there is a smooth and uninterrupted handover from one supervisor to another if the person in charge leaves.

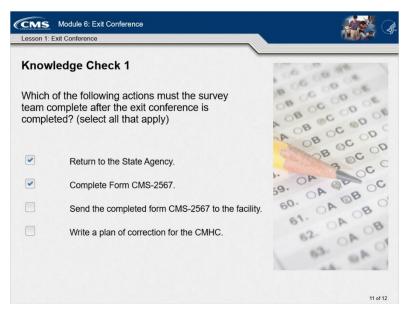
Plan of Correction: Timeframe



Transcript:

The SA must receive the plan of correction for review and approval within 10 days of the facility receiving the Form CMS-2567. Agencies usually recommend that the facility staff start working on the plan as soon as the survey team leaves. That way, they will make the best use of the interval between the team leaving and the facility receiving the form.

Knowledge Check 1



Transcript:

Which of the following actions must the survey team complete after the exit conference is completed? (select all that apply)

Return to the State Agency.

Complete Form CMS-2567.

Send the completed form CMS-2567 to the facility.

Write a plan of correction for the CMHC.

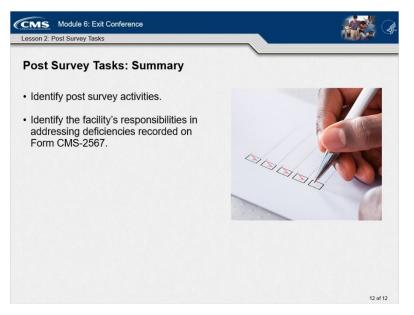
Correct Feedback:

That's right. After the exit conference, the survey team will return to the State Agency and complete Form CMS-2567.

Incorrect Feedback:

That's not quite right. After the exit conference, the survey team will return to the State Agency and complete Form CMS-2567.

Post Survey Tasks: Summary

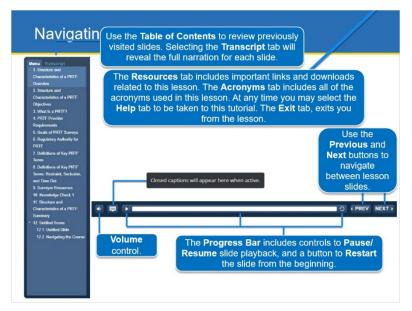


Transcript:

In this lesson, you learned to identify post survey activities and the facility's responsibilities in addressing deficiencies recorded on Form CMS-2567.

Help

Help



Transcript:

We've designed this lesson to be simple and intuitive to navigate. Let's take a brief tour of the lesson controls. On the left side of the player window you'll find the Table of Contents, which can be used to navigate to any slide you've already visited. On the bottom of the player window you will find the primary control buttons for each lesson. Use the closed caption button to toggle caption on and off. You can adjust the audio levels using the volume control button. The progress bar includes controls to Pause, Resume, or Restart the slide playback. Note that you will be using the previous and next buttons indicated here to navigate between slides. Finally, in the top-right of the player window you'll find links for the Resources, Acronyms, Help, and Exit.